



Dorsal	Nome	Nº Voltas	Volta Tm	Vel. Média	Tm corrido	Passagens TM
1	RUBEN NUNES ASC/FOCUS TEAM	1	15:40.296	26,8	15:40.296	11:00:12.306
1	RUBEN NUNES ASC/FOCUS TEAM	2	15:48.571	26,6	31:28.867	11:16:00.877
1	RUBEN NUNES ASC/FOCUS TEAM	3	16:25.797	25,6	47:54.664	11:32:26.674
1	RUBEN NUNES ASC/FOCUS TEAM	4	16:26.904	25,5	1:04:21.568	11:48:53.578
1	RUBEN NUNES ASC/FOCUS TEAM	5	17:26.846	24,1	1:21:48.414	12:06:20.424
1	RUBEN NUNES ASC/FOCUS TEAM	6	16:28.315	25,5	1:38:16.729	12:22:48.739
1	RUBEN NUNES ASC/FOCUS TEAM	7	17:06.347	24,6	1:55:23.076	12:39:55.086
1	RUBEN NUNES ASC/FOCUS TEAM	8	17:49.808	23,6	2:13:12.884	12:57:44.894
1	RUBEN NUNES ASC/FOCUS TEAM	9	18:08.249	23,2	2:31:21.133	13:15:53.143
1	RUBEN NUNES ASC/FOCUS TEAM	10	18:01.693	23,3	2:49:22.826	13:33:54.836
3	JOÃO NUNO BARBOSA MOREIRA EVENTOS BTT	1	22:15.314	18,9	22:15.314	11:06:47.324
3	JOÃO NUNO BARBOSA MOREIRA EVENTOS BTT	2	20:43.399	20,3	42:58.713	11:27:30.723
3	JOÃO NUNO BARBOSA MOREIRA EVENTOS BTT	3	20:53.131	20,1	1:03:51.844	11:48:23.854
3	JOÃO NUNO BARBOSA MOREIRA EVENTOS BTT	4	21:39.425	19,4	1:25:31.269	12:10:03.279
3	JOÃO NUNO BARBOSA MOREIRA EVENTOS BTT	5	23:00.958	18,2	1:48:32.227	12:33:04.237
3	JOÃO NUNO BARBOSA MOREIRA EVENTOS BTT	6	25:17.516	16,6	2:13:49.743	12:58:21.753
3	JOÃO NUNO BARBOSA MOREIRA EVENTOS BTT	7	26:21.550	15,9	2:40:11.293	13:24:43.303
4	ANTÓNIO DOS SANTOS CARVALHO Batotas/Ponte de Lima	1	20:28.716	20,5	20:28.716	11:05:00.726
4	ANTÓNIO DOS SANTOS CARVALHO Batotas/Ponte de Lima	2	20:35.911	20,4	41:04.627	11:25:36.637
4	ANTÓNIO DOS SANTOS CARVALHO Batotas/Ponte de Lima	3	20:52.079	20,1	1:01:56.706	11:46:28.716
4	ANTÓNIO DOS SANTOS CARVALHO Batotas/Ponte de Lima	4	20:58.756	20	1:22:55.462	12:07:27.472
4	ANTÓNIO DOS SANTOS CARVALHO Batotas/Ponte de Lima	5	21:43.893	19,3	1:44:39.355	12:29:11.365
4	ANTÓNIO DOS SANTOS CARVALHO Batotas/Ponte de Lima	6	22:15.540	18,9	2:06:54.895	12:51:26.905
4	ANTÓNIO DOS SANTOS CARVALHO Batotas/Ponte de Lima	7	22:48.468	18,4	2:29:43.363	13:14:15.373
4	ANTÓNIO DOS SANTOS CARVALHO Batotas/Ponte de Lima	8	23:11.808	18,1	2:52:55.171	13:37:27.181
5	NUNO NOVAIS NAST/MOTOCAR/SERVIGÁS	1	16:23.729	25,6	16:23.729	11:00:55.739
5	NUNO NOVAIS NAST/MOTOCAR/SERVIGÁS	2	17:18.003	24,3	33:41.732	11:18:13.742
5	NUNO NOVAIS NAST/MOTOCAR/SERVIGÁS	3	17:27.544	24,1	51:09.276	11:35:41.286
5	NUNO NOVAIS NAST/MOTOCAR/SERVIGÁS	4	17:27.244	24,1	1:08:36.520	11:53:08.530
5	NUNO NOVAIS NAST/MOTOCAR/SERVIGÁS	5	17:58.658	23,4	1:26:35.178	12:11:07.188
5	NUNO NOVAIS NAST/MOTOCAR/SERVIGÁS	6	18:11.144	23,1	1:44:46.322	12:29:18.332
5	NUNO NOVAIS NAST/MOTOCAR/SERVIGÁS	7	18:34.645	22,6	2:03:20.967	12:47:52.977
5	NUNO NOVAIS NAST/MOTOCAR/SERVIGÁS	8	18:15.962	23	2:21:36.929	13:06:08.939
5	NUNO NOVAIS NAST/MOTOCAR/SERVIGÁS	9	18:30.176	22,7	2:40:07.105	13:24:39.115
5	NUNO NOVAIS NAST/MOTOCAR/SERVIGÁS	10	18:58.188	22,1	2:59:05.293	13:43:37.303
6	PAULO JORGE MARTINS SILVA Batotas/Ponte de Lima	1	18:16.216	23	18:16.216	11:02:48.226
6	PAULO JORGE MARTINS SILVA Batotas/Ponte de Lima	2	19:07.125	22	37:23.341	11:21:55.351
6	PAULO JORGE MARTINS SILVA Batotas/Ponte de Lima	3	19:34.164	21,5	56:57.505	11:41:29.515
6	PAULO JORGE MARTINS SILVA Batotas/Ponte de Lima	4	20:19.487	20,7	1:17:16.992	12:01:49.002
6	PAULO JORGE MARTINS SILVA Batotas/Ponte de Lima	5	21:50.856	19,2	1:39:07.848	12:23:39.858
6	PAULO JORGE MARTINS SILVA Batotas/Ponte de Lima	6	21:58.083	19,1	2:01:05.931	12:45:37.941
6	PAULO JORGE MARTINS SILVA Batotas/Ponte de Lima	7	22:39.294	18,5	2:23:45.225	13:08:17.235
6	PAULO JORGE MARTINS SILVA Batotas/Ponte de Lima	8	22:45.319	18,5	2:46:30.544	13:31:02.554
9	JOSÉ PIMENTEL Individual	1	18:33.683	22,6	18:33.683	11:03:05.693
9	JOSÉ PIMENTEL Individual	2	19:04.495	22	37:38.178	11:22:10.188
9	JOSÉ PIMENTEL Individual	3	19:06.073	22	56:44.251	11:41:16.261
9	JOSÉ PIMENTEL Individual	4	19:05.473	22	1:15:49.724	12:00:21.734
9	JOSÉ PIMENTEL Individual	5	19:35.223	21,4	1:35:24.947	12:19:56.957
9	JOSÉ PIMENTEL Individual	6	19:56.775	21,1	1:55:21.722	12:39:53.732
9	JOSÉ PIMENTEL Individual	7	20:32.737	20,4	2:15:54.459	13:00:26.469
9	JOSÉ PIMENTEL Individual	8	20:46.291	20,2	2:36:40.750	13:21:12.760
9	JOSÉ PIMENTEL Individual	9	21:06.406	19,9	2:57:47.156	13:42:19.166
12	JOAQUIM SA INDIVIDUAL	1	18:10.343	23,1	18:10.343	11:02:42.353
12	JOAQUIM SA INDIVIDUAL	2	18:09.336	23,1	36:19.679	11:20:51.689
12	JOAQUIM SA INDIVIDUAL	3	18:48.418	22,3	55:08.097	11:39:40.107
12	JOAQUIM SA INDIVIDUAL	4	18:26.419	22,8	1:13:34.516	11:58:06.526
12	JOAQUIM SA INDIVIDUAL	5	18:17.551	23	1:31:52.067	12:16:24.077
12	JOAQUIM SA INDIVIDUAL	6	18:48.693	22,3	1:50:40.760	12:35:12.770
12	JOAQUIM SA INDIVIDUAL	7	19:07.513	22	2:09:48.273	12:54:20.283
12	JOAQUIM SA INDIVIDUAL	8	19:46.257	21,2	2:29:34.530	13:14:06.540
12	JOAQUIM SA INDIVIDUAL	9	20:08.113	20,9	2:49:42.643	13:34:14.653
13	MARCO MARTINS DMF Team	1	16:45.719	25,1	16:45.719	11:01:17.729
13	MARCO MARTINS DMF Team	2	16:44.135	25,1	33:29.854	11:18:01.864
13	MARCO MARTINS DMF Team	3	17:02.197	24,7	50:32.051	11:35:04.061
13	MARCO MARTINS DMF Team	4	17:20.953	24,2	1:07:53.004	11:52:25.014
13	MARCO MARTINS DMF Team	5	17:24.086	24,1	1:25:17.090	12:09:49.100
13	MARCO MARTINS DMF Team	6	17:49.063	23,6	1:43:06.153	12:27:38.163
13	MARCO MARTINS DMF Team	7	18:29.867	22,7	2:01:36.020	12:46:08.030
13	MARCO MARTINS DMF Team	8	18:26.357	22,8	2:20:02.377	13:04:34.387
13	MARCO MARTINS DMF Team	9	18:56.779	22,2	2:38:59.156	13:23:31.166
13	MARCO MARTINS DMF Team	10	19:10.420	21,9	2:58:09.576	13:42:41.586
14	JOSÉ PEIXOTO Casa Benfica de castro Daire	1	20:58.815	20	20:58.815	11:05:30.825
14	JOSÉ PEIXOTO Casa Benfica de castro Daire	2	21:55.949	19,1	42:54.764	11:27:26.774
14	JOSÉ PEIXOTO Casa Benfica de castro Daire	3	23:00.000	18,3	1:05:54.764	11:50:26.774
14	JOSÉ PEIXOTO Casa Benfica de castro Daire	4	23:32.574	17,8	1:29:27.338	12:13:59.348
14	JOSÉ PEIXOTO Casa Benfica de castro Daire	5	23:13.167	18,1	1:52:40.505	12:37:12.515
14	JOSÉ PEIXOTO Casa Benfica de castro Daire	6	24:14.981	17,3	2:16:55.486	13:01:27.496
14	JOSÉ PEIXOTO Casa Benfica de castro Daire	7	24:09.276	17,4	2:41:04.762	13:25:36.772
15	MANUEL ARMANDO FERREIRA ALVES NOVAIS FREITAS BICICLETAS MARTINS-FAFE	1	18:45.641	22,4	18:45.641	11:03:17.651
15	MANUEL ARMANDO FERREIRA ALVES NOVAIS FREITAS BICICLETAS MARTINS-FAFE	2	19:00.194	22,1	37:45.835	11:22:17.845
15	MANUEL ARMANDO FERREIRA ALVES NOVAIS FREITAS BICICLETAS MARTINS-FAFE	3	18:55.731	22,2	56:41.566	11:41:13.576
15	MANUEL ARMANDO FERREIRA ALVES NOVAIS FREITAS BICICLETAS MARTINS-FAFE	4	19:15.179	21,8	1:15:56.745	12:00:28.755
15	MANUEL ARMANDO FERREIRA ALVES NOVAIS FREITAS BICICLETAS MARTINS-FAFE	5	20:02.775	21	1:35:59.520	12:20:31.530
15	MANUEL ARMANDO FERREIRA ALVES NOVAIS FREITAS BICICLETAS MARTINS-FAFE	6	20:27.133	20,5	1:56:26.653	12:40:58.663
15	MANUEL ARMANDO FERREIRA ALVES NOVAIS FREITAS BICICLETAS MARTINS-FAFE	7	21:05.128	19,9	2:17:31.781	13:02:03.791
15	MANUEL ARMANDO FERREIRA ALVES NOVAIS FREITAS BICICLETAS MARTINS-FAFE	8	21:14.419	19,8	2:38:46.200	13:23:18.210
17	JOSE JULIO ALVAREZ BARDELÁS Corremontes	1	22:03.453	19	22:03.453	11:06:35.463
17	JOSE JULIO ALVAREZ BARDELÁS Corremontes	2	22:53.889	18,3	44:57.342	11:29:29.352
17	JOSE JULIO ALVAREZ BARDELÁS Corremontes	3	24:05.601	17,4	1:09:02.943	11:53:34.953
17	JOSE JULIO ALVAREZ BARDELÁS Corremontes	4	25:37.351	16,4	1:34:40.294	12:19:12.304
17	JOSE JULIO ALVAREZ BARDELÁS Corremontes	5	25:33.407	16,4	2:00:13.701	12:44:45.711
17	JOSE JULIO ALVAREZ BARDELÁS Corremontes	6	26:46.844	15,7	2:27:00.545	13:11:32.555
17	JOSE JULIO ALVAREZ BARDELÁS Corremontes	7	29:17.180	14,3	2:56:17.725	13:40:49.735
19	DARIO corremontes	1	25:04.547	16,7	25:04.547	11:09:36.557
19	DARIO corremontes	2	27:37.518	15,2	52:42.065	11:37:14.075
19	DARIO corremontes	3	25:18.395	16,6	1:18:00.460	12:02:32.470
19	DARIO corremontes	4	28:43.233	14,6	1:46:43.693	12:31:15.703
19	DARIO corremontes	5	30:18.344	13,9	2:17:02.037	13:01:34.047
20	JOAO CACAIS individual	1	20:27.356	20,5	20:27.356	11:04:59.366
20	JOAO CACAIS individual	2	20:42.985	20,3	41:10.341	11:25:42.351
20	JOAO CACAIS individual	3	20:45.802	20,2	1:01:56.143	11:46:28.153
20	JOAO CACAIS individual	4	20:58.147	20	1:22:54.290	12:07:26.300
20	JOAO CACAIS individual	5	21:43.440	19,3	1:44:37.730	12:29:09.740
20	JOAO CACAIS individual	6	22:11.707	18,9	2:06:49.437	12:51:21.447
20	JOAO CACAIS individual	7	22:40.141	18,5	2:29:29.578	13:14:01.588
20	JOAO CACAIS individual	8	23:17.106	18	2:52:46.684	13:37:18.694
23	FRANCISCO PAULO FREITAS BRANCO joane btt trilhos bike	1	17:27.351	24,1	17:27.351	11:01:59.361
23	FRANCISCO PAULO FREITAS BRANCO joane btt trilhos bike	2	17:07.795	24,5	34:35.146	11:19:07.156
23	FRANCISCO PAULO FREITAS BRANCO joane btt trilhos bike	3	17:11.935	24,4	51:47.081	11:36:19.091



23	FRANCISCO PAULO FREITAS BRANCO joane btt trilhos bike	4	17:22.767	24,2	1:09:09.848	11:53:41.858
23	FRANCISCO PAULO FREITAS BRANCO joane btt trilhos bike	5	17:43.947	23,7	1:26:53.795	12:11:25.805
23	FRANCISCO PAULO FREITAS BRANCO joane btt trilhos bike	6	17:23.621	24,1	1:44:17.416	12:28:49.426
23	FRANCISCO PAULO FREITAS BRANCO joane btt trilhos bike	7	18:02.711	23,3	2:02:20.127	12:46:52.137
23	FRANCISCO PAULO FREITAS BRANCO joane btt trilhos bike	8	18:50.216	22,3	2:21:10.343	13:05:42.353
23	FRANCISCO PAULO FREITAS BRANCO joane btt trilhos bike	9	18:57.406	22,2	2:40:07.749	13:24:39.759
23	FRANCISCO PAULO FREITAS BRANCO joane btt trilhos bike	10	18:57.992	22,1	2:59:05.741	13:43:37.751
24	JOÃO PAULO MARQUES DUARTE Joane Btt / Trilhos Bike	1	17:38.399	23,8	17:38.399	11:02:10.409
24	JOÃO PAULO MARQUES DUARTE Joane Btt / Trilhos Bike	2	17:52.022	23,5	35:30.421	11:20:02.431
24	JOÃO PAULO MARQUES DUARTE Joane Btt / Trilhos Bike	3	18:18.999	22,9	53:49.420	11:38:21.430
24	JOÃO PAULO MARQUES DUARTE Joane Btt / Trilhos Bike	4	18:01.501	23,3	1:11:50.921	11:56:22.931
24	JOÃO PAULO MARQUES DUARTE Joane Btt / Trilhos Bike	5	18:20.400	22,9	1:30:11.321	12:14:43.331
24	JOÃO PAULO MARQUES DUARTE Joane Btt / Trilhos Bike	6	18:26.698	22,8	1:48:38.019	12:33:10.029
24	JOÃO PAULO MARQUES DUARTE Joane Btt / Trilhos Bike	7	18:18.921	22,9	2:06:56.940	12:51:28.950
24	JOÃO PAULO MARQUES DUARTE Joane Btt / Trilhos Bike	8	19:20.968	21,7	2:26:17.908	13:10:49.918
24	JOÃO PAULO MARQUES DUARTE Joane Btt / Trilhos Bike	9	18:58.107	22,1	2:45:16.015	13:29:48.025
25	DUARTE NUNO MACHADO MONTEIRO JoaneBtt/TrilhosBike	1	18:45.231	22,4	18:45.231	11:03:17.241
25	DUARTE NUNO MACHADO MONTEIRO JoaneBtt/TrilhosBike	2	18:14.403	23	36:59.634	11:21:31.644
25	DUARTE NUNO MACHADO MONTEIRO JoaneBtt/TrilhosBike	3	18:41.611	22,5	55:41.245	11:40:13.255
25	DUARTE NUNO MACHADO MONTEIRO JoaneBtt/TrilhosBike	4	19:01.908	22,1	1:14:43.153	11:59:15.163
28	JOSÉ FERNANDO OLIVEIRA E SILVA TOMATUBIKERS	1	21:55.856	19,2	21:55.856	11:06:27.866
28	JOSÉ FERNANDO OLIVEIRA E SILVA TOMATUBIKERS	2	21:49.461	19,2	43:45.317	11:28:17.327
28	JOSÉ FERNANDO OLIVEIRA E SILVA TOMATUBIKERS	3	21:02.628	20	1:04:47.945	11:49:19.955
28	JOSÉ FERNANDO OLIVEIRA E SILVA TOMATUBIKERS	4	20:55.783	20,1	1:25:43.728	12:10:15.738
28	JOSÉ FERNANDO OLIVEIRA E SILVA TOMATUBIKERS	5	20:50.764	20,1	1:46:34.492	12:31:06.502
28	JOSÉ FERNANDO OLIVEIRA E SILVA TOMATUBIKERS	6	22:33.792	18,6	2:09:08.284	12:53:40.294
28	JOSÉ FERNANDO OLIVEIRA E SILVA TOMATUBIKERS	7	25:05.333	16,7	2:34:13.617	13:18:45.627
29	JORGE SARRIA EDV-VIANACYCLES/ENTREPORTAS/BOSCH	1	20:06.966	20,9	20:06.966	11:04:38.976
29	JORGE SARRIA EDV-VIANACYCLES/ENTREPORTAS/BOSCH	2	20:11.738	20,8	40:18.704	11:24:50.714
29	JORGE SARRIA EDV-VIANACYCLES/ENTREPORTAS/BOSCH	3	20:23.133	20,6	1:00:41.837	11:45:13.847
29	JORGE SARRIA EDV-VIANACYCLES/ENTREPORTAS/BOSCH	4	20:28.766	20,5	1:21:10.603	12:05:42.613
29	JORGE SARRIA EDV-VIANACYCLES/ENTREPORTAS/BOSCH	5	20:44.621	20,2	1:41:55.224	12:26:27.234
29	JORGE SARRIA EDV-VIANACYCLES/ENTREPORTAS/BOSCH	6	21:30.229	19,5	2:03:25.453	12:47:57.463
30	AMERICO LIBERAL BTT MATOSINHOS	1	20:30.357	20,5	20:30.357	11:05:02.367
30	AMERICO LIBERAL BTT MATOSINHOS	2	21:13.373	19,8	41:43.730	11:26:15.740
30	AMERICO LIBERAL BTT MATOSINHOS	3	21:39.795	19,4	1:03:23.525	11:47:55.535
30	AMERICO LIBERAL BTT MATOSINHOS	4	22:43.233	18,5	1:26:06.758	12:10:38.768
30	AMERICO LIBERAL BTT MATOSINHOS	5	22:15.517	18,9	1:48:22.275	12:32:54.285
30	AMERICO LIBERAL BTT MATOSINHOS	6	23:07.748	18,2	2:11:30.023	12:56:02.033
30	AMERICO LIBERAL BTT MATOSINHOS	7	27:55.412	15	2:39:25.435	13:23:57.445
31	VÍTOR MATEUS Tensão Santa Marta - bikepoint	1	17:32.329	23,9	17:32.329	11:02:04.339
31	VÍTOR MATEUS Tensão Santa Marta - bikepoint	2	17:12.853	24,4	34:45.182	11:19:17.192
31	VÍTOR MATEUS Tensão Santa Marta - bikepoint	3	17:42.256	23,7	52:27.438	11:36:59.448
31	VÍTOR MATEUS Tensão Santa Marta - bikepoint	4	19:00.230	22,1	1:11:27.668	11:55:59.678
31	VÍTOR MATEUS Tensão Santa Marta - bikepoint	5	18:47.036	22,4	1:30:14.704	12:14:46.714
31	VÍTOR MATEUS Tensão Santa Marta - bikepoint	6	18:32.317	22,7	1:48:47.021	12:33:19.031
31	VÍTOR MATEUS Tensão Santa Marta - bikepoint	7	19:26.245	21,6	2:08:13.266	12:52:45.276
31	VÍTOR MATEUS Tensão Santa Marta - bikepoint	8	19:37.658	21,4	2:27:50.924	13:12:22.934
31	VÍTOR MATEUS Tensão Santa Marta - bikepoint	9	20:54.966	20,1	2:48:45.890	13:33:17.900
35	CARLOS MIRANDA sem nome	1	21:53.067	19,2	21:53.067	11:06:25.077
35	CARLOS MIRANDA sem nome	2	21:17.783	19,7	43:10.850	11:27:42.860
35	CARLOS MIRANDA sem nome	3	21:18.386	19,7	1:04:29.236	11:49:01.246
35	CARLOS MIRANDA sem nome	4	21:41.581	19,4	1:26:10.817	12:10:42.827
35	CARLOS MIRANDA sem nome	5	23:31.084	17,9	1:49:41.901	12:34:13.911
35	CARLOS MIRANDA sem nome	6	25:04.937	16,7	2:14:46.838	12:59:18.848
36	MARLENE SILVA GONCALVES somamaratonas	1	23:21.201	18	23:21.201	11:07:53.211
36	MARLENE SILVA GONCALVES somamaratonas	2	23:01.841	18,2	46:23.042	11:30:55.052
36	MARLENE SILVA GONCALVES somamaratonas	3	23:15.218	18,1	1:09:38.260	11:54:10.270
36	MARLENE SILVA GONCALVES somamaratonas	4	23:10.708	18,1	1:32:48.968	12:17:20.978
36	MARLENE SILVA GONCALVES somamaratonas	5	23:56.961	17,5	1:56:45.929	12:41:17.939
36	MARLENE SILVA GONCALVES somamaratonas	6	25:17.848	16,6	2:22:03.777	13:06:35.787
36	MARLENE SILVA GONCALVES somamaratonas	7	26:20.619	15,9	2:48:24.396	13:32:56.406
37	JULIO RICARDO ALMEIDA SILVA somamaratonas	1	19:18.605	21,8	19:18.605	11:03:50.615
37	JULIO RICARDO ALMEIDA SILVA somamaratonas	2	18:14.564	23	37:33.169	11:22:05.179
37	JULIO RICARDO ALMEIDA SILVA somamaratonas	3	18:54.755	22,2	56:27.924	11:40:59.934
37	JULIO RICARDO ALMEIDA SILVA somamaratonas	4	19:24.836	21,6	1:15:52.760	12:00:24.770
37	JULIO RICARDO ALMEIDA SILVA somamaratonas	5	18:34.383	22,6	1:34:27.143	12:18:59.153
37	JULIO RICARDO ALMEIDA SILVA somamaratonas	6	20:53.314	20,1	1:55:20.457	12:39:52.467
37	JULIO RICARDO ALMEIDA SILVA somamaratonas	7	23:23.417	18	2:18:43.874	13:03:15.884
37	JULIO RICARDO ALMEIDA SILVA somamaratonas	8	22:38.071	18,6	2:41:21.945	13:25:53.955
38	TIAGO FERREIRA EDV-VIANACYCLES/ENTREPORTAS/BOSCH	1	15:35.682	26,9	15:35.682	11:00:07.692
38	TIAGO FERREIRA EDV-VIANACYCLES/ENTREPORTAS/BOSCH	2	15:51.490	26,5	31:27.172	11:15:59.182
38	TIAGO FERREIRA EDV-VIANACYCLES/ENTREPORTAS/BOSCH	3	16:24.913	25,6	47:52.085	11:32:24.095
38	TIAGO FERREIRA EDV-VIANACYCLES/ENTREPORTAS/BOSCH	4	16:26.045	25,6	1:04:18.130	11:48:50.140
38	TIAGO FERREIRA EDV-VIANACYCLES/ENTREPORTAS/BOSCH	5	17:28.042	24	1:21:46.172	12:06:18.182
38	TIAGO FERREIRA EDV-VIANACYCLES/ENTREPORTAS/BOSCH	6	16:28.732	25,5	1:38:14.904	12:22:46.914
38	TIAGO FERREIRA EDV-VIANACYCLES/ENTREPORTAS/BOSCH	7	17:05.402	24,6	1:55:20.306	12:39:52.316
38	TIAGO FERREIRA EDV-VIANACYCLES/ENTREPORTAS/BOSCH	8	17:49.333	23,6	2:13:09.639	12:57:41.649
38	TIAGO FERREIRA EDV-VIANACYCLES/ENTREPORTAS/BOSCH	9	18:10.013	23,1	2:31:19.652	13:15:51.662
38	TIAGO FERREIRA EDV-VIANACYCLES/ENTREPORTAS/BOSCH	10	17:29.375	24	2:48:49.027	13:33:21.037
39	BINO SORO EDV-VIANACYCLES/ENTREPORTAS/BOSCH	1	16:14.114	25,9	16:14.114	11:00:46.124
39	BINO SORO EDV-VIANACYCLES/ENTREPORTAS/BOSCH	2	17:04.745	24,6	33:18.859	11:17:50.869
39	BINO SORO EDV-VIANACYCLES/ENTREPORTAS/BOSCH	3	17:07.142	24,5	50:26.001	11:34:58.011
39	BINO SORO EDV-VIANACYCLES/ENTREPORTAS/BOSCH	4	16:59.888	24,7	1:07:25.889	11:51:57.899
39	BINO SORO EDV-VIANACYCLES/ENTREPORTAS/BOSCH	5	16:55.666	24,8	1:24:21.555	12:08:53.565
39	BINO SORO EDV-VIANACYCLES/ENTREPORTAS/BOSCH	6	17:24.822	24,1	1:41:46.377	12:26:18.387
39	BINO SORO EDV-VIANACYCLES/ENTREPORTAS/BOSCH	7	17:32.242	23,9	1:59:18.619	12:43:50.629
39	BINO SORO EDV-VIANACYCLES/ENTREPORTAS/BOSCH	8	17:54.000	23,5	2:17:12.619	13:01:44.629
39	BINO SORO EDV-VIANACYCLES/ENTREPORTAS/BOSCH	9	18:38.365	22,5	2:35:50.984	13:20:22.994
39	BINO SORO EDV-VIANACYCLES/ENTREPORTAS/BOSCH	10	18:32.517	22,7	2:54:23.501	13:38:55.511
40	PAULO FERREIRA EDV-VIANACYCLES/ENTREPORTAS/BOSCH	1	16:31.465	25,4	16:31.465	11:01:03.475
40	PAULO FERREIRA EDV-VIANACYCLES/ENTREPORTAS/BOSCH	2	16:49.777	25	33:21.242	11:17:53.252
40	PAULO FERREIRA EDV-VIANACYCLES/ENTREPORTAS/BOSCH	3	17:07.795	24,5	50:29.037	11:35:01.047
40	PAULO FERREIRA EDV-VIANACYCLES/ENTREPORTAS/BOSCH	4	17:10.349	24,5	1:07:39.386	11:52:11.396
40	PAULO FERREIRA EDV-VIANACYCLES/ENTREPORTAS/BOSCH	5	17:15.761	24,3	1:24:55.147	12:09:27.157
40	PAULO FERREIRA EDV-VIANACYCLES/ENTREPORTAS/BOSCH	6	17:39.431	23,8	1:42:34.578	12:27:06.588
40	PAULO FERREIRA EDV-VIANACYCLES/ENTREPORTAS/BOSCH	7	18:31.075	22,7	2:01:05.653	12:45:37.663
40	PAULO FERREIRA EDV-VIANACYCLES/ENTREPORTAS/BOSCH	8	20:10.970	20,8	2:21:16.623	13:05:48.633
40	PAULO FERREIRA EDV-VIANACYCLES/ENTREPORTAS/BOSCH	9	20:55.230	20,1	2:42:11.853	13:26:43.863
41	CARLOS LIMA EDV-VIANACYCLES/ENTREPORTAS/BOSCH	1	17:17.290	24,3	17:17.290	11:01:49.300
41	CARLOS LIMA EDV-VIANACYCLES/ENTREPORTAS/BOSCH	2	17:22.523	24,2	34:39.813	11:19:11.823
41	CARLOS LIMA EDV-VIANACYCLES/ENTREPORTAS/BOSCH	3	17:21.618	24,2	52:01.431	11:36:33.441
41	CARLOS LIMA EDV-VIANACYCLES/ENTREPORTAS/BOSCH	4	17:55.212	23,4	1:09:56.643	11:54:28.653
41	CARLOS LIMA EDV-VIANACYCLES/ENTREPORTAS/BOSCH	5	18:02.968	23,3	1:27:59.611	12:12:31.621
41	CARLOS LIMA EDV-VIANACYCLES/ENTREPORTAS/BOSCH	6	19:07.457	22	1:47:07.068	12:31:39.078
41	CARLOS LIMA EDV-VIANACYCLES/ENTREPORTAS/BOSCH	7	18:38.478	22,5	2:05:45.546	12:50:17.556
41	CARLOS LIMA EDV-VIANACYCLES/ENTREPORTAS/BOSCH	8	18:51.905	22,3	2:24:37.451	13:09:09.461
41	CARLOS LIMA EDV-VIANACYCLES/ENTREPORTAS/BOSCH	9	19:03.794	22	2:43:41.245	13:28:13.255
45	PAULO RICARDO DA SILVA FERREIRA bttoks	1	23:22.069	18	23:22.069	11:07:54.079
45	PAULO RICARDO DA SILVA FERREIRA bttoks	2	28:48.342	14,6	52:10.411	11:36:42.421
45	PAULO RICARDO DA SILVA FERREIRA bttoks	3	22:57.645	18,3	1:15:08.056	11:59:40.066



45	PAULO RICARDO DA SILVA FERREIRA bttoks	4	23:56.449	17,5	1:39:04.505	12:23:36.515
45	PAULO RICARDO DA SILVA FERREIRA bttoks	5	22:12.078	18,9	2:01:16.583	12:45:48.593
45	PAULO RICARDO DA SILVA FERREIRA bttoks	6	23:43.990	17,7	2:25:00.573	13:09:32.583
45	PAULO RICARDO DA SILVA FERREIRA bttoks	7	23:51.132	17,6	2:48:51.705	13:33:23.715
46	GIL SOUSA scmarrazes\brejinho\fatibike	1	22:46.459	18,4	22:46.459	11:07:18.469
47	CARLOS SOARES Individual	1	17:30.816	24	17:30.816	11:02:02.826
47	CARLOS SOARES Individual	2	17:36.065	23,9	35:06.881	11:19:38.891
47	CARLOS SOARES Individual	3	18:10.900	23,1	53:17.781	11:37:49.791
47	CARLOS SOARES Individual	4	18:36.114	22,6	1:11:53.895	11:56:25.905
47	CARLOS SOARES Individual	5	18:19.634	22,9	1:30:13.529	12:14:45.539
47	CARLOS SOARES Individual	6	18:26.600	22,8	1:48:40.129	12:33:12.139
47	CARLOS SOARES Individual	7	18:21.622	22,9	2:07:01.751	12:51:33.761
47	CARLOS SOARES Individual	8	19:16.726	21,8	2:26:18.477	13:10:50.487
47	CARLOS SOARES Individual	9	21:04.676	19,9	2:47:23.153	13:31:55.163
49	RODOLFO ANTÔNIO COELHO LOPES ASC/Focus Team	1	16:46.035	25	16:46.035	11:01:18.045
49	RODOLFO ANTÔNIO COELHO LOPES ASC/Focus Team	2	16:44.688	25,1	33:30.723	11:18:02.733
49	RODOLFO ANTÔNIO COELHO LOPES ASC/Focus Team	3	16:55.623	24,8	50:26.346	11:34:58.356
49	RODOLFO ANTÔNIO COELHO LOPES ASC/Focus Team	4	16:55.600	24,8	1:07:21.946	11:51:53.956
49	RODOLFO ANTÔNIO COELHO LOPES ASC/Focus Team	5	16:53.675	24,9	1:24:15.621	12:08:47.631
49	RODOLFO ANTÔNIO COELHO LOPES ASC/Focus Team	6	16:49.005	25	1:41:04.626	12:25:36.636
49	RODOLFO ANTÔNIO COELHO LOPES ASC/Focus Team	7	17:44.384	23,7	1:58:49.010	12:43:21.020
49	RODOLFO ANTÔNIO COELHO LOPES ASC/Focus Team	8	17:15.370	24,3	2:16:04.380	13:00:36.390
49	RODOLFO ANTÔNIO COELHO LOPES ASC/Focus Team	9	18:35.783	22,6	2:34:40.163	13:19:12.173
49	RODOLFO ANTÔNIO COELHO LOPES ASC/Focus Team	10	19:19.901	21,7	2:54:00.064	13:38:32.074
51	JOÃO MENDONÇA UCVNF / Soniturismo / Famabike	1	21:01.880	20	21:01.880	11:05:33.890
51	JOÃO MENDONÇA UCVNF / Soniturismo / Famabike	2	20:14.190	20,8	41:16.070	11:25:48.080
51	JOÃO MENDONÇA UCVNF / Soniturismo / Famabike	3	20:53.668	20,1	1:02:09.738	11:46:41.748
51	JOÃO MENDONÇA UCVNF / Soniturismo / Famabike	4	20:23.212	20,6	1:22:32.950	12:07:04.960
51	JOÃO MENDONÇA UCVNF / Soniturismo / Famabike	5	20:47.326	20,2	1:43:20.276	12:27:52.286
51	JOÃO MENDONÇA UCVNF / Soniturismo / Famabike	6	21:39.756	19,4	2:05:00.032	12:49:32.042
51	JOÃO MENDONÇA UCVNF / Soniturismo / Famabike	7	21:40.750	19,4	2:26:40.782	13:11:12.792
51	JOÃO MENDONÇA UCVNF / Soniturismo / Famabike	8	22:10.835	18,9	2:48:51.617	13:33:23.627
52	JOSÉ MENDONÇA UCVNF / Soniturismo / Famabike	1	25:01.014	16,8	25:01.014	11:09:33.024
52	JOSÉ MENDONÇA UCVNF / Soniturismo / Famabike	2	50:40.540	8,3	1:15:41.554	12:00:13.564
52	JOSÉ MENDONÇA UCVNF / Soniturismo / Famabike	3	23:08.929	18,1	1:38:50.483	12:23:22.493
52	JOSÉ MENDONÇA UCVNF / Soniturismo / Famabike	4	23:03.481	18,2	2:01:53.964	12:46:25.974
52	JOSÉ MENDONÇA UCVNF / Soniturismo / Famabike	5	23:32.787	17,8	2:25:26.751	13:09:58.761
52	JOSÉ MENDONÇA UCVNF / Soniturismo / Famabike	6	24:21.956	17,2	2:49:48.707	13:34:20.717
53	GABRIEL JOSE CRESPO LUCAS team bike brothers	1	19:34.205	21,5	19:34.205	11:04:06.215
53	GABRIEL JOSE CRESPO LUCAS team bike brothers	2	20:44.983	20,2	40:19.188	11:24:51.198
53	GABRIEL JOSE CRESPO LUCAS team bike brothers	3	20:18.511	20,7	1:00:37.699	11:45:09.709
53	GABRIEL JOSE CRESPO LUCAS team bike brothers	4	21:19.341	19,7	1:21:57.040	12:06:29.050
53	GABRIEL JOSE CRESPO LUCAS team bike brothers	5	22:22.936	18,8	1:44:19.976	12:28:51.986
53	GABRIEL JOSE CRESPO LUCAS team bike brothers	6	22:26.296	18,7	2:06:46.272	12:51:18.282
53	GABRIEL JOSE CRESPO LUCAS team bike brothers	7	24:57.799	16,8	2:31:44.071	13:16:16.081
53	GABRIEL JOSE CRESPO LUCAS team bike brothers	8	24:02.950	17,5	2:55:47.021	13:40:19.031
54	GONÇALO NAMORADO 0	1	18:37.403	22,6	18:37.403	11:03:09.413
54	GONÇALO NAMORADO 0	2	18:24.653	22,8	37:02.056	11:21:34.066
54	GONÇALO NAMORADO 0	3	18:07.227	23,2	55:09.283	11:39:41.293
54	GONÇALO NAMORADO 0	4	18:18.719	22,9	1:13:28.002	11:58:00.012
54	GONÇALO NAMORADO 0	5	18:23.087	22,8	1:31:51.089	12:16:23.099
54	GONÇALO NAMORADO 0	6	19:14.429	21,8	1:51:05.518	12:35:37.528
54	GONÇALO NAMORADO 0	7	42:54.198	9,8	2:33:59.716	13:18:31.726
56	TIERRI MACHADO MENDES VITORIA GUIMARAES	1	16:28.846	25,5	16:28.846	11:01:00.856
56	TIERRI MACHADO MENDES VITORIA GUIMARAES	2	16:57.296	24,8	33:26.142	11:17:58.152
56	TIERRI MACHADO MENDES VITORIA GUIMARAES	3	17:23.333	24,2	50:49.475	11:35:21.485
56	TIERRI MACHADO MENDES VITORIA GUIMARAES	4	17:00.058	24,7	1:07:49.533	11:52:21.543
56	TIERRI MACHADO MENDES VITORIA GUIMARAES	5	17:24.437	24,1	1:25:13.970	12:09:45.980
56	TIERRI MACHADO MENDES VITORIA GUIMARAES	6	17:53.102	23,5	1:43:07.072	12:27:39.082
56	TIERRI MACHADO MENDES VITORIA GUIMARAES	7	18:00.451	23,3	2:01:07.523	12:45:39.533
56	TIERRI MACHADO MENDES VITORIA GUIMARAES	8	18:14.295	23	2:19:21.818	13:03:53.828
56	TIERRI MACHADO MENDES VITORIA GUIMARAES	9	19:05.300	22	2:38:27.118	13:22:59.128
56	TIERRI MACHADO MENDES VITORIA GUIMARAES	10	19:23.057	21,7	2:57:50.175	13:42:22.185
58	HUGO MIGUEL COELHO LEITE Casa do Povo de Retorta	1	22:46.028	18,4	22:46.028	11:07:18.038
58	HUGO MIGUEL COELHO LEITE Casa do Povo de Retorta	2	21:03.072	20	43:49.100	11:28:21.110
58	HUGO MIGUEL COELHO LEITE Casa do Povo de Retorta	3	20:58.504	20	1:04:47.604	11:49:19.614
58	HUGO MIGUEL COELHO LEITE Casa do Povo de Retorta	4	20:44.203	20,3	1:25:31.807	12:10:03.817
58	HUGO MIGUEL COELHO LEITE Casa do Povo de Retorta	5	20:47.161	20,2	1:46:18.968	12:30:50.978
58	HUGO MIGUEL COELHO LEITE Casa do Povo de Retorta	6	22:09.937	18,9	2:08:28.905	12:53:00.915
58	HUGO MIGUEL COELHO LEITE Casa do Povo de Retorta	7	24:33.042	17,1	2:33:01.947	13:17:33.957
59	JOSÉ CARLOS FERREIRA BIT CARREIRA	1	22:21.962	18,8	22:21.962	11:06:53.972
59	JOSÉ CARLOS FERREIRA BIT CARREIRA	2	21:29.562	19,5	43:51.524	11:28:23.534
59	JOSÉ CARLOS FERREIRA BIT CARREIRA	3	23:41.129	17,7	1:07:32.653	11:52:04.663
59	JOSÉ CARLOS FERREIRA BIT CARREIRA	4	21:40.345	19,4	1:29:12.998	12:13:45.008
59	JOSÉ CARLOS FERREIRA BIT CARREIRA	5	23:14.981	18,1	1:52:27.979	12:36:59.989
59	JOSÉ CARLOS FERREIRA BIT CARREIRA	6	24:15.419	17,3	2:16:43.398	13:01:15.408
59	JOSÉ CARLOS FERREIRA BIT CARREIRA	7	25:02.443	16,8	2:41:45.841	13:26:17.851
60	ALBINO EDUARDO FARIA Btt Carreira	1	22:22.034	18,8	22:22.034	11:06:54.044
60	ALBINO EDUARDO FARIA Btt Carreira	2	23:19.280	18	45:41.314	11:30:13.324
60	ALBINO EDUARDO FARIA Btt Carreira	3	30:20.931	13,8	1:16:02.245	12:00:34.255
60	ALBINO EDUARDO FARIA Btt Carreira	4	24:41.231	17	1:40:43.476	12:25:15.486
60	ALBINO EDUARDO FARIA Btt Carreira	5	26:41.585	15,7	2:07:25.061	12:51:57.071
60	ALBINO EDUARDO FARIA Btt Carreira	6	27:24.427	15,3	2:34:49.488	13:19:21.498
61	RUI CACAIS	1	22:13.258	18,9	22:13.258	11:06:45.268
61	RUI CACAIS	2	23:07.714	18,2	45:20.972	11:29:52.982
61	RUI CACAIS	3	23:31.540	17,9	1:08:52.512	11:53:24.522
61	RUI CACAIS	4	24:46.940	16,9	1:33:39.452	12:18:11.462
61	RUI CACAIS	5	27:28.163	15,3	2:01:07.615	12:45:39.625
61	RUI CACAIS	6	31:02.459	13,5	2:32:10.074	13:16:42.084
62	MIGUEL ANGEL PEREZ ROCHA sport team 2.0	1	19:12.730	21,9	19:12.730	11:03:44.740
62	MIGUEL ANGEL PEREZ ROCHA sport team 2.0	2	19:21.610	21,7	38:34.340	11:23:06.350
62	MIGUEL ANGEL PEREZ ROCHA sport team 2.0	3	19:26.414	21,6	58:00.754	11:42:32.764
62	MIGUEL ANGEL PEREZ ROCHA sport team 2.0	4	20:30.285	20,5	1:18:31.039	12:03:03.049
62	MIGUEL ANGEL PEREZ ROCHA sport team 2.0	5	20:37.965	20,4	1:39:09.004	12:23:41.014
62	MIGUEL ANGEL PEREZ ROCHA sport team 2.0	6	21:18.268	19,7	2:00:27.272	12:44:59.282
62	MIGUEL ANGEL PEREZ ROCHA sport team 2.0	7	21:49.439	19,2	2:22:16.711	13:06:48.721
62	MIGUEL ANGEL PEREZ ROCHA sport team 2.0	8	21:55.865	19,2	2:44:12.576	13:28:44.586
63	EVA ÁLVAREZ ACTYON-MERIDA-ACADEMIA POSTAL-C.C. MACEDA	1	18:24.383	22,8	18:24.383	11:02:56.393
63	EVA ÁLVAREZ ACTYON-MERIDA-ACADEMIA POSTAL-C.C. MACEDA	2	18:56.094	22,2	37:20.477	11:21:52.487
63	EVA ÁLVAREZ ACTYON-MERIDA-ACADEMIA POSTAL-C.C. MACEDA	3	19:28.967	21,6	56:49.444	11:41:21.454
63	EVA ÁLVAREZ ACTYON-MERIDA-ACADEMIA POSTAL-C.C. MACEDA	4	19:59.591	21	1:16:49.035	12:01:21.045
63	EVA ÁLVAREZ ACTYON-MERIDA-ACADEMIA POSTAL-C.C. MACEDA	5	20:16.430	20,7	1:37:05.465	12:21:37.475
63	EVA ÁLVAREZ ACTYON-MERIDA-ACADEMIA POSTAL-C.C. MACEDA	6	20:42.867	20,3	1:57:48.332	12:42:20.342
63	EVA ÁLVAREZ ACTYON-MERIDA-ACADEMIA POSTAL-C.C. MACEDA	7	21:05.064	19,9	2:18:53.396	13:03:25.406
63	EVA ÁLVAREZ ACTYON-MERIDA-ACADEMIA POSTAL-C.C. MACEDA	8	20:44.215	20,3	2:39:37.611	13:24:09.621
66	JOSE BARBARA Team BikeBrothers	1	20:17.232	20,7	20:17.232	11:04:49.242
66	JOSE BARBARA Team BikeBrothers	2	20:55.621	20,1	41:12.853	11:25:44.863
66	JOSE BARBARA Team BikeBrothers	3	22:04.806	19	1:03:17.659	11:47:49.669
66	JOSE BARBARA Team BikeBrothers	4	23:15.848	18,1	1:26:33.507	12:11:05.517
66	JOSE BARBARA Team BikeBrothers	5	22:50.596	18,4	1:49:24.103	12:33:56.113
66	JOSE BARBARA Team BikeBrothers	6	24:07.660	17,4	2:13:31.763	12:58:03.773



66	JOSE BARBARA Team BikeBrothers	7	25:35.146	16,4	2:39:06.909	13:23:38.919
68	LUIS FREITAS joanebtt-trilhosbike	1	17:34.706	23,9	17:34.706	11:02:06.716
68	LUIS FREITAS joanebtt-trilhosbike	2	17:22.113	24,2	34:56.819	11:19:28.829
68	LUIS FREITAS joanebtt-trilhosbike	3	17:59.072	23,4	52:55.891	11:37:27.901
68	LUIS FREITAS joanebtt-trilhosbike	4	18:00.328	23,3	1:10:56.219	11:55:28.229
68	LUIS FREITAS joanebtt-trilhosbike	5	18:10.032	23,1	1:29:06.251	12:13:38.261
68	LUIS FREITAS joanebtt-trilhosbike	6	19:33.330	21,5	1:48:39.581	12:33:11.591
68	LUIS FREITAS joanebtt-trilhosbike	7	21:37.358	19,4	2:10:16.939	12:54:48.949
70	JOÃO PEDRO MALGUEIRO FARIA "X-Par "*****A Desportiva*****"	1	17:28.719	24	17:28.719	11:02:00.729
70	JOÃO PEDRO MALGUEIRO FARIA "X-Par "*****A Desportiva*****"	2	17:12.431	24,4	34:41.150	11:19:13.160
70	JOÃO PEDRO MALGUEIRO FARIA "X-Par "*****A Desportiva*****"	3	17:20.666	24,2	52:01.816	11:36:33.826
70	JOÃO PEDRO MALGUEIRO FARIA "X-Par "*****A Desportiva*****"	4	17:42.794	23,7	1:09:44.610	11:54:16.620
70	JOÃO PEDRO MALGUEIRO FARIA "X-Par "*****A Desportiva*****"	5	17:32.248	23,9	1:27:16.858	12:11:48.868
70	JOÃO PEDRO MALGUEIRO FARIA "X-Par "*****A Desportiva*****"	6	18:11.682	23,1	1:45:28.540	12:30:00.550
70	JOÃO PEDRO MALGUEIRO FARIA "X-Par "*****A Desportiva*****"	7	18:19.108	22,9	2:03:47.648	12:48:19.658
70	JOÃO PEDRO MALGUEIRO FARIA "X-Par "*****A Desportiva*****"	8	18:59.284	22,1	2:22:46.932	13:07:18.942
70	JOÃO PEDRO MALGUEIRO FARIA "X-Par "*****A Desportiva*****"	9	21:13.726	19,8	2:44:00.658	13:28:32.668
71	RUBEN ROCHA Individual	1	19:59.493	21	19:59.493	11:04:31.503
71	RUBEN ROCHA Individual	2	20:49.093	20,2	40:48.586	11:25:20.596
71	RUBEN ROCHA Individual	3	21:09.508	19,9	1:01:58.094	11:46:30.104
71	RUBEN ROCHA Individual	4	20:34.242	20,4	1:22:32.336	12:07:04.346
71	RUBEN ROCHA Individual	5	20:51.232	20,1	1:43:23.568	12:27:55.578
71	RUBEN ROCHA Individual	6	21:39.525	19,4	2:05:03.093	12:49:35.103
71	RUBEN ROCHA Individual	7	21:40.197	19,4	2:26:43.290	13:11:15.300
71	RUBEN ROCHA Individual	8	22:21.226	18,8	2:49:04.516	13:33:36.526
73	ANTÓNIO JOSÉ FERREIRA BTT4FUN	1	21:25.897	19,6	21:25.897	11:05:57.907
73	ANTÓNIO JOSÉ FERREIRA BTT4FUN	2	22:11.318	18,9	43:37.215	11:28:09.225
73	ANTÓNIO JOSÉ FERREIRA BTT4FUN	3	22:51.493	18,4	1:06:28.708	11:51:00.718
73	ANTÓNIO JOSÉ FERREIRA BTT4FUN	4	23:08.528	18,1	1:29:37.236	12:14:09.246
73	ANTÓNIO JOSÉ FERREIRA BTT4FUN	5	23:56.105	17,5	1:53:33.341	12:38:05.351
73	ANTÓNIO JOSÉ FERREIRA BTT4FUN	6	24:47.026	16,9	2:18:20.367	13:02:52.377
73	ANTÓNIO JOSÉ FERREIRA BTT4FUN	7	24:40.422	17	2:43:00.789	13:27:32.799
74	FLÁVIO SILVA TOMATUBIKERS	1	20:27.828	20,5	20:27.828	11:04:59.838
74	FLÁVIO SILVA TOMATUBIKERS	2	21:25.067	19,6	41:52.895	11:26:24.905
74	FLÁVIO SILVA TOMATUBIKERS	3	22:27.052	18,7	1:04:19.947	11:48:51.957
74	FLÁVIO SILVA TOMATUBIKERS	4	22:14.692	18,9	1:26:34.639	12:11:06.649
74	FLÁVIO SILVA TOMATUBIKERS	5	23:25.287	17,9	1:49:59.926	12:34:31.936
74	FLÁVIO SILVA TOMATUBIKERS	6	23:20.909	18	2:13:20.835	12:57:52.845
74	FLÁVIO SILVA TOMATUBIKERS	7	23:07.779	18,2	2:36:28.614	13:21:00.624
75	JOSE ANTONIO DA SILVA OLIVEIRA btt braguinhas	1	18:40.328	22,5	18:40.328	11:03:12.338
75	JOSE ANTONIO DA SILVA OLIVEIRA btt braguinhas	2	19:13.278	21,9	37:53.606	11:22:25.616
75	JOSE ANTONIO DA SILVA OLIVEIRA btt braguinhas	3	20:04.722	20,9	57:58.328	11:42:30.338
75	JOSE ANTONIO DA SILVA OLIVEIRA btt braguinhas	4	21:19.084	19,7	1:19:17.412	12:03:49.422
75	JOSE ANTONIO DA SILVA OLIVEIRA btt braguinhas	5	22:05.927	19	1:41:23.339	12:25:55.349
75	JOSE ANTONIO DA SILVA OLIVEIRA btt braguinhas	6	22:22.096	18,8	2:03:45.435	12:48:17.445
75	JOSE ANTONIO DA SILVA OLIVEIRA btt braguinhas	7	22:53.839	18,3	2:26:39.274	13:11:11.284
75	JOSE ANTONIO DA SILVA OLIVEIRA btt braguinhas	8	30:49.372	13,6	2:57:28.646	13:42:00.656
76	EDUARDA FILIPA ALVES OLIVEIRA btt braguinhas	1	24:01.617	17,5	24:01.617	11:08:33.627
76	EDUARDA FILIPA ALVES OLIVEIRA btt braguinhas	2	24:51.386	16,9	48:53.003	11:33:25.013
76	EDUARDA FILIPA ALVES OLIVEIRA btt braguinhas	3	27:26.907	15,3	1:16:19.910	12:00:51.920
76	EDUARDA FILIPA ALVES OLIVEIRA btt braguinhas	4	30:40.384	13,7	1:47:00.294	12:31:32.304
76	EDUARDA FILIPA ALVES OLIVEIRA btt braguinhas	5	34:15.168	12,3	2:21:15.462	13:05:47.472
76	EDUARDA FILIPA ALVES OLIVEIRA btt braguinhas	6	36:06.551	11,6	2:57:22.013	13:41:54.023
79	JACINTO FIÚZA BaToTas/Ponte de Lima	1	15:36.503	26,9	15:36.503	11:00:08.513
79	JACINTO FIÚZA BaToTas/Ponte de Lima	2	15:52.763	26,4	31:29.266	11:16:01.276
79	JACINTO FIÚZA BaToTas/Ponte de Lima	3	16:24.435	25,6	47:53.701	11:32:25.711
79	JACINTO FIÚZA BaToTas/Ponte de Lima	4	16:25.880	25,6	1:04:19.581	11:48:51.591
79	JACINTO FIÚZA BaToTas/Ponte de Lima	5	17:33.345	23,9	1:21:52.926	12:06:24.936
79	JACINTO FIÚZA BaToTas/Ponte de Lima	6	16:24.215	25,6	1:38:17.141	12:22:49.151
79	JACINTO FIÚZA BaToTas/Ponte de Lima	7	17:06.418	24,6	1:55:23.559	12:39:55.569
79	JACINTO FIÚZA BaToTas/Ponte de Lima	8	17:47.702	23,6	2:13:11.261	12:57:43.271
79	JACINTO FIÚZA BaToTas/Ponte de Lima	9	18:09.635	23,1	2:31:20.896	13:15:52.906
79	JACINTO FIÚZA BaToTas/Ponte de Lima	10	18:00.689	23,3	2:49:21.585	13:33:53.595
80	FILIPE JOSÉ LIMA PINTO Batotas Ponte de Lima	1	22:50.178	18,4	22:50.178	11:07:22.188
80	FILIPE JOSÉ LIMA PINTO Batotas Ponte de Lima	2	23:38.150	17,8	46:28.328	11:31:00.338
80	FILIPE JOSÉ LIMA PINTO Batotas Ponte de Lima	3	27:14.259	15,4	1:13:42.587	11:58:14.597
80	FILIPE JOSÉ LIMA PINTO Batotas Ponte de Lima	4	25:20.867	16,6	1:39:03.454	12:23:35.464
81	JOSÉ LUÍS PEREIRA ARAÚJO BTT 4Fun	1	20:25.361	20,6	20:25.361	11:04:57.371
81	JOSÉ LUÍS PEREIRA ARAÚJO BTT 4Fun	2	21:42.654	19,3	42:08.015	11:26:40.025
81	JOSÉ LUÍS PEREIRA ARAÚJO BTT 4Fun	3	22:27.032	18,7	1:04:35.047	11:49:07.057
81	JOSÉ LUÍS PEREIRA ARAÚJO BTT 4Fun	4	24:20.767	17,3	1:28:55.814	12:13:27.824
81	JOSÉ LUÍS PEREIRA ARAÚJO BTT 4Fun	5	26:18.814	16	1:55:14.628	12:39:46.638
81	JOSÉ LUÍS PEREIRA ARAÚJO BTT 4Fun	6	26:55.987	15,6	2:22:10.615	13:06:42.625
81	JOSÉ LUÍS PEREIRA ARAÚJO BTT 4Fun	7	29:00.822	14,5	2:51:11.437	13:35:43.447
82	NUNO FARIA riba de ave btt	1	19:36.796	21,4	19:36.796	11:04:08.806
83	BRUNO FERREIRA Bastobike	1	17:43.226	23,7	17:43.226	11:02:15.236
83	BRUNO FERREIRA Bastobike	2	16:56.771	24,8	34:39.997	11:19:12.007
83	BRUNO FERREIRA Bastobike	3	17:21.051	24,2	52:01.048	11:36:33.058
83	BRUNO FERREIRA Bastobike	4	17:43.871	23,7	1:09:44.919	11:54:16.929
83	BRUNO FERREIRA Bastobike	5	17:31.375	24	1:27:16.294	12:11:48.304
83	BRUNO FERREIRA Bastobike	6	18:10.316	23,1	1:45:26.610	12:29:58.620
83	BRUNO FERREIRA Bastobike	7	18:20.698	22,9	2:03:47.308	12:48:19.318
83	BRUNO FERREIRA Bastobike	8	18:59.982	22,1	2:22:47.290	13:07:19.300
83	BRUNO FERREIRA Bastobike	9	21:13.846	19,8	2:44:01.136	13:28:33.146
84	VITOR MAGALHAES BASTOBIKE	1	18:38.271	22,5	18:38.271	11:03:10.281
84	VITOR MAGALHAES BASTOBIKE	2	18:02.294	23,3	36:40.565	11:21:12.575
84	VITOR MAGALHAES BASTOBIKE	3	18:33.646	22,6	55:14.211	11:39:46.221
84	VITOR MAGALHAES BASTOBIKE	4	18:19.114	22,9	1:13:33.325	11:58:05.335
84	VITOR MAGALHAES BASTOBIKE	5	20:19.091	20,7	1:33:52.416	12:18:24.426
84	VITOR MAGALHAES BASTOBIKE	6	21:28.921	19,6	1:55:21.337	12:39:53.347
84	VITOR MAGALHAES BASTOBIKE	7	21:49.024	19,3	2:17:10.361	13:01:42.371
84	VITOR MAGALHAES BASTOBIKE	8	22:25.652	18,7	2:39:36.013	13:24:08.023
85	RUI MANUEL MOREIRA NOVO Vianacycles	1	19:49.565	21,2	19:49.565	11:04:21.575
85	RUI MANUEL MOREIRA NOVO Vianacycles	2	19:36.324	21,4	39:25.889	11:23:57.899
85	RUI MANUEL MOREIRA NOVO Vianacycles	3	19:12.322	21,9	58:38.211	11:43:10.221
85	RUI MANUEL MOREIRA NOVO Vianacycles	4	19:28.593	21,6	1:18:06.804	12:02:38.814
85	RUI MANUEL MOREIRA NOVO Vianacycles	5	20:09.523	20,8	1:38:16.327	12:22:48.337
85	RUI MANUEL MOREIRA NOVO Vianacycles	6	20:14.285	20,8	1:58:30.612	12:43:02.622
85	RUI MANUEL MOREIRA NOVO Vianacycles	7	21:01.922	20	2:19:32.534	13:04:04.544
85	RUI MANUEL MOREIRA NOVO Vianacycles	8	22:08.303	19	2:41:40.837	13:26:12.847
87	ANTONIO CAVALEIRO Vianacycles	1	22:16.390	18,9	22:16.390	11:06:48.400
87	ANTONIO CAVALEIRO Vianacycles	2	20:38.288	20,4	42:54.678	11:27:26.688
87	ANTONIO CAVALEIRO Vianacycles	3	20:37.791	20,4	1:03:32.469	11:48:04.479
87	ANTONIO CAVALEIRO Vianacycles	4	20:41.996	20,3	1:24:14.465	12:08:46.475
87	ANTONIO CAVALEIRO Vianacycles	5	21:11.220	19,8	1:45:25.685	12:29:57.695
87	ANTONIO CAVALEIRO Vianacycles	6	21:42.330	19,3	2:07:08.015	12:51:40.025
87	ANTONIO CAVALEIRO Vianacycles	7	21:45.065	19,3	2:28:53.080	13:13:25.090
87	ANTONIO CAVALEIRO Vianacycles	8	21:47.075	19,3	2:50:40.155	13:35:12.165
90	BRUNO PEREIRA Vitória SC	1	16:41.853	25,2	16:41.853	11:01:13.863
90	BRUNO PEREIRA Vitória SC	2	17:00.292	24,7	33:42.145	11:18:14.155
90	BRUNO PEREIRA Vitória SC	3	17:08.410	24,5	50:50.555	11:35:22.565



90	BRUNO PEREIRA Vitória SC	4	16:59.951	24,7	1:07:50.506	11:52:22.516
90	BRUNO PEREIRA Vitória SC	5	17:24.194	24,1	1:25:14.700	12:09:46.710
90	BRUNO PEREIRA Vitória SC	6	17:53.702	23,5	1:43:08.402	12:27:40.412
90	BRUNO PEREIRA Vitória SC	7	18:00.319	23,3	2:01:08.721	12:45:40.731
90	BRUNO PEREIRA Vitória SC	8	18:14.513	23	2:19:23.234	13:03:55.244
90	BRUNO PEREIRA Vitória SC	9	19:04.405	22	2:38:27.639	13:22:59.649
90	BRUNO PEREIRA Vitória SC	10	19:23.184	21,7	2:57:50.823	13:42:22.833
92	ERNESTO MARTINS TouQueNemPosso BTT team	1	23:45.671	17,7	23:45.671	11:08:17.681
92	ERNESTO MARTINS TouQueNemPosso BTT team	2	23:04.362	18,2	46:50.033	11:31:22.043
92	ERNESTO MARTINS TouQueNemPosso BTT team	3	23:06.312	18,2	1:09:56.345	11:54:28.355
92	ERNESTO MARTINS TouQueNemPosso BTT team	4	23:29.821	17,9	1:33:26.166	12:17:58.176
92	ERNESTO MARTINS TouQueNemPosso BTT team	5	24:43.347	17	1:58:09.513	12:42:41.523
92	ERNESTO MARTINS TouQueNemPosso BTT team	6	25:36.333	16,4	2:23:45.846	13:08:17.856
92	ERNESTO MARTINS TouQueNemPosso BTT team	7	29:44.949	14,1	2:53:30.795	13:38:02.805
93	HUMBERTO CASTRO WWW.FOTOTONI.COM	1	19:19.703	21,7	19:19.703	11:03:51.713
93	HUMBERTO CASTRO WWW.FOTOTONI.COM	2	18:49.349	22,3	38:09.052	11:22:41.062
93	HUMBERTO CASTRO WWW.FOTOTONI.COM	3	18:52.321	22,3	57:01.373	11:41:33.383
93	HUMBERTO CASTRO WWW.FOTOTONI.COM	4	19:41.614	21,3	1:16:42.987	12:01:14.997
93	HUMBERTO CASTRO WWW.FOTOTONI.COM	5	20:17.089	20,7	1:37:00.076	12:21:32.086
93	HUMBERTO CASTRO WWW.FOTOTONI.COM	6	20:26.715	20,5	1:57:26.791	12:41:58.801
93	HUMBERTO CASTRO WWW.FOTOTONI.COM	7	21:03.905	19,9	2:18:30.696	13:03:02.706
93	HUMBERTO CASTRO WWW.FOTOTONI.COM	8	20:58.251	20	2:39:28.947	13:24:00.957
94	MARCIO TALEDO SAERTEX Portugal	1	18:27.003	22,8	18:27.003	11:02:59.013
94	MARCIO TALEDO SAERTEX Portugal	2	17:39.168	23,8	36:06.171	11:20:38.181
94	MARCIO TALEDO SAERTEX Portugal	3	18:58.267	22,1	55:04.438	11:39:36.448
94	MARCIO TALEDO SAERTEX Portugal	4	19:39.674	21,4	1:14:44.112	11:59:16.122
94	MARCIO TALEDO SAERTEX Portugal	5	24:53.910	16,9	1:39:38.022	12:24:10.032
94	MARCIO TALEDO SAERTEX Portugal	6	21:18.137	19,7	2:00:56.159	12:45:28.169
95	ARNALDO COSTA Team bikeBrothers	1	25:24.517	16,5	25:24.517	11:09:56.527
95	ARNALDO COSTA Team bikeBrothers	2	25:53.745	16,2	51:18.262	11:35:50.272
95	ARNALDO COSTA Team bikeBrothers	3	25:22.245	16,6	1:16:40.507	12:01:12.517
95	ARNALDO COSTA Team bikeBrothers	4	27:53.407	15,1	1:44:33.914	12:29:05.924
95	ARNALDO COSTA Team bikeBrothers	5	28:51.798	14,6	2:13:25.712	12:57:57.722
96	BENJAMIM A. P. DA SILVA Forma Destemida	1	34:49.536	12,1	34:49.536	11:19:21.546
97	ANDRÉ GOMES LIMABIKE	1	19:03.341	22	19:03.341	11:03:35.351
97	ANDRÉ GOMES LIMABIKE	2	19:25.348	21,6	38:28.689	11:23:00.699
97	ANDRÉ GOMES LIMABIKE	3	19:30.061	21,5	57:58.750	11:42:30.760
97	ANDRÉ GOMES LIMABIKE	4	20:19.752	20,7	1:18:18.502	12:02:50.512
97	ANDRÉ GOMES LIMABIKE	5	22:23.034	18,8	1:40:41.536	12:25:13.546
97	ANDRÉ GOMES LIMABIKE	6	22:06.901	19	2:02:48.437	12:47:20.447
97	ANDRÉ GOMES LIMABIKE	7	22:42.612	18,5	2:25:31.049	13:10:03.059
97	ANDRÉ GOMES LIMABIKE	8	23:12.767	18,1	2:48:43.816	13:33:15.826
98	PAULO SÁ LIMABIKE	1	20:25.199	20,6	20:25.199	11:04:57.209
98	PAULO SÁ LIMABIKE	2	20:36.544	20,4	41:01.743	11:25:33.753
98	PAULO SÁ LIMABIKE	3	20:39.812	20,3	1:01:41.555	11:46:13.565
98	PAULO SÁ LIMABIKE	4	20:45.597	20,2	1:22:27.152	12:06:59.162
98	PAULO SÁ LIMABIKE	5	21:48.646	19,3	1:44:15.798	12:28:47.808
98	PAULO SÁ LIMABIKE	6	22:15.664	18,9	2:06:31.462	12:51:03.472
98	PAULO SÁ LIMABIKE	7	23:10.013	18,1	2:29:41.475	13:14:13.485
98	PAULO SÁ LIMABIKE	8	24:04.252	17,4	2:53:45.727	13:38:17.737
99	JOÃO AMARO Grupo cicloturismo de Perre	1	17:42.714	23,7	17:42.714	11:02:14.724
99	JOÃO AMARO Grupo cicloturismo de Perre	2	18:58.421	22,1	36:41.135	11:21:13.145
99	JOÃO AMARO Grupo cicloturismo de Perre	3	18:22.888	22,8	55:04.023	11:39:36.033
99	JOÃO AMARO Grupo cicloturismo de Perre	4	19:02.721	22,1	1:14:06.744	11:58:38.754
99	JOÃO AMARO Grupo cicloturismo de Perre	5	19:03.601	22	1:33:10.345	12:17:42.355
99	JOÃO AMARO Grupo cicloturismo de Perre	6	19:20.360	21,7	1:52:30.705	12:37:02.715
99	JOÃO AMARO Grupo cicloturismo de Perre	7	20:16.509	20,7	2:12:47.214	12:57:19.224
99	JOÃO AMARO Grupo cicloturismo de Perre	8	20:23.286	20,6	2:33:10.500	13:17:42.510
99	JOÃO AMARO Grupo cicloturismo de Perre	9	19:36.494	21,4	2:52:46.994	13:37:19.004
100	ABEL FILIPE MACHADO ASC-Focus Team	1	16:27.481	25,5	16:27.481	11:00:59.491
100	ABEL FILIPE MACHADO ASC-Focus Team	2	16:53.289	24,9	33:20.770	11:17:52.780
100	ABEL FILIPE MACHADO ASC-Focus Team	3	17:14.211	24,4	50:34.981	11:35:06.991
100	ABEL FILIPE MACHADO ASC-Focus Team	4	17:17.266	24,3	1:07:52.247	11:52:24.257
101	ABEL MACHADO ASC-FOCUS TEAM	1	16:11.203	25,9	16:11.203	11:00:43.213
101	ABEL MACHADO ASC-FOCUS TEAM	2	17:07.263	24,5	33:18.466	11:17:50.476
101	ABEL MACHADO ASC-FOCUS TEAM	3	17:07.925	24,5	50:26.391	11:34:58.401
101	ABEL MACHADO ASC-FOCUS TEAM	4	16:54.081	24,9	1:07:20.472	11:51:52.482
101	ABEL MACHADO ASC-FOCUS TEAM	5	16:54.039	24,9	1:24:14.511	12:08:46.521
101	ABEL MACHADO ASC-FOCUS TEAM	6	16:49.652	25	1:41:04.163	12:25:36.173
101	ABEL MACHADO ASC-FOCUS TEAM	7	17:50.393	23,5	1:58:54.556	12:43:26.566
101	ABEL MACHADO ASC-FOCUS TEAM	8	18:44.862	22,4	2:17:39.418	13:02:11.428
101	ABEL MACHADO ASC-FOCUS TEAM	9	19:21.284	21,7	2:37:00.702	13:21:32.712
101	ABEL MACHADO ASC-FOCUS TEAM	10	19:47.006	21,2	2:56:47.708	13:41:19.718
102	EURICO MANUEO MORAIS COSTA EURIBIKE	1	21:46.360	19,3	21:46.360	11:06:18.370
102	EURICO MANUEO MORAIS COSTA EURIBIKE	2	40:14.703	10,4	1:02:01.063	11:46:33.073
102	EURICO MANUEO MORAIS COSTA EURIBIKE	3	21:09.059	19,9	1:23:10.122	12:07:42.132
102	EURICO MANUEO MORAIS COSTA EURIBIKE	4	21:19.495	19,7	1:44:29.617	12:29:01.627
102	EURICO MANUEO MORAIS COSTA EURIBIKE	5	22:16.837	18,9	2:06:46.454	12:51:18.464
102	EURICO MANUEO MORAIS COSTA EURIBIKE	6	22:33.498	18,6	2:29:19.952	13:13:51.962
102	EURICO MANUEO MORAIS COSTA EURIBIKE	7	24:21.458	17,2	2:53:41.410	13:38:13.420
103	ANTONIO ANDRÉ MELO Saertex Portugal	1	20:24.718	20,6	20:24.718	11:04:56.728
103	ANTONIO ANDRE MELO Saertex Portugal	2	19:46.222	21,2	40:10.940	11:24:42.950
103	ANTONIO ANDRE MELO Saertex Portugal	3	20:13.957	20,8	1:00:24.897	11:44:56.907
103	ANTONIO ANDRE MELO Saertex Portugal	4	20:42.984	20,3	1:21:07.881	12:05:39.891
103	ANTONIO ANDRE MELO Saertex Portugal	5	20:47.711	20,2	1:41:55.592	12:26:27.602
103	ANTONIO ANDRE MELO Saertex Portugal	6	21:26.491	19,6	2:03:22.083	12:47:54.093
103	ANTONIO ANDRE MELO Saertex Portugal	7	21:49.784	19,2	2:25:11.867	13:09:43.877
103	ANTONIO ANDRE MELO Saertex Portugal	8	22:00.182	19,1	2:47:12.049	13:31:44.059
104	JORGE MAIA MARQUES Individual	1	22:49.395	18,4	22:49.395	11:07:21.405
104	JORGE MAIA MARQUES Individual	2	23:32.897	17,8	46:22.292	11:30:54.302
104	JORGE MAIA MARQUES Individual	3	23:36.612	17,8	1:09:58.904	11:54:30.914
104	JORGE MAIA MARQUES Individual	4	23:23.033	18	1:33:21.937	12:17:53.947
104	JORGE MAIA MARQUES Individual	5	24:23.851	17,2	1:57:45.788	12:42:17.798
104	JORGE MAIA MARQUES Individual	6	24:28.658	17,2	2:22:14.446	13:06:46.456
104	JORGE MAIA MARQUES Individual	7	25:01.632	16,8	2:47:16.078	13:31:48.088
105	HELDER FILIPE SILVA CAMPOS Team Gosaude	1	21:43.397	19,3	21:43.397	11:06:15.407
105	HELDER FILIPE SILVA CAMPOS Team Gosaude	2	20:08.303	20,9	41:51.700	11:26:23.710
105	HELDER FILIPE SILVA CAMPOS Team Gosaude	3	21:22.229	19,7	1:03:13.929	11:47:45.939
106	BRUNO FILIPE FERRAZ CACAIS DE MATOS Team Gosaude	1	22:27.424	18,7	22:27.424	11:06:59.434
106	BRUNO FILIPE FERRAZ CACAIS DE MATOS Team Gosaude	2	21:52.749	19,2	44:20.173	11:28:52.183
106	BRUNO FILIPE FERRAZ CACAIS DE MATOS Team Gosaude	3	23:19.107	18	1:07:39.280	11:52:11.290
106	BRUNO FILIPE FERRAZ CACAIS DE MATOS Team Gosaude	4	23:28.738	17,9	1:31:08.018	12:15:40.028
106	BRUNO FILIPE FERRAZ CACAIS DE MATOS Team Gosaude	5	25:46.193	16,3	1:56:54.211	12:41:26.221
106	BRUNO FILIPE FERRAZ CACAIS DE MATOS Team Gosaude	6	25:31.822	16,5	2:22:26.033	13:06:58.043
106	BRUNO FILIPE FERRAZ CACAIS DE MATOS Team Gosaude	7	25:16.152	16,6	2:47:42.185	13:32:14.195
107	ALEXANDRE FONSECA Alde'a	1	18:56.502	22,2	18:56.502	11:03:28.512
107	ALEXANDRE FONSECA Alde'a	2	18:06.010	23,2	37:02.512	11:21:34.522
107	ALEXANDRE FONSECA Alde'a	3	18:11.107	23,1	55:13.619	11:39:45.629
107	ALEXANDRE FONSECA Alde'a	4	18:20.071	22,9	1:13:33.690	11:58:05.700
107	ALEXANDRE FONSECA Alde'a	5	18:12.061	23,1	1:31:45.751	12:16:17.761
107	ALEXANDRE FONSECA Alde'a	6	19:20.375	21,7	1:51:06.126	12:35:38.136



107	ALEXANDRE FONSECA Alde'a	7	20:13.721	20,8	2:11:19.847	12:55:51.857
107	ALEXANDRE FONSECA Alde'a	8	21:18.764	19,7	2:32:38.611	13:17:10.621
107	ALEXANDRE FONSECA Alde'a	9	22:03.211	19	2:54:41.822	13:39:13.832
109	JOAQUIM JORGE BARROS PEREIRA casa do pessoal RTP	1	23:40.098	17,7	23:40.098	11:08:12.108
109	JOAQUIM JORGE BARROS PEREIRA casa do pessoal RTP	2	24:52.704	16,9	48:32.802	11:33:04.812
109	JOAQUIM JORGE BARROS PEREIRA casa do pessoal RTP	3	25:18.828	16,6	1:13:51.630	11:58:23.640
109	JOAQUIM JORGE BARROS PEREIRA casa do pessoal RTP	4	25:34.235	16,4	1:39:25.865	12:23:57.875
109	JOAQUIM JORGE BARROS PEREIRA casa do pessoal RTP	5	26:37.441	15,8	2:06:03.306	12:50:35.316
109	JOAQUIM JORGE BARROS PEREIRA casa do pessoal RTP	6	25:12.012	16,7	2:31:15.318	13:15:47.328
109	JOAQUIM JORGE BARROS PEREIRA casa do pessoal RTP	7	25:40.029	16,4	2:56:55.347	13:41:27.357
110	RICARDO SALVADOR MOREIRA VIEIRA Darque Bike Team-Viabike	1	17:43.035	23,7	17:43.035	11:02:15.045
110	RICARDO SALVADOR MOREIRA VIEIRA Darque Bike Team-Viabike	2	18:01.277	23,3	35:44.312	11:20:16.322
110	RICARDO SALVADOR MOREIRA VIEIRA Darque Bike Team-Viabike	3	19:14.779	21,8	54:59.091	11:39:31.101
110	RICARDO SALVADOR MOREIRA VIEIRA Darque Bike Team-Viabike	4	18:36.140	22,6	1:13:35.231	11:58:07.241
110	RICARDO SALVADOR MOREIRA VIEIRA Darque Bike Team-Viabike	5	19:48.474	21,2	1:33:23.705	12:17:55.715
110	RICARDO SALVADOR MOREIRA VIEIRA Darque Bike Team-Viabike	6	21:23.324	19,6	1:54:47.029	12:39:19.039
110	RICARDO SALVADOR MOREIRA VIEIRA Darque Bike Team-Viabike	7	20:47.124	20,2	2:15:34.153	13:00:06.163
110	RICARDO SALVADOR MOREIRA VIEIRA Darque Bike Team-Viabike	8	21:18.376	19,7	2:36:52.529	13:21:24.539
110	RICARDO SALVADOR MOREIRA VIEIRA Darque Bike Team-Viabike	9	22:21.217	18,8	2:59:13.746	13:43:45.756
111	CARLOS MANUEL RIBEIRO BORGES CASA DO PESSOAL DA TRANQUILIDADE	1	23:48.602	17,6	23:48.602	11:08:20.612
111	CARLOS MANUEL RIBEIRO BORGES CASA DO PESSOAL DA TRANQUILIDADE	2	22:40.348	18,5	46:28.950	11:31:00.960
111	CARLOS MANUEL RIBEIRO BORGES CASA DO PESSOAL DA TRANQUILIDADE	3	23:22.797	18	1:09:51.747	11:54:23.757
111	CARLOS MANUEL RIBEIRO BORGES CASA DO PESSOAL DA TRANQUILIDADE	4	24:27.866	17,2	1:34:19.613	12:18:51.623
113	LUÍS MARQUES Ser e Parecer TEAM	1	16:27.978	25,5	16:27.978	11:00:59.988
113	LUÍS MARQUES Ser e Parecer TEAM	2	16:51.193	24,9	33:19.171	11:17:51.181
113	LUÍS MARQUES Ser e Parecer TEAM	3	17:14.730	24,4	50:33.901	11:35:05.911
113	LUÍS MARQUES Ser e Parecer TEAM	4	17:06.012	24,6	1:07:39.913	11:52:11.923
113	LUÍS MARQUES Ser e Parecer TEAM	5	18:03.443	23,3	1:25:43.356	12:10:15.366
113	LUÍS MARQUES Ser e Parecer TEAM	6	18:34.544	22,6	1:44:17.900	12:28:49.910
113	LUÍS MARQUES Ser e Parecer TEAM	7	18:53.396	22,2	2:03:11.296	12:47:43.306
113	LUÍS MARQUES Ser e Parecer TEAM	8	19:20.652	21,7	2:22:31.948	13:07:03.958
113	LUÍS MARQUES Ser e Parecer TEAM	9	20:25.180	20,6	2:42:57.128	13:27:29.138
114	TIAGO BORGES casa do pessoal tranquilidade	1	17:57.495	23,4	17:57.495	11:02:29.505
114	TIAGO BORGES casa do pessoal tranquilidade	2	18:22.577	22,9	36:20.072	11:20:52.082
114	TIAGO BORGES casa do pessoal tranquilidade	3	18:48.594	22,3	55:08.666	11:39:40.676
114	TIAGO BORGES casa do pessoal tranquilidade	4	18:27.306	22,8	1:13:35.972	11:58:07.982
114	TIAGO BORGES casa do pessoal tranquilidade	5	19:26.521	21,6	1:33:02.493	12:17:34.503
114	TIAGO BORGES casa do pessoal tranquilidade	6	22:09.409	19	1:55:11.902	12:39:43.912
114	TIAGO BORGES casa do pessoal tranquilidade	7	20:18.058	20,7	2:15:29.960	13:00:01.970
114	TIAGO BORGES casa do pessoal tranquilidade	8	21:14.377	19,8	2:36:44.337	13:21:16.347
115	JOSUÉ BRITO Bikes & Friends	1	23:51.024	17,6	23:51.024	11:08:23.034
115	JOSUÉ BRITO Bikes & Friends	2	22:38.647	18,5	46:29.671	11:31:01.681
115	JOSUÉ BRITO Bikes & Friends	3	23:20.350	18	1:09:50.021	11:54:22.031
115	JOSUÉ BRITO Bikes & Friends	4	24:30.672	17,1	1:34:20.693	12:18:52.703
115	JOSUÉ BRITO Bikes & Friends	5	29:26.339	14,3	2:03:47.032	12:48:19.042
115	JOSUÉ BRITO Bikes & Friends	6	25:43.236	16,3	2:29:30.268	13:14:02.278
115	JOSUÉ BRITO Bikes & Friends	7	24:41.536	17	2:54:11.804	13:38:43.814
116	JOAQUIM JOSÉ LISBOA MOREIRA TouQueNemPosso BTT Team	1	25:22.877	16,5	25:22.877	11:09:54.887
116	JOAQUIM JOSÉ LISBOA MOREIRA TouQueNemPosso BTT Team	2	24:13.505	17,3	49:36.382	11:34:08.392
116	JOAQUIM JOSÉ LISBOA MOREIRA TouQueNemPosso BTT Team	3	26:24.835	15,9	1:16:01.217	12:00:33.227
116	JOAQUIM JOSÉ LISBOA MOREIRA TouQueNemPosso BTT Team	4	26:37.991	15,8	1:42:39.208	12:27:11.218
116	JOAQUIM JOSÉ LISBOA MOREIRA TouQueNemPosso BTT Team	5	26:17.909	16	2:08:57.117	12:53:29.127
116	JOAQUIM JOSÉ LISBOA MOREIRA TouQueNemPosso BTT Team	6	26:17.408	16	2:35:14.525	13:19:46.535
118	PEDRO MEIXEDO Individual	1	20:56.662	20,1	20:56.662	11:05:28.672
118	PEDRO MEIXEDO Individual	2	19:57.099	21,1	40:53.761	11:25:25.771
118	PEDRO MEIXEDO Individual	3	20:13.518	20,8	1:01:07.279	11:45:39.289
118	PEDRO MEIXEDO Individual	4	20:57.774	20	1:22:05.053	12:06:37.063
118	PEDRO MEIXEDO Individual	5	20:27.072	20,5	1:42:32.125	12:27:04.135
118	PEDRO MEIXEDO Individual	6	21:12.360	19,8	2:03:44.485	12:48:16.495
118	PEDRO MEIXEDO Individual	7	21:37.182	19,4	2:25:21.667	13:09:53.677
118	PEDRO MEIXEDO Individual	8	22:31.402	18,6	2:47:53.069	13:32:25.079
119	RUI MANUEL ARAÚJO SILVA Carreira Btt	1	19:09.256	21,9	19:09.256	11:03:41.266
119	RUI MANUEL ARAÚJO SILVA Carreira Btt	2	19:22.852	21,7	38:32.108	11:23:04.118
119	RUI MANUEL ARAÚJO SILVA Carreira Btt	3	19:19.380	21,7	57:51.488	11:42:23.498
119	RUI MANUEL ARAÚJO SILVA Carreira Btt	4	20:09.584	20,8	1:18:01.072	12:02:33.082
119	RUI MANUEL ARAÚJO SILVA Carreira Btt	5	21:35.427	19,5	1:39:36.499	12:24:08.509
119	RUI MANUEL ARAÚJO SILVA Carreira Btt	6	23:17.265	18	2:02:53.764	12:47:25.774
119	RUI MANUEL ARAÚJO SILVA Carreira Btt	7	26:00.006	16,2	2:28:53.770	13:13:25.780
120	JOÃO LUÍS MARQUES GUIMARÃES individual	1	21:56.463	19,1	21:56.463	11:06:28.473
120	JOÃO LUÍS MARQUES GUIMARÃES individual	2	21:32.760	19,5	43:29.223	11:28:01.233
120	JOÃO LUÍS MARQUES GUIMARÃES individual	3	21:20.138	19,7	1:04:49.361	11:49:21.371
120	JOÃO LUÍS MARQUES GUIMARÃES individual	4	22:04.490	19	1:26:53.851	12:11:25.861
120	JOÃO LUÍS MARQUES GUIMARÃES individual	5	22:23.379	18,8	1:49:17.230	12:33:49.240
120	JOÃO LUÍS MARQUES GUIMARÃES individual	6	23:46.498	17,7	2:13:03.728	12:57:35.738
120	JOÃO LUÍS MARQUES GUIMARÃES individual	7	24:04.492	17,4	2:37:08.220	13:21:40.230
121	JOSÉ CARLOS MARTINS individual	1	21:00.811	20	21:00.811	11:05:32.821
121	JOSÉ CARLOS MARTINS individual	2	21:48.287	19,3	42:49.098	11:27:21.108
121	JOSÉ CARLOS MARTINS individual	3	21:59.393	19,1	1:04:48.491	11:49:20.501
121	JOSÉ CARLOS MARTINS individual	4	24:56.943	16,8	1:29:45.434	12:14:17.444
121	JOSÉ CARLOS MARTINS individual	5	23:08.895	18,1	1:52:54.329	12:37:26.339
121	JOSÉ CARLOS MARTINS individual	6	25:41.379	16,3	2:18:35.708	13:03:07.718
121	JOSÉ CARLOS MARTINS individual	7	23:38.272	17,8	2:42:13.980	13:26:45.990
122	DOMINGOS ANTÓNIO TEIXEIRA MENDES individual	1	20:59.772	20	20:59.772	11:05:31.782
122	DOMINGOS ANTÓNIO TEIXEIRA MENDES individual	2	21:53.469	19,2	42:53.241	11:27:25.251
122	DOMINGOS ANTÓNIO TEIXEIRA MENDES individual	3	22:03.257	19	1:04:56.498	11:49:28.508
122	DOMINGOS ANTÓNIO TEIXEIRA MENDES individual	4	22:03.136	19	1:26:59.634	12:11:31.644
122	DOMINGOS ANTÓNIO TEIXEIRA MENDES individual	5	22:20.852	18,8	1:49:20.486	12:33:52.496
122	DOMINGOS ANTÓNIO TEIXEIRA MENDES individual	6	23:49.750	17,6	2:13:10.236	12:57:42.246
122	DOMINGOS ANTÓNIO TEIXEIRA MENDES individual	7	23:58.829	17,5	2:37:09.065	13:21:41.075
125	SILVIO JOSE FARIA GOMES BaiQuim Team	1	26:43.268	15,7	26:43.268	11:11:15.278
125	SILVIO JOSE FARIA GOMES BaiQuim Team	2	27:59.914	15	54:43.182	11:39:15.192
125	SILVIO JOSE FARIA GOMES BaiQuim Team	3	29:42.834	14,1	1:24:26.016	12:08:58.026
125	SILVIO JOSE FARIA GOMES BaiQuim Team	4	29:34.471	14,2	1:54:00.487	12:38:32.497
125	SILVIO JOSE FARIA GOMES BaiQuim Team	5	29:18.804	14,3	2:23:19.291	13:07:51.301
125	SILVIO JOSE FARIA GOMES BaiQuim Team	6	31:00.821	13,5	2:54:20.112	13:38:52.122
126	PEDRO MIGUEL CERQUEIRA SIMOES BaiQuim Team	1	25:03.014	16,8	25:03.014	11:09:35.024
126	PEDRO MIGUEL CERQUEIRA SIMOES BaiQuim Team	2	25:17.368	16,6	50:20.382	11:34:52.392
126	PEDRO MIGUEL CERQUEIRA SIMOES BaiQuim Team	3	24:55.197	16,9	1:15:15.579	11:59:47.589
126	PEDRO MIGUEL CERQUEIRA SIMOES BaiQuim Team	4	34:30.965	12,2	1:49:46.544	12:34:18.554
126	PEDRO MIGUEL CERQUEIRA SIMOES BaiQuim Team	5	26:22.514	15,9	2:16:09.058	13:00:41.068
126	PEDRO MIGUEL CERQUEIRA SIMOES BaiQuim Team	6	28:53.638	14,5	2:45:02.696	13:29:34.706
127	ANALIDIA MARIA COSTA TORRE BaiQuim Team	1	25:03.087	16,8	25:03.087	11:09:35.097
127	ANALIDIA MARIA COSTA TORRE BaiQuim Team	2	23:51.743	17,6	48:54.830	11:33:26.840
127	ANALIDIA MARIA COSTA TORRE BaiQuim Team	3	25:13.842	16,6	1:14:08.672	11:58:40.682
127	ANALIDIA MARIA COSTA TORRE BaiQuim Team	4	28:32.208	14,7	1:42:40.880	12:27:12.890
127	ANALIDIA MARIA COSTA TORRE BaiQuim Team	5	29:52.571	14,1	2:12:33.451	12:57:05.461
127	ANALIDIA MARIA COSTA TORRE BaiQuim Team	6	28:27.685	14,8	2:41:01.136	13:25:33.146
128	ROBERTO FERREIRA Life3Fit	1	17:55.574	23,4	17:55.574	11:02:27.584
128	ROBERTO FERREIRA Life3Fit	2	18:21.934	22,9	36:17.508	11:20:49.518
128	ROBERTO FERREIRA Life3Fit	3	19:08.954	21,9	55:26.462	11:39:58.472
128	ROBERTO FERREIRA Life3Fit	4	19:54.882	21,1	1:15:21.344	11:59:53.354



128	ROBERTO FERREIRA Life3Fit	5	21:50.013	19,2	1:37:11.357	12:21:43.367
128	ROBERTO FERREIRA Life3Fit	6	24:42.026	17	2:01:53.383	12:46:25.393
128	ROBERTO FERREIRA Life3Fit	7	24:10.187	17,4	2:26:03.570	13:10:35.580
128	ROBERTO FERREIRA Life3Fit	8	31:45.352	13,2	2:57:48.922	13:42:20.932
130	SANDRO PINTO EDV-VIANACYCLES/ENTREPORTAS/BOSCH	1	16:13.967	25,9	16:13.967	11:00:45.977
130	SANDRO PINTO EDV-VIANACYCLES/ENTREPORTAS/BOSCH	2	18:21.752	22,9	34:35.719	11:19:07.729
130	SANDRO PINTO EDV-VIANACYCLES/ENTREPORTAS/BOSCH	3	19:19.053	21,7	53:54.772	11:38:26.782
130	SANDRO PINTO EDV-VIANACYCLES/ENTREPORTAS/BOSCH	4	19:29.600	21,5	1:13:24.372	11:57:56.382
130	SANDRO PINTO EDV-VIANACYCLES/ENTREPORTAS/BOSCH	5	19:45.605	21,3	1:33:09.977	12:17:41.987
130	SANDRO PINTO EDV-VIANACYCLES/ENTREPORTAS/BOSCH	6	21:31.850	19,5	1:54:41.827	12:39:13.837
130	SANDRO PINTO EDV-VIANACYCLES/ENTREPORTAS/BOSCH	7	19:00.999	22,1	2:13:42.826	12:58:14.836
130	SANDRO PINTO EDV-VIANACYCLES/ENTREPORTAS/BOSCH	8	21:18.273	19,7	2:35:01.099	13:19:33.109
130	SANDRO PINTO EDV-VIANACYCLES/ENTREPORTAS/BOSCH	9	20:08.821	20,8	2:55:09.920	13:39:41.930
131	HELDER OLIVEIRA CITYBIKE	1	18:40.699	22,5	18:40.699	11:03:12.709
131	HELDER OLIVEIRA CITYBIKE	2	19:05.079	22	37:45.778	11:22:17.788
131	HELDER OLIVEIRA CITYBIKE	3	19:52.000	21,1	57:37.778	11:42:09.788
131	HELDER OLIVEIRA CITYBIKE	4	20:22.657	20,6	1:18:00.435	12:02:32.445
131	HELDER OLIVEIRA CITYBIKE	5	20:36.509	20,4	1:38:36.944	12:23:08.954
131	HELDER OLIVEIRA CITYBIKE	6	20:07.035	20,9	1:58:43.979	12:43:15.989
131	HELDER OLIVEIRA CITYBIKE	7	21:31.013	19,5	2:20:14.992	13:04:47.002
131	HELDER OLIVEIRA CITYBIKE	8	22:41.662	18,5	2:42:56.654	13:27:28.664
132	JOÃO EMILIO SANTOS ARAÚJO JUM/Sanitop/KTM	1	19:25.251	21,6	19:25.251	11:03:57.261
132	JOÃO EMILIO SANTOS ARAÚJO JUM/Sanitop/KTM	2	19:43.050	21,3	39:08.301	11:23:40.311
132	JOÃO EMILIO SANTOS ARAÚJO JUM/Sanitop/KTM	3	21:43.181	19,3	1:00:51.482	11:45:23.492
132	JOÃO EMILIO SANTOS ARAÚJO JUM/Sanitop/KTM	4	24:37.798	17,1	1:25:29.280	12:10:01.290
132	JOÃO EMILIO SANTOS ARAÚJO JUM/Sanitop/KTM	5	24:59.300	16,8	1:50:28.580	12:35:00.590
132	JOÃO EMILIO SANTOS ARAÚJO JUM/Sanitop/KTM	6	26:34.761	15,8	2:17:03.341	13:01:35.351
132	JOÃO EMILIO SANTOS ARAÚJO JUM/Sanitop/KTM	7	24:40.795	17	2:41:44.136	13:26:16.146
133	RAFAEL TELES Arouca BTT Team	1	16:27.742	25,5	16:27.742	11:00:59.752
133	RAFAEL TELES Arouca BTT Team	2	16:58.732	24,7	33:26.474	11:17:58.484
133	RAFAEL TELES Arouca BTT Team	3	17:06.409	24,6	50:32.883	11:35:04.893
133	RAFAEL TELES Arouca BTT Team	4	17:13.378	24,4	1:07:46.261	11:52:18.271
133	RAFAEL TELES Arouca BTT Team	5	17:07.650	24,5	1:24:53.911	12:09:25.921
133	RAFAEL TELES Arouca BTT Team	6	17:39.421	23,8	1:42:33.332	12:27:05.342
133	RAFAEL TELES Arouca BTT Team	7	18:14.118	23	2:00:47.450	12:45:19.460
133	RAFAEL TELES Arouca BTT Team	8	18:31.647	22,7	2:19:19.097	13:03:51.107
133	RAFAEL TELES Arouca BTT Team	9	18:34.266	22,6	2:37:53.363	13:22:25.373
133	RAFAEL TELES Arouca BTT Team	10	18:56.022	22,2	2:56:49.385	13:41:21.395
134	IGOR RESENDE Arouca BTT Team	1	16:29.459	25,5	16:29.459	11:01:01.469
134	IGOR RESENDE Arouca BTT Team	2	17:26.332	24,1	33:55.791	11:18:27.801
134	IGOR RESENDE Arouca BTT Team	3	19:22.340	21,7	53:18.131	11:37:50.141
134	IGOR RESENDE Arouca BTT Team	4	18:21.436	22,9	1:11:39.567	11:56:11.577
134	IGOR RESENDE Arouca BTT Team	5	18:33.118	22,6	1:30:12.685	12:14:44.695
134	IGOR RESENDE Arouca BTT Team	6	18:24.770	22,8	1:48:37.455	12:33:09.465
134	IGOR RESENDE Arouca BTT Team	7	18:20.483	22,9	2:06:57.938	12:51:29.948
134	IGOR RESENDE Arouca BTT Team	8	19:19.212	21,7	2:26:17.150	13:10:49.160
134	IGOR RESENDE Arouca BTT Team	9	19:02.261	22,1	2:45:19.411	13:29:51.421
137	BRUNO ALBERTO TEIXEIRA SALGADO BTT RIBA DE AVE	1	22:00.477	19,1	22:00.477	11:06:32.487
137	BRUNO ALBERTO TEIXEIRA SALGADO BTT RIBA DE AVE	2	23:17.101	18	45:17.578	11:29:49.588
137	BRUNO ALBERTO TEIXEIRA SALGADO BTT RIBA DE AVE	3	23:46.392	17,7	1:09:03.970	11:53:35.980
137	BRUNO ALBERTO TEIXEIRA SALGADO BTT RIBA DE AVE	4	23:34.724	17,8	1:32:38.694	12:17:10.704
137	BRUNO ALBERTO TEIXEIRA SALGADO BTT RIBA DE AVE	5	23:52.797	17,6	1:56:31.491	12:41:03.501
137	BRUNO ALBERTO TEIXEIRA SALGADO BTT RIBA DE AVE	6	24:13.901	17,3	2:20:45.392	13:05:17.402
139	JOSE CARLOS COELHO MOREIRA tirso bikers	1	19:40.442	21,3	19:40.442	11:04:12.452
139	JOSE CARLOS COELHO MOREIRA tirso bikers	2	18:31.686	22,7	38:12.128	11:22:44.138
139	JOSE CARLOS COELHO MOREIRA tirso bikers	3	18:36.911	22,6	56:49.039	11:41:21.049
139	JOSE CARLOS COELHO MOREIRA tirso bikers	4	18:58.249	22,1	1:15:47.288	12:00:19.298
139	JOSE CARLOS COELHO MOREIRA tirso bikers	5	19:03.914	22	1:34:51.202	12:19:23.212
139	JOSE CARLOS COELHO MOREIRA tirso bikers	6	20:15.457	20,7	1:55:06.659	12:39:38.669
139	JOSE CARLOS COELHO MOREIRA tirso bikers	7	20:07.537	20,9	2:15:14.196	12:59:46.206
139	JOSE CARLOS COELHO MOREIRA tirso bikers	8	20:58.115	20	2:36:12.311	13:20:44.321
139	JOSE CARLOS COELHO MOREIRA tirso bikers	9	19:27.431	21,6	2:55:39.742	13:40:11.752
140	CESAR FONTE Radio Popular/Boavista	1	20:42.780	20,3	20:42.780	11:05:14.790
140	CESAR FONTE Radio Popular/Boavista	2	15:55.003	26,4	36:37.783	11:21:09.793
140	CESAR FONTE Radio Popular/Boavista	3	15:56.275	26,4	52:34.058	11:37:06.068
140	CESAR FONTE Radio Popular/Boavista	4	15:54.760	26,4	1:08:28.818	11:53:00.828
140	CESAR FONTE Radio Popular/Boavista	5	16:06.537	26,1	1:24:35.355	12:09:07.365
140	CESAR FONTE Radio Popular/Boavista	6	16:11.668	25,9	1:40:47.023	12:25:19.033
140	CESAR FONTE Radio Popular/Boavista	7	16:36.967	25,3	1:57:23.990	12:41:56.000
140	CESAR FONTE Radio Popular/Boavista	8	17:18.284	24,3	2:14:42.274	12:59:14.284
140	CESAR FONTE Radio Popular/Boavista	9	17:58.355	23,4	2:32:40.629	13:17:12.639
140	CESAR FONTE Radio Popular/Boavista	10	21:30.895	19,5	2:54:11.524	13:38:43.534
141	PAULO FERNANDES Bikes & Friends	1	23:41.442	17,7	23:41.442	11:08:13.452
141	PAULO FERNANDES Bikes & Friends	2	23:10.026	18,1	46:51.468	11:31:23.478
141	PAULO FERNANDES Bikes & Friends	3	23:25.737	17,9	1:10:17.205	11:54:49.215
141	PAULO FERNANDES Bikes & Friends	4	24:08.627	17,4	1:34:25.832	12:18:57.842
141	PAULO FERNANDES Bikes & Friends	5	26:24.492	15,9	2:00:50.324	12:45:22.334
141	PAULO FERNANDES Bikes & Friends	6	25:26.215	16,5	2:26:16.539	13:10:48.549
141	PAULO FERNANDES Bikes & Friends	7	26:11.709	16	2:52:28.248	13:37:00.258
142	JOÃO RICARDO CARDOSO BENTO JUM/Sanitop/KTM	1	16:26.983	25,5	16:26.983	11:00:58.993
142	JOÃO RICARDO CARDOSO BENTO JUM/Sanitop/KTM	2	16:59.941	24,7	33:26.924	11:17:58.934
142	JOÃO RICARDO CARDOSO BENTO JUM/Sanitop/KTM	3	17:02.537	24,6	50:29.461	11:35:01.471
142	JOÃO RICARDO CARDOSO BENTO JUM/Sanitop/KTM	4	17:22.105	24,2	1:07:51.566	11:52:23.576
142	JOÃO RICARDO CARDOSO BENTO JUM/Sanitop/KTM	5	19:12.135	21,9	1:27:03.701	12:11:35.711
143	PAULO JOAQUIM SILVA FERREIRA Firstbike Focus Team	1	18:45.250	22,4	18:45.250	11:03:17.260
143	PAULO JOAQUIM SILVA FERREIRA Firstbike Focus Team	2	18:11.613	23,1	36:56.863	11:21:28.873
143	PAULO JOAQUIM SILVA FERREIRA Firstbike Focus Team	3	18:18.722	22,9	55:15.585	11:39:47.595
143	PAULO JOAQUIM SILVA FERREIRA Firstbike Focus Team	4	18:30.813	22,7	1:13:46.398	11:58:18.408
143	PAULO JOAQUIM SILVA FERREIRA Firstbike Focus Team	5	18:43.897	22,4	1:32:30.295	12:17:02.305
143	PAULO JOAQUIM SILVA FERREIRA Firstbike Focus Team	6	20:29.203	20,5	1:52:59.498	12:37:31.508
143	PAULO JOAQUIM SILVA FERREIRA Firstbike Focus Team	7	19:47.371	21,2	2:12:46.869	12:57:18.879
143	PAULO JOAQUIM SILVA FERREIRA Firstbike Focus Team	8	19:42.287	21,3	2:32:29.156	13:17:01.166
143	PAULO JOAQUIM SILVA FERREIRA Firstbike Focus Team	9	20:35.338	20,4	2:53:04.494	13:37:36.504
144	EDGAR RESENDE ESCOLA CICLISMO BRUNO NEVES	1	17:04.034	24,6	17:04.034	11:01:36.044
144	EDGAR RESENDE ESCOLA CICLISMO BRUNO NEVES	2	17:26.877	24,1	34:30.911	11:19:02.921
144	EDGAR RESENDE ESCOLA CICLISMO BRUNO NEVES	3	17:29.408	24	52:00.319	11:36:32.329
144	EDGAR RESENDE ESCOLA CICLISMO BRUNO NEVES	4	17:43.374	23,7	1:09:43.693	11:54:15.703
144	EDGAR RESENDE ESCOLA CICLISMO BRUNO NEVES	5	17:40.039	23,8	1:27:23.732	12:11:55.742
144	EDGAR RESENDE ESCOLA CICLISMO BRUNO NEVES	6	18:35.228	22,6	1:45:58.960	12:30:30.970
146	AARON TACHIIWA YAMAOKA NAST/MOTOCAR/SERVIGAS	1	20:15.114	20,7	20:15.114	11:04:47.124
146	AARON TACHIIWA YAMAOKA NAST/MOTOCAR/SERVIGAS	2	19:09.603	21,9	39:24.717	11:23:56.727
146	AARON TACHIIWA YAMAOKA NAST/MOTOCAR/SERVIGAS	3	20:12.439	20,8	59:37.156	11:44:09.166
146	AARON TACHIIWA YAMAOKA NAST/MOTOCAR/SERVIGAS	4	20:15.413	20,7	1:19:52.569	12:04:24.579
146	AARON TACHIIWA YAMAOKA NAST/MOTOCAR/SERVIGAS	5	20:09.943	20,8	1:40:02.512	12:24:34.522
146	AARON TACHIIWA YAMAOKA NAST/MOTOCAR/SERVIGAS	6	20:52.198	20,1	2:00:54.710	12:45:26.720
146	AARON TACHIIWA YAMAOKA NAST/MOTOCAR/SERVIGAS	7	20:47.307	20,2	2:21:42.017	13:06:14.027
146	AARON TACHIIWA YAMAOKA NAST/MOTOCAR/SERVIGAS	8	21:47.260	19,3	2:43:29.277	13:28:01.287
147	SILVO GOUVEIA cavado bike team	1	19:19.099	21,7	19:19.099	11:03:51.109
147	SILVO GOUVEIA cavado bike team	2	19:00.419	22,1	38:19.518	11:22:51.528
147	SILVO GOUVEIA cavado bike team	3	20:58.911	20	59:18.429	11:43:50.439
147	SILVO GOUVEIA cavado bike team	4	21:41.567	19,4	1:20:59.996	12:05:32.006



147	SILVO GOUVEIA cavado bike team	5	24:03.913	17,5	1:45:03.909	12:29:35.919
147	SILVO GOUVEIA cavado bike team	6	24:47.779	16,9	2:09:51.688	12:54:23.698
147	SILVO GOUVEIA cavado bike team	7	27:11.780	15,4	2:37:03.468	13:21:35.478
148	JOAQUIM SANTOS ASC\Focus Team	1	18:59.885	22,1	18:59.885	11:03:31.895
148	JOAQUIM SANTOS ASC\Focus Team	2	18:06.560	23,2	37:06.445	11:21:38.455
148	JOAQUIM SANTOS ASC\Focus Team	3	18:39.566	22,5	55:46.011	11:40:18.021
148	JOAQUIM SANTOS ASC\Focus Team	4	18:35.899	22,6	1:14:21.910	11:58:53.920
148	JOAQUIM SANTOS ASC\Focus Team	5	19:03.261	22	1:33:25.171	12:17:57.181
148	JOAQUIM SANTOS ASC\Focus Team	6	19:47.339	21,2	1:53:12.510	12:37:44.520
148	JOAQUIM SANTOS ASC\Focus Team	7	19:51.483	21,2	2:13:03.993	12:57:36.003
148	JOAQUIM SANTOS ASC\Focus Team	8	20:43.051	20,3	2:33:47.044	13:18:19.054
148	JOAQUIM SANTOS ASC\Focus Team	9	21:16.344	19,7	2:55:03.388	13:39:35.398
149	PAULO JORGE GONÇALVES Batotas ADN Bike	1	16:13.378	25,9	16:13.378	11:00:45.388
149	PAULO JORGE GONÇALVES Batotas ADN Bike	2	17:11.048	24,4	33:24.426	11:17:56.436
149	PAULO JORGE GONÇALVES Batotas ADN Bike	3	17:04.169	24,6	50:28.595	11:35:00.605
149	PAULO JORGE GONÇALVES Batotas ADN Bike	4	16:53.979	24,9	1:07:22.574	11:51:54.584
149	PAULO JORGE GONÇALVES Batotas ADN Bike	5	16:59.517	24,7	1:24:22.091	12:08:54.101
149	PAULO JORGE GONÇALVES Batotas ADN Bike	6	17:24.629	24,1	1:41:46.720	12:26:18.730
149	PAULO JORGE GONÇALVES Batotas ADN Bike	7	17:31.078	24	1:59:17.798	12:43:49.808
149	PAULO JORGE GONÇALVES Batotas ADN Bike	8	18:21.955	22,9	2:17:39.753	13:02:11.763
149	PAULO JORGE GONÇALVES Batotas ADN Bike	9	19:17.426	21,8	2:36:57.179	13:21:29.189
149	PAULO JORGE GONÇALVES Batotas ADN Bike	10	19:29.613	21,5	2:56:26.792	13:40:58.802
150	CARLOS MANUEL PEREIRA BaToTas/Ponte de Lima	1	18:39.386	22,5	18:39.386	11:03:11.396
150	CARLOS MANUEL PEREIRA BaToTas/Ponte de Lima	2	19:06.013	22	37:45.399	11:22:17.409
150	CARLOS MANUEL PEREIRA BaToTas/Ponte de Lima	3	19:13.583	21,8	56:58.982	11:41:30.992
150	CARLOS MANUEL PEREIRA BaToTas/Ponte de Lima	4	20:19.002	20,7	1:17:17.984	12:01:49.994
150	CARLOS MANUEL PEREIRA BaToTas/Ponte de Lima	5	21:49.454	19,2	1:39:07.438	12:23:39.448
150	CARLOS MANUEL PEREIRA BaToTas/Ponte de Lima	6	21:58.172	19,1	2:01:05.610	12:45:37.620
150	CARLOS MANUEL PEREIRA BaToTas/Ponte de Lima	7	22:38.602	18,5	2:23:44.212	13:08:16.222
150	CARLOS MANUEL PEREIRA BaToTas/Ponte de Lima	8	22:45.980	18,4	2:46:30.192	13:31:02.202
152	RENATO FERREIRA SAERTEX PORTUGAL EDAETECH	1	15:38.314	26,9	15:38.314	11:00:10.324
152	RENATO FERREIRA SAERTEX PORTUGAL EDAETECH	2	15:51.549	26,5	31:29.863	11:16:01.873
152	RENATO FERREIRA SAERTEX PORTUGAL EDAETECH	3	16:23.099	25,6	47:52.962	11:32:24.972
152	RENATO FERREIRA SAERTEX PORTUGAL EDAETECH	4	16:28.171	25,5	1:04:21.133	11:48:53.143
152	RENATO FERREIRA SAERTEX PORTUGAL EDAETECH	5	17:28.508	24	1:21:49.641	12:06:21.651
152	RENATO FERREIRA SAERTEX PORTUGAL EDAETECH	6	16:28.086	25,5	1:38:17.727	12:22:49.737
152	RENATO FERREIRA SAERTEX PORTUGAL EDAETECH	7	17:04.428	24,6	1:55:22.155	12:39:54.165
152	RENATO FERREIRA SAERTEX PORTUGAL EDAETECH	8	17:45.380	23,7	2:13:07.535	12:57:39.545
152	RENATO FERREIRA SAERTEX PORTUGAL EDAETECH	9	18:11.031	23,1	2:31:18.566	13:15:50.576
152	RENATO FERREIRA SAERTEX PORTUGAL EDAETECH	10	17:35.068	23,9	2:48:53.634	13:33:25.644
153	JORGE RODRIGUES BTT Torcatense / Casa Myzé / Quer	1	19:14.618	21,8	19:14.618	11:03:46.628
153	JORGE RODRIGUES BTT Torcatense / Casa Myzé / Quer	2	19:22.737	21,7	38:37.355	11:23:09.365
153	JORGE RODRIGUES BTT Torcatense / Casa Myzé / Quer	3	19:57.898	21	58:35.253	11:43:07.263
153	JORGE RODRIGUES BTT Torcatense / Casa Myzé / Quer	4	19:58.526	21	1:18:33.779	12:03:05.789
153	JORGE RODRIGUES BTT Torcatense / Casa Myzé / Quer	5	20:53.572	20,1	1:39:27.351	12:23:59.361
153	JORGE RODRIGUES BTT Torcatense / Casa Myzé / Quer	6	21:24.592	19,6	2:00:51.943	12:45:23.953
153	JORGE RODRIGUES BTT Torcatense / Casa Myzé / Quer	7	21:24.161	19,6	2:22:16.104	13:06:48.114
153	JORGE RODRIGUES BTT Torcatense / Casa Myzé / Quer	8	21:55.905	19,2	2:44:12.009	13:28:44.019
155	JOÃO LOPES BASTOBIKE	1	16:49.496	25	16:49.496	11:01:21.506
155	JOÃO LOPES BASTOBIKE	2	16:52.606	24,9	33:42.102	11:18:14.112
155	JOÃO LOPES BASTOBIKE	3	17:07.993	24,5	50:50.095	11:35:22.105
155	JOÃO LOPES BASTOBIKE	4	16:55.636	24,8	1:07:45.731	11:52:17.741
155	JOÃO LOPES BASTOBIKE	5	17:08.461	24,5	1:24:54.192	12:09:26.202
155	JOÃO LOPES BASTOBIKE	6	17:28.395	24	1:42:22.587	12:26:54.597
155	JOÃO LOPES BASTOBIKE	7	17:57.237	23,4	2:00:19.824	12:44:51.834
155	JOÃO LOPES BASTOBIKE	8	18:14.272	23	2:18:34.096	13:03:06.106
155	JOÃO LOPES BASTOBIKE	9	17:58.708	23,4	2:36:32.804	13:21:04.814
155	JOÃO LOPES BASTOBIKE	10	18:43.179	22,4	2:55:15.983	13:39:47.993
157	ALEJANDRO MAGALLANES FERNÁNDEZ Vigo Master Club	1	15:36.955	26,9	15:36.955	11:00:08.965
157	ALEJANDRO MAGALLANES FERNÁNDEZ Vigo Master Club	2	15:50.936	26,5	31:27.891	11:15:59.901
157	ALEJANDRO MAGALLANES FERNÁNDEZ Vigo Master Club	3	16:27.163	25,5	47:55.054	11:32:27.064
157	ALEJANDRO MAGALLANES FERNÁNDEZ Vigo Master Club	4	16:25.092	25,6	1:04:20.146	11:48:52.156
157	ALEJANDRO MAGALLANES FERNÁNDEZ Vigo Master Club	5	17:33.068	23,9	1:21:53.214	12:06:25.224
157	ALEJANDRO MAGALLANES FERNÁNDEZ Vigo Master Club	6	16:21.207	25,7	1:38:14.421	12:22:46.431
157	ALEJANDRO MAGALLANES FERNÁNDEZ Vigo Master Club	7	17:07.113	24,5	1:55:21.534	12:39:53.544
157	ALEJANDRO MAGALLANES FERNÁNDEZ Vigo Master Club	8	17:50.214	23,5	2:13:11.748	12:57:43.758
157	ALEJANDRO MAGALLANES FERNÁNDEZ Vigo Master Club	9	18:10.076	23,1	2:31:21.824	13:15:53.834
157	ALEJANDRO MAGALLANES FERNÁNDEZ Vigo Master Club	10	17:31.428	24	2:48:53.252	13:33:25.262
158	JOANA BARBOSA BMC/SRAM/PÓVOA DE VARZIM	1	19:31.274	21,5	19:31.274	11:04:03.284
158	JOANA BARBOSA BMC/SRAM/PÓVOA DE VARZIM	2	19:37.626	21,4	39:08.900	11:23:40.910
158	JOANA BARBOSA BMC/SRAM/PÓVOA DE VARZIM	3	19:52.373	21,1	59:01.273	11:43:33.283
158	JOANA BARBOSA BMC/SRAM/PÓVOA DE VARZIM	4	26:29.469	15,9	1:25:30.742	12:10:02.752
159	ANA RITA BARROSO MIRANDA DO VALE BaToTas/Ponte de Lima	1	17:58.661	23,4	17:58.661	11:02:30.671
159	ANA RITA BARROSO MIRANDA DO VALE BaToTas/Ponte de Lima	2	18:31.178	22,7	36:29.839	11:21:01.849
159	ANA RITA BARROSO MIRANDA DO VALE BaToTas/Ponte de Lima	3	19:16.668	21,8	55:46.507	11:40:18.517
159	ANA RITA BARROSO MIRANDA DO VALE BaToTas/Ponte de Lima	4	19:35.180	21,4	1:15:21.687	11:59:53.697
159	ANA RITA BARROSO MIRANDA DO VALE BaToTas/Ponte de Lima	5	20:06.271	20,9	1:35:27.958	12:19:59.968
159	ANA RITA BARROSO MIRANDA DO VALE BaToTas/Ponte de Lima	6	20:29.943	20,5	1:55:57.901	12:40:29.911
159	ANA RITA BARROSO MIRANDA DO VALE BaToTas/Ponte de Lima	7	21:13.737	19,8	2:17:11.638	13:01:43.648
159	ANA RITA BARROSO MIRANDA DO VALE BaToTas/Ponte de Lima	8	21:03.467	19,9	2:38:15.105	13:22:47.115
159	ANA RITA BARROSO MIRANDA DO VALE BaToTas/Ponte de Lima	9	21:08.122	19,9	2:59:23.227	13:43:55.237
160	PAULO CEPA BATOTAS/PONTE DE LIMA	1	15:54.201	26,4	15:54.201	11:00:26.211
160	PAULO CEPA BATOTAS/PONTE DE LIMA	2	17:24.520	24,1	33:18.721	11:17:50.731
160	PAULO CEPA BATOTAS/PONTE DE LIMA	3	17:06.707	24,5	50:25.428	11:34:57.438
160	PAULO CEPA BATOTAS/PONTE DE LIMA	4	16:54.597	24,8	1:07:20.025	11:51:52.035
160	PAULO CEPA BATOTAS/PONTE DE LIMA	5	16:52.360	24,9	1:24:12.385	12:08:44.395
160	PAULO CEPA BATOTAS/PONTE DE LIMA	6	16:51.403	24,9	1:41:03.788	12:25:35.798
160	PAULO CEPA BATOTAS/PONTE DE LIMA	7	17:44.667	23,7	1:58:48.455	12:43:20.465
160	PAULO CEPA BATOTAS/PONTE DE LIMA	8	17:15.600	24,3	2:16:04.055	13:00:36.065
160	PAULO CEPA BATOTAS/PONTE DE LIMA	9	22:09.009	19	2:38:13.064	13:22:45.074
160	PAULO CEPA BATOTAS/PONTE DE LIMA	10	21:37.774	19,4	2:59:50.838	13:44:22.848
162	JOAQUIM ANDRÉ FREITAS RIBEIRO MouquiBikeTeam/Afacycles	1	22:18.368	18,8	22:18.368	11:06:50.378
162	JOAQUIM ANDRÉ FREITAS RIBEIRO MouquiBikeTeam/Afacycles	2	21:48.606	19,3	44:06.974	11:28:38.984
162	JOAQUIM ANDRÉ FREITAS RIBEIRO MouquiBikeTeam/Afacycles	3	24:49.176	16,9	1:08:56.150	11:53:28.160
162	JOAQUIM ANDRÉ FREITAS RIBEIRO MouquiBikeTeam/Afacycles	4	21:58.894	19,1	1:30:55.044	12:15:27.054
162	JOAQUIM ANDRÉ FREITAS RIBEIRO MouquiBikeTeam/Afacycles	5	25:37.859	16,4	1:56:32.903	12:41:04.913
163	CARLA SEICEIRA GAVIÕES BTT	1	24:42.467	17	24:42.467	11:09:14.477
163	CARLA SEICEIRA GAVIÕES BTT	2	24:16.509	17,3	48:58.976	11:33:30.986
163	CARLA SEICEIRA GAVIÕES BTT	3	24:51.297	16,9	1:13:50.273	11:58:22.283
163	CARLA SEICEIRA GAVIÕES BTT	4	25:40.530	16,4	1:39:30.803	12:24:02.813
163	CARLA SEICEIRA GAVIÕES BTT	5	27:26.642	15,3	2:06:57.445	12:51:29.455
163	CARLA SEICEIRA GAVIÕES BTT	6	27:59.994	15	2:34:57.439	13:19:29.449
164	JOSÉ COSTA GAVIÕES BTT	1	24:59.904	16,8	24:59.904	11:09:31.914
164	JOSÉ COSTA GAVIÕES BTT	2	25:31.882	16,5	50:31.786	11:35:03.796
164	JOSÉ COSTA GAVIÕES BTT	3	25:58.369	16,2	1:16:30.155	12:01:02.165
164	JOSÉ COSTA GAVIÕES BTT	4	27:36.681	15,2	1:44:06.836	12:28:38.846
164	JOSÉ COSTA GAVIÕES BTT	5	28:47.890	14,6	2:12:54.726	12:57:26.736
164	JOSÉ COSTA GAVIÕES BTT	6	29:32.399	14,2	2:42:27.125	13:26:59.135
165	ANTONIO OLIVEIRA RIO AVENTURA	1	17:11.723	24,4	17:11.723	11:01:43.733
165	ANTONIO OLIVEIRA RIO AVENTURA	2	17:27.684	24,1	34:39.407	11:19:11.417
165	ANTONIO OLIVEIRA RIO AVENTURA	3	17:34.647	23,9	52:14.054	11:36:46.064



165	ANTONIO OLIVEIRA RIO AVENTURA	4	17:48.591	23,6	1:10:02.645	11:54:34.655
165	ANTONIO OLIVEIRA RIO AVENTURA	5	18:29.073	22,7	1:28:31.718	12:13:03.728
165	ANTONIO OLIVEIRA RIO AVENTURA	6	18:37.643	22,5	1:47:09.361	12:31:41.371
165	ANTONIO OLIVEIRA RIO AVENTURA	7	18:35.828	22,6	2:05:45.189	12:50:17.199
165	ANTONIO OLIVEIRA RIO AVENTURA	8	18:51.646	22,3	2:24:36.835	13:09:08.845
165	ANTONIO OLIVEIRA RIO AVENTURA	9	20:03.416	20,9	2:44:40.251	13:29:12.261
167	JOSÉ FALCÃO RODRIGUES Individual	1	37:07.233	11,3	37:07.233	11:21:39.243
168	JOÃO SILVA Individual	1	17:10.987	24,4	17:10.987	11:01:42.997
168	JOÃO SILVA Individual	2	17:07.428	24,5	34:18.415	11:18:50.425
168	JOÃO SILVA Individual	3	16:59.695	24,7	51:18.110	11:35:50.120
168	JOÃO SILVA Individual	4	17:09.093	24,5	1:08:27.203	11:52:59.213
168	JOÃO SILVA Individual	5	18:12.445	23,1	1:26:39.648	12:11:11.658
168	JOÃO SILVA Individual	6	19:30.757	21,5	1:46:10.405	12:30:42.415
168	JOÃO SILVA Individual	7	20:16.369	20,7	2:06:26.774	12:50:58.784
168	JOÃO SILVA Individual	8	19:49.876	21,2	2:26:16.650	13:10:48.660
168	JOÃO SILVA Individual	9	19:14.535	21,8	2:45:31.185	13:30:03.195
170	BRUNO CARRAL OTERO Corremontes	1	25:04.551	16,7	25:04.551	11:09:36.561
170	BRUNO CARRAL OTERO Corremontes	2	27:37.616	15,2	52:42.167	11:37:14.177
170	BRUNO CARRAL OTERO Corremontes	3	29:41.240	14,1	1:22:23.407	12:06:55.417
170	BRUNO CARRAL OTERO Corremontes	4	32:48.422	12,8	1:55:11.829	12:39:43.839
170	BRUNO CARRAL OTERO Corremontes	5	32:43.033	12,8	2:27:54.862	13:12:26.872
171	ANA TOMÁS BTT Seia	1	19:33.691	21,5	19:33.691	11:04:05.701
171	ANA TOMÁS BTT Seia	2	19:48.709	21,2	39:22.400	11:23:54.410
171	ANA TOMÁS BTT Seia	3	19:30.242	21,5	58:52.642	11:43:24.652
171	ANA TOMÁS BTT Seia	4	19:42.975	21,3	1:18:35.617	12:03:07.627
171	ANA TOMÁS BTT Seia	5	21:06.527	19,9	1:39:42.144	12:24:14.154
171	ANA TOMÁS BTT Seia	6	21:56.009	19,1	2:01:38.153	12:46:10.163
171	ANA TOMÁS BTT Seia	7	22:28.056	18,7	2:24:06.209	13:08:38.219
171	ANA TOMÁS BTT Seia	8	23:09.306	18,1	2:47:15.515	13:31:47.525
172	JOSÉ MANUEL MARTINS RIBEIRO ASC/Focus Team	1	18:34.326	22,6	18:34.326	11:03:06.336
172	JOSÉ MANUEL MARTINS RIBEIRO ASC/Focus Team	2	18:26.297	22,8	37:00.623	11:21:32.633
172	JOSÉ MANUEL MARTINS RIBEIRO ASC/Focus Team	3	18:44.982	22,4	55:45.605	11:40:17.615
172	JOSÉ MANUEL MARTINS RIBEIRO ASC/Focus Team	4	19:59.848	21	1:15:45.453	12:00:17.463
172	JOSÉ MANUEL MARTINS RIBEIRO ASC/Focus Team	5	21:16.024	19,7	1:37:01.477	12:21:33.487
172	JOSÉ MANUEL MARTINS RIBEIRO ASC/Focus Team	6	20:46.163	20,2	1:57:47.640	12:42:19.650
172	JOSÉ MANUEL MARTINS RIBEIRO ASC/Focus Team	7	21:03.698	19,9	2:18:51.338	13:03:23.348
172	JOSÉ MANUEL MARTINS RIBEIRO ASC/Focus Team	8	21:16.284	19,7	2:40:07.622	13:24:39.632
175	BRUNO MIGUEL SILVA COSTA UCVNF / Famabike / Soniturismo Bike Team	1	18:26.173	22,8	18:26.173	11:02:58.183
175	BRUNO MIGUEL SILVA COSTA UCVNF / Famabike / Soniturismo Bike Team	2	17:44.030	23,7	36:10.203	11:20:42.213
175	BRUNO MIGUEL SILVA COSTA UCVNF / Famabike / Soniturismo Bike Team	3	18:26.956	22,8	54:37.159	11:39:09.169
175	BRUNO MIGUEL SILVA COSTA UCVNF / Famabike / Soniturismo Bike Team	4	18:43.621	22,4	1:13:20.780	11:57:52.790
175	BRUNO MIGUEL SILVA COSTA UCVNF / Famabike / Soniturismo Bike Team	5	18:30.765	22,7	1:31:51.545	12:16:23.555
175	BRUNO MIGUEL SILVA COSTA UCVNF / Famabike / Soniturismo Bike Team	6	19:02.842	22,1	1:50:54.387	12:35:26.397
175	BRUNO MIGUEL SILVA COSTA UCVNF / Famabike / Soniturismo Bike Team	7	19:47.591	21,2	2:10:41.978	12:55:13.988
175	BRUNO MIGUEL SILVA COSTA UCVNF / Famabike / Soniturismo Bike Team	8	20:33.333	20,4	2:31:15.311	13:15:47.321
175	BRUNO MIGUEL SILVA COSTA UCVNF / Famabike / Soniturismo Bike Team	9	19:19.966	21,7	2:50:35.277	13:35:07.287
176	CARLOS ROCHA SAERTEX PORTUGAL EDAETECH	1	15:37.625	26,9	15:37.625	11:00:09.635
176	CARLOS ROCHA SAERTEX PORTUGAL EDAETECH	2	15:53.685	26,4	31:31.310	11:16:03.320
176	CARLOS ROCHA SAERTEX PORTUGAL EDAETECH	3	16:22.587	25,6	47:53.897	11:32:25.907
176	CARLOS ROCHA SAERTEX PORTUGAL EDAETECH	4	16:27.749	25,5	1:04:21.646	11:48:53.656
176	CARLOS ROCHA SAERTEX PORTUGAL EDAETECH	5	17:26.236	24,1	1:21:47.882	12:06:19.892
176	CARLOS ROCHA SAERTEX PORTUGAL EDAETECH	6	16:26.556	25,5	1:38:14.438	12:22:46.448
176	CARLOS ROCHA SAERTEX PORTUGAL EDAETECH	7	17:06.470	24,6	1:55:20.908	12:39:52.918
176	CARLOS ROCHA SAERTEX PORTUGAL EDAETECH	8	17:49.306	23,6	2:13:10.214	12:57:42.224
176	CARLOS ROCHA SAERTEX PORTUGAL EDAETECH	9	18:10.230	23,1	2:31:20.444	13:15:52.454
176	CARLOS ROCHA SAERTEX PORTUGAL EDAETECH	10	17:38.618	23,8	2:48:59.062	13:33:31.072
177	CARLOS PEDRO BRITO FERNANDES ARAÚJO BTT Matosinhos	1	17:33.274	23,9	17:33.274	11:02:05.284
177	CARLOS PEDRO BRITO FERNANDES ARAÚJO BTT Matosinhos	2	16:58.197	24,7	34:31.471	11:19:03.481
177	CARLOS PEDRO BRITO FERNANDES ARAÚJO BTT Matosinhos	3	17:14.876	24,4	51:46.347	11:36:18.357
177	CARLOS PEDRO BRITO FERNANDES ARAÚJO BTT Matosinhos	4	17:23.686	24,1	1:09:10.033	11:53:42.043
177	CARLOS PEDRO BRITO FERNANDES ARAÚJO BTT Matosinhos	5	18:16.195	23	1:27:26.228	12:11:58.238
177	CARLOS PEDRO BRITO FERNANDES ARAÚJO BTT Matosinhos	6	21:00.273	20	1:48:26.501	12:32:58.511
177	CARLOS PEDRO BRITO FERNANDES ARAÚJO BTT Matosinhos	7	22:16.057	18,9	2:10:42.558	12:55:14.568
177	CARLOS PEDRO BRITO FERNANDES ARAÚJO BTT Matosinhos	8	23:02.534	18,2	2:33:45.092	13:18:17.102
177	CARLOS PEDRO BRITO FERNANDES ARAÚJO BTT Matosinhos	9	25:05.923	16,7	2:58:51.015	13:43:23.025
178	FERNANDO DE OLIVEIRA COSTA moveis europa	1	24:30.927	17,1	24:30.927	11:09:02.937
178	FERNANDO DE OLIVEIRA COSTA moveis europa	2	58:31.214	7,2	1:23:02.141	12:07:34.151
179	RICARDO MENDES NAST/MOTOCAR/SERVIGAS	1	20:12.638	20,8	20:12.638	11:04:44.648
179	RICARDO MENDES NAST/MOTOCAR/SERVIGAS	2	19:36.676	21,4	39:49.314	11:24:21.324
179	RICARDO MENDES NAST/MOTOCAR/SERVIGAS	3	19:48.251	21,2	59:37.565	11:44:09.575
179	RICARDO MENDES NAST/MOTOCAR/SERVIGAS	4	20:15.391	20,7	1:19:52.956	12:04:24.966
179	RICARDO MENDES NAST/MOTOCAR/SERVIGAS	5	21:03.090	20	1:40:56.046	12:25:28.056
179	RICARDO MENDES NAST/MOTOCAR/SERVIGAS	6	22:54.557	18,3	2:03:50.603	12:48:22.613
179	RICARDO MENDES NAST/MOTOCAR/SERVIGAS	7	22:42.050	18,5	2:26:32.653	13:11:04.663
179	RICARDO MENDES NAST/MOTOCAR/SERVIGAS	8	22:49.756	18,4	2:49:22.409	13:33:54.419
181	JOÃO BARBOSA NAST/MOTOCAR/SERVIGÁS	1	19:12.263	21,9	19:12.263	11:03:44.273
181	JOÃO BARBOSA NAST/MOTOCAR/SERVIGÁS	2	17:37.221	23,8	36:49.484	11:21:21.494
181	JOÃO BARBOSA NAST/MOTOCAR/SERVIGÁS	3	18:06.889	23,2	54:56.373	11:39:28.383
181	JOÃO BARBOSA NAST/MOTOCAR/SERVIGÁS	4	18:01.098	23,3	1:12:57.471	11:57:29.481
181	JOÃO BARBOSA NAST/MOTOCAR/SERVIGÁS	5	18:53.231	22,2	1:31:50.702	12:16:22.712
181	JOÃO BARBOSA NAST/MOTOCAR/SERVIGÁS	6	18:47.668	22,3	1:50:38.370	12:35:10.380
181	JOÃO BARBOSA NAST/MOTOCAR/SERVIGÁS	7	18:33.304	22,6	2:09:11.674	12:53:43.684
181	JOÃO BARBOSA NAST/MOTOCAR/SERVIGÁS	8	19:53.397	21,1	2:29:05.071	13:13:37.081
181	JOÃO BARBOSA NAST/MOTOCAR/SERVIGÁS	9	20:40.213	20,3	2:49:45.284	13:34:17.294
182	PEDRO PINTO NAST/MOTOCAR/SERVIGÁS	1	17:32.944	23,9	17:32.944	11:02:04.954
182	PEDRO PINTO NAST/MOTOCAR/SERVIGÁS	2	17:23.468	24,2	34:56.412	11:19:28.422
182	PEDRO PINTO NAST/MOTOCAR/SERVIGÁS	3	18:32.994	22,6	53:29.406	11:38:01.416
182	PEDRO PINTO NAST/MOTOCAR/SERVIGÁS	4	18:23.690	22,8	1:11:53.096	11:56:25.106
182	PEDRO PINTO NAST/MOTOCAR/SERVIGÁS	5	18:42.430	22,5	1:30:35.526	12:15:07.536
182	PEDRO PINTO NAST/MOTOCAR/SERVIGÁS	6	19:23.372	21,7	1:49:58.898	12:34:30.908
182	PEDRO PINTO NAST/MOTOCAR/SERVIGÁS	7	19:45.611	21,3	2:09:44.509	12:54:16.519
182	PEDRO PINTO NAST/MOTOCAR/SERVIGÁS	8	20:03.704	20,9	2:29:48.213	13:14:20.223
182	PEDRO PINTO NAST/MOTOCAR/SERVIGÁS	9	19:57.561	21	2:49:45.774	13:34:17.784
183	MANUEL PINTO NAST/MOTOCAR/SERVIGÁS	1	19:25.579	21,6	19:25.579	11:03:57.589
183	MANUEL PINTO NAST/MOTOCAR/SERVIGÁS	2	18:59.244	22,1	38:24.823	11:22:56.833
183	MANUEL PINTO NAST/MOTOCAR/SERVIGÁS	3	19:27.574	21,6	57:52.397	11:42:24.407
183	MANUEL PINTO NAST/MOTOCAR/SERVIGÁS	4	20:07.676	20,9	1:18:00.073	12:02:32.083
183	MANUEL PINTO NAST/MOTOCAR/SERVIGÁS	5	20:21.570	20,6	1:38:21.643	12:22:53.653
183	MANUEL PINTO NAST/MOTOCAR/SERVIGÁS	6	20:12.105	20,8	1:58:33.748	12:43:05.758
183	MANUEL PINTO NAST/MOTOCAR/SERVIGÁS	7	20:27.356	20,5	2:19:01.104	13:03:33.114
183	MANUEL PINTO NAST/MOTOCAR/SERVIGÁS	8	20:37.101	20,4	2:39:38.205	13:24:10.215
184	JOSE ROCHA Bravos da Montanha	1	28:52.459	14,5	28:52.459	11:13:24.469
184	JOSE ROCHA Bravos da Montanha	2	22:21.180	18,8	51:13.639	11:35:45.649
184	JOSE ROCHA Bravos da Montanha	3	22:27.255	18,7	1:13:40.894	11:58:12.904
184	JOSE ROCHA Bravos da Montanha	4	22:37.879	18,6	1:36:18.773	12:20:50.783
184	JOSE ROCHA Bravos da Montanha	5	22:32.959	18,6	1:58:51.732	12:43:23.742
184	JOSE ROCHA Bravos da Montanha	6	23:33.103	17,8	2:22:24.835	13:06:56.845
185	LUIS MARTINS NAST/MOTOCAR/SERVIGÁS	1	20:13.468	20,8	20:13.468	11:04:45.478
185	LUIS MARTINS NAST/MOTOCAR/SERVIGÁS	2	19:09.559	21,9	39:23.027	11:23:55.037
185	LUIS MARTINS NAST/MOTOCAR/SERVIGÁS	3	20:13.248	20,8	59:36.275	11:44:08.285
185	LUIS MARTINS NAST/MOTOCAR/SERVIGÁS	4	20:15.652	20,7	1:19:51.927	12:04:23.937



185	LUIS MARTINS NAST/MOTOCAR/SERVIGÁS	5	20:11.048	20,8	1:40:02.975	12:24:34.985
185	LUIS MARTINS NAST/MOTOCAR/SERVIGÁS	6	20:49.513	20,2	2:00:52.488	12:45:24.498
185	LUIS MARTINS NAST/MOTOCAR/SERVIGÁS	7	20:48.118	20,2	2:21:40.606	13:06:12.616
185	LUIS MARTINS NAST/MOTOCAR/SERVIGÁS	8	21:47.973	19,3	2:43:28.579	13:28:00.589
186	SERGIO REGO NAST/MOTOCAR/SERVIGÁS	1	16:24.313	25,6	16:24.313	11:00:56.323
186	SERGIO REGO NAST/MOTOCAR/SERVIGÁS	2	17:23.708	24,1	33:48.021	11:18:20.031
186	SERGIO REGO NAST/MOTOCAR/SERVIGÁS	3	17:20.586	24,2	51:08.607	11:35:40.617
186	SERGIO REGO NAST/MOTOCAR/SERVIGÁS	4	17:19.151	24,3	1:08:27.758	11:52:59.768
187	PEDRO COSTA NAST/MOTOCAR/SERVIGÁS	1	19:07.773	22	19:07.773	11:03:39.783
187	PEDRO COSTA NAST/MOTOCAR/SERVIGÁS	2	18:30.122	22,7	37:37.895	11:22:09.905
187	PEDRO COSTA NAST/MOTOCAR/SERVIGÁS	3	19:00.685	22,1	56:38.580	11:41:10.590
187	PEDRO COSTA NAST/MOTOCAR/SERVIGÁS	4	19:07.508	22	1:15:46.088	12:00:18.098
187	PEDRO COSTA NAST/MOTOCAR/SERVIGÁS	5	19:05.514	22	1:34:51.602	12:19:23.612
187	PEDRO COSTA NAST/MOTOCAR/SERVIGÁS	6	20:15.433	20,7	1:55:07.035	12:39:39.045
187	PEDRO COSTA NAST/MOTOCAR/SERVIGÁS	7	20:07.571	20,9	2:15:14.606	12:59:46.616
187	PEDRO COSTA NAST/MOTOCAR/SERVIGÁS	8	20:57.182	20	2:36:11.788	13:20:43.798
187	PEDRO COSTA NAST/MOTOCAR/SERVIGÁS	9	20:26.386	20,5	2:56:38.174	13:41:10.184
188	JORGE FERRO Rampinhas	1	20:21.688	20,6	20:21.688	11:04:53.698
188	JORGE FERRO Rampinhas	2	19:53.105	21,1	40:14.793	11:24:46.803
188	JORGE FERRO Rampinhas	3	20:44.773	20,2	1:00:59.566	11:45:31.576
188	JORGE FERRO Rampinhas	4	21:09.176	19,9	1:22:08.742	12:06:40.752
188	JORGE FERRO Rampinhas	5	24:08.987	17,4	1:46:17.729	12:30:49.739
188	JORGE FERRO Rampinhas	6	23:26.560	17,9	2:09:44.289	12:54:16.299
188	JORGE FERRO Rampinhas	7	22:45.360	18,5	2:32:29.649	13:17:01.659
188	JORGE FERRO Rampinhas	8	23:37.760	17,8	2:56:07.409	13:40:39.419
189	ANTÓNIO SILVA Delaesdental	1	24:30.245	17,1	24:30.245	11:09:02.255
189	ANTÓNIO SILVA Delaesdental	2	26:29.060	15,9	50:59.305	11:35:31.315
189	ANTÓNIO SILVA Delaesdental	3	26:12.487	16	1:17:11.792	12:01:43.802
189	ANTÓNIO SILVA Delaesdental	4	26:37.112	15,8	1:43:48.904	12:28:20.914
189	ANTÓNIO SILVA Delaesdental	5	25:47.296	16,3	2:09:36.200	12:54:08.210
189	ANTÓNIO SILVA Delaesdental	6	26:14.008	16	2:35:50.208	13:20:22.218
190	ARMANDO LUÍS FERREIRA DE MOURA individual	1	24:36.660	17,1	24:36.660	11:09:08.670
190	ARMANDO LUÍS FERREIRA DE MOURA individual	2	24:04.395	17,4	48:41.055	11:33:13.065
190	ARMANDO LUÍS FERREIRA DE MOURA individual	3	24:51.145	16,9	1:13:32.200	11:58:04.210
190	ARMANDO LUÍS FERREIRA DE MOURA individual	4	24:25.523	17,2	1:37:57.723	12:22:29.733
190	ARMANDO LUÍS FERREIRA DE MOURA individual	5	25:06.907	16,7	2:03:04.630	12:47:36.640
190	ARMANDO LUÍS FERREIRA DE MOURA individual	6	25:09.752	16,7	2:28:14.382	13:12:46.392
190	ARMANDO LUÍS FERREIRA DE MOURA individual	7	26:21.424	15,9	2:54:35.806	13:39:07.816
191	ANDRÉ PAULO COSTA GOMES Amigos da Montanha	1	21:44.503	19,3	21:44.503	11:06:16.513
191	ANDRÉ PAULO COSTA GOMES Amigos da Montanha	2	20:48.896	20,2	42:33.399	11:27:05.409
191	ANDRÉ PAULO COSTA GOMES Amigos da Montanha	3	20:59.902	20	1:03:33.301	11:48:05.311
191	ANDRÉ PAULO COSTA GOMES Amigos da Montanha	4	21:58.910	19,1	1:25:32.211	12:10:04.221
191	ANDRÉ PAULO COSTA GOMES Amigos da Montanha	5	20:35.730	20,4	1:46:07.941	12:30:39.951
191	ANDRÉ PAULO COSTA GOMES Amigos da Montanha	6	21:53.172	19,2	2:08:01.113	12:52:33.123
191	ANDRÉ PAULO COSTA GOMES Amigos da Montanha	7	22:40.141	18,5	2:30:41.254	13:15:13.264
191	ANDRÉ PAULO COSTA GOMES Amigos da Montanha	8	22:54.229	18,3	2:53:35.483	13:38:07.493
192	ILIDIO JOAQUIM CASA NOVA DUARTE Amigos da Montanha	1	25:06.520	16,7	25:06.520	11:09:38.530
192	ILIDIO JOAQUIM CASA NOVA DUARTE Amigos da Montanha	2	23:00.259	18,3	48:06.779	11:32:38.789
192	ILIDIO JOAQUIM CASA NOVA DUARTE Amigos da Montanha	3	22:39.739	18,5	1:10:46.518	11:55:18.528
192	ILIDIO JOAQUIM CASA NOVA DUARTE Amigos da Montanha	4	25:19.206	16,6	1:36:05.724	12:20:37.734
192	ILIDIO JOAQUIM CASA NOVA DUARTE Amigos da Montanha	5	24:14.704	17,3	2:00:20.428	12:44:52.438
192	ILIDIO JOAQUIM CASA NOVA DUARTE Amigos da Montanha	6	24:50.630	16,9	2:25:11.058	13:09:43.068
192	ILIDIO JOAQUIM CASA NOVA DUARTE Amigos da Montanha	7	26:41.371	15,7	2:51:52.429	13:36:24.439
197	FILIPE MACHADO SPAC/LIMABIKE	1	15:37.474	26,9	15:37.474	11:00:09.484
197	FILIPE MACHADO SPAC/LIMABIKE	2	15:54.597	26,4	31:32.071	11:16:04.081
197	FILIPE MACHADO SPAC/LIMABIKE	3	16:21.164	25,7	47:53.235	11:32:25.245
197	FILIPE MACHADO SPAC/LIMABIKE	4	16:27.171	25,5	1:04:20.406	11:48:52.416
197	FILIPE MACHADO SPAC/LIMABIKE	5	17:31.177	24	1:21:51.583	12:06:23.593
197	FILIPE MACHADO SPAC/LIMABIKE	6	16:25.815	25,6	1:38:17.398	12:22:49.408
197	FILIPE MACHADO SPAC/LIMABIKE	7	17:03.833	24,6	1:55:21.231	12:39:53.241
197	FILIPE MACHADO SPAC/LIMABIKE	8	17:48.080	23,6	2:13:09.311	12:57:41.321
197	FILIPE MACHADO SPAC/LIMABIKE	9	18:12.029	23,1	2:31:21.340	13:15:53.350
197	FILIPE MACHADO SPAC/LIMABIKE	10	18:04.644	23,2	2:49:25.984	13:33:57.994
198	ERNESTO MORAIS SPAC/LIMABIKE	1	17:37.413	23,8	17:37.413	11:02:09.423
198	ERNESTO MORAIS SPAC/LIMABIKE	2	18:33.483	22,6	36:10.896	11:20:42.906
198	ERNESTO MORAIS SPAC/LIMABIKE	3	18:47.722	22,3	54:58.618	11:39:30.628
198	ERNESTO MORAIS SPAC/LIMABIKE	4	19:40.248	21,4	1:14:38.866	11:59:10.876
198	ERNESTO MORAIS SPAC/LIMABIKE	5	19:55.790	21,1	1:34:34.656	12:19:06.666
198	ERNESTO MORAIS SPAC/LIMABIKE	6	20:07.519	20,9	1:54:42.175	12:39:14.185
198	ERNESTO MORAIS SPAC/LIMABIKE	7	19:45.876	21,3	2:14:28.051	12:59:00.061
198	ERNESTO MORAIS SPAC/LIMABIKE	8	20:33.417	20,4	2:35:01.468	13:19:33.478
198	ERNESTO MORAIS SPAC/LIMABIKE	9	20:09.144	20,8	2:55:10.612	13:39:42.622
199	TIAGO CASTRO SPAC/LIMABIKE	1	16:36.060	25,3	16:36.060	11:01:08.070
199	TIAGO CASTRO SPAC/LIMABIKE	2	17:11.879	24,4	33:47.939	11:18:19.949
199	TIAGO CASTRO SPAC/LIMABIKE	3	17:21.609	24,2	51:09.548	11:35:41.558
199	TIAGO CASTRO SPAC/LIMABIKE	4	17:38.674	23,8	1:08:48.222	11:53:20.232
199	TIAGO CASTRO SPAC/LIMABIKE	5	18:53.467	22,2	1:27:41.689	12:12:13.699
199	TIAGO CASTRO SPAC/LIMABIKE	6	19:48.672	21,2	1:47:30.361	12:32:02.371
199	TIAGO CASTRO SPAC/LIMABIKE	7	21:00.931	20	2:08:31.292	12:53:03.302
199	TIAGO CASTRO SPAC/LIMABIKE	8	21:02.432	20	2:29:33.724	13:14:05.734
199	TIAGO CASTRO SPAC/LIMABIKE	9	22:06.540	19	2:51:40.264	13:36:12.274
200	CARLOS FERNANDES SPAC/LIMABIKE	1	19:20.751	21,7	19:20.751	11:03:52.761
200	CARLOS FERNANDES SPAC/LIMABIKE	2	20:47.538	20,2	40:08.289	11:24:40.299
200	CARLOS FERNANDES SPAC/LIMABIKE	3	21:19.724	19,7	1:01:28.013	11:46:00.023
200	CARLOS FERNANDES SPAC/LIMABIKE	4	20:54.394	20,1	1:22:22.407	12:06:54.417
200	CARLOS FERNANDES SPAC/LIMABIKE	5	21:53.070	19,2	1:44:15.477	12:28:47.487
200	CARLOS FERNANDES SPAC/LIMABIKE	6	22:47.199	18,4	2:07:02.676	12:51:34.686
200	CARLOS FERNANDES SPAC/LIMABIKE	7	24:43.671	17	2:31:46.347	13:16:18.357
200	CARLOS FERNANDES SPAC/LIMABIKE	8	25:10.806	16,7	2:56:57.153	13:41:29.163
201	ANDRÉ RIBEIRO NAST/MOTOCAR/SERVIGÁS	1	16:58.584	24,7	16:58.584	11:01:30.594
201	ANDRÉ RIBEIRO NAST/MOTOCAR/SERVIGÁS	2	17:32.318	23,9	34:30.902	11:19:02.912
201	ANDRÉ RIBEIRO NAST/MOTOCAR/SERVIGÁS	3	17:29.764	24	52:00.666	11:36:32.676
201	ANDRÉ RIBEIRO NAST/MOTOCAR/SERVIGÁS	4	17:43.802	23,7	1:09:44.468	11:54:16.478
201	ANDRÉ RIBEIRO NAST/MOTOCAR/SERVIGÁS	5	17:40.062	23,8	1:27:24.530	12:11:56.540
201	ANDRÉ RIBEIRO NAST/MOTOCAR/SERVIGÁS	6	18:34.848	22,6	1:45:59.378	12:30:31.388
201	ANDRÉ RIBEIRO NAST/MOTOCAR/SERVIGÁS	7	19:16.813	21,8	2:05:16.191	12:49:48.201
201	ANDRÉ RIBEIRO NAST/MOTOCAR/SERVIGÁS	8	20:08.202	20,9	2:25:24.393	13:09:56.403
201	ANDRÉ RIBEIRO NAST/MOTOCAR/SERVIGÁS	9	19:59.631	21	2:45:24.024	13:29:56.034
202	VÍTOR MELO Pedais da Nó BTT	1	17:45.467	23,7	17:45.467	11:02:17.477
202	VÍTOR MELO Pedais da Nó BTT	2	18:00.090	23,3	35:45.557	11:20:17.567
202	VÍTOR MELO Pedais da Nó BTT	3	17:56.319	23,4	53:41.876	11:38:13.886
202	VÍTOR MELO Pedais da Nó BTT	4	17:58.902	23,4	1:11:40.778	11:56:12.788
202	VÍTOR MELO Pedais da Nó BTT	5	18:31.471	22,7	1:30:12.249	12:14:44.259
202	VÍTOR MELO Pedais da Nó BTT	6	18:26.785	22,8	1:48:39.034	12:33:11.044
202	VÍTOR MELO Pedais da Nó BTT	7	19:26.388	21,6	2:08:05.422	12:52:37.432
202	VÍTOR MELO Pedais da Nó BTT	8	20:17.882	20,7	2:28:23.304	13:12:55.314
202	VÍTOR MELO Pedais da Nó BTT	9	20:41.311	20,3	2:49:04.615	13:33:36.625
203	JOSÉ EDUARDO ABREU MENDES JoaneBtt/TrilhosBike	1	17:08.655	24,5	17:08.655	11:01:40.665
203	JOSÉ EDUARDO ABREU MENDES JoaneBtt/TrilhosBike	2	19:11.793	21,9	36:20.448	11:20:52.458
203	JOSÉ EDUARDO ABREU MENDES JoaneBtt/TrilhosBike	3	17:34.814	23,9	53:55.262	11:38:27.272
203	JOSÉ EDUARDO ABREU MENDES JoaneBtt/TrilhosBike	4	17:55.251	23,4	1:11:50.513	11:56:22.523



203	JOSÉ EDUARDO ABREU MENDES JoaneBtt/TrilhosBike	5	18:21.338	22,9	1:30:11.851	12:14:43.861
203	JOSÉ EDUARDO ABREU MENDES JoaneBtt/TrilhosBike	6	18:30.776	22,7	1:48:42.627	12:33:14.637
203	JOSÉ EDUARDO ABREU MENDES JoaneBtt/TrilhosBike	7	20:09.114	20,8	2:08:51.741	12:53:23.751
203	JOSÉ EDUARDO ABREU MENDES JoaneBtt/TrilhosBike	8	20:58.963	20	2:29:50.704	13:14:22.714
203	JOSÉ EDUARDO ABREU MENDES JoaneBtt/TrilhosBike	9	23:03.669	18,2	2:52:54.373	13:37:26.383
205	PEDRO MIGUEL MARTINS individual	1	21:31.768	19,5	21:31.768	11:06:03.778
205	PEDRO MIGUEL MARTINS individual	2	21:08.141	19,9	42:39.909	11:27:11.919
205	PEDRO MIGUEL MARTINS individual	3	22:09.996	18,9	1:04:49.905	11:49:21.915
205	PEDRO MIGUEL MARTINS individual	4	44:28.743	9,4	1:49:18.648	12:33:50.658
206	TIAGO BARBOSA CASTRO FARIA Famidoce	1	22:13.352	18,9	22:13.352	11:06:45.362
206	TIAGO BARBOSA CASTRO FARIA Famidoce	2	21:46.629	19,3	43:59.981	11:28:31.991
206	TIAGO BARBOSA CASTRO FARIA Famidoce	3	22:21.081	18,8	1:06:21.062	11:50:53.072
206	TIAGO BARBOSA CASTRO FARIA Famidoce	4	22:13.665	18,9	1:28:34.727	12:13:06.737
206	TIAGO BARBOSA CASTRO FARIA Famidoce	5	22:27.503	18,7	1:51:02.230	12:35:34.240
206	TIAGO BARBOSA CASTRO FARIA Famidoce	6	22:21.335	18,8	2:13:23.565	12:57:55.575
206	TIAGO BARBOSA CASTRO FARIA Famidoce	7	22:39.083	18,5	2:36:02.648	13:20:34.658
206	TIAGO BARBOSA CASTRO FARIA Famidoce	8	23:50.114	17,6	2:59:52.762	13:44:24.772
207	JOÃO MIGUEL FERNANDES LIMA PINTO batotas ponte lima	1	27:48.294	15,1	27:48.294	11:12:20.304
207	JOÃO MIGUEL FERNANDES LIMA PINTO batotas ponte lima	2	19:59.210	21	47:47.504	11:32:19.514
207	JOÃO MIGUEL FERNANDES LIMA PINTO batotas ponte lima	3	20:00.482	21	1:07:47.986	11:52:19.996
207	JOÃO MIGUEL FERNANDES LIMA PINTO batotas ponte lima	4	20:14.846	20,7	1:28:02.832	12:12:34.842
207	JOÃO MIGUEL FERNANDES LIMA PINTO batotas ponte lima	5	20:08.649	20,8	1:48:11.481	12:32:43.491
207	JOÃO MIGUEL FERNANDES LIMA PINTO batotas ponte lima	6	21:34.188	19,5	2:09:45.669	12:54:17.679
207	JOÃO MIGUEL FERNANDES LIMA PINTO batotas ponte lima	7	20:54.041	20,1	2:30:39.710	13:15:11.720
207	JOÃO MIGUEL FERNANDES LIMA PINTO batotas ponte lima	8	21:18.677	19,7	2:51:58.387	13:36:30.397
208	LUIS ARAÚJO SPAC/LIMABIKE	1	20:28.557	20,5	20:28.557	11:05:00.567
208	LUIS ARAÚJO SPAC/LIMABIKE	2	20:41.812	20,3	41:10.369	11:25:42.379
208	LUIS ARAÚJO SPAC/LIMABIKE	3	23:04.736	18,2	1:04:15.105	11:48:47.115
208	LUIS ARAÚJO SPAC/LIMABIKE	4	32:23.770	13	1:36:38.875	12:21:10.885
209	DIOGO MACHADO SPAC/LIMABIKE	1	18:46.895	22,4	18:46.895	11:03:18.905
209	DIOGO MACHADO SPAC/LIMABIKE	2	19:16.925	21,8	38:03.820	11:22:35.830
209	DIOGO MACHADO SPAC/LIMABIKE	3	19:58.716	21	58:02.536	11:42:34.546
209	DIOGO MACHADO SPAC/LIMABIKE	4	22:30.852	18,7	1:20:33.388	12:05:05.398
209	DIOGO MACHADO SPAC/LIMABIKE	5	23:39.841	17,7	1:44:13.229	12:28:45.239
209	DIOGO MACHADO SPAC/LIMABIKE	6	24:21.114	17,2	2:08:34.343	12:53:06.353
209	DIOGO MACHADO SPAC/LIMABIKE	7	25:10.035	16,7	2:33:44.378	13:18:16.388
210	CARLOS FILIPE AZEVEDO PEREIRA Bikezone Barcelos	1	18:26.874	22,8	18:26.874	11:02:58.884
210	CARLOS FILIPE AZEVEDO PEREIRA Bikezone Barcelos	2	18:29.593	22,7	36:56.467	11:21:28.477
210	CARLOS FILIPE AZEVEDO PEREIRA Bikezone Barcelos	3	18:18.667	22,9	55:15.134	11:39:47.144
210	CARLOS FILIPE AZEVEDO PEREIRA Bikezone Barcelos	4	18:55.987	22,2	1:14:11.121	11:58:43.131
210	CARLOS FILIPE AZEVEDO PEREIRA Bikezone Barcelos	5	20:00.565	21	1:34:11.686	12:18:43.696
210	CARLOS FILIPE AZEVEDO PEREIRA Bikezone Barcelos	6	19:29.546	21,5	1:53:41.232	12:38:13.242
210	CARLOS FILIPE AZEVEDO PEREIRA Bikezone Barcelos	7	20:18.075	20,7	2:13:59.307	12:58:31.317
210	CARLOS FILIPE AZEVEDO PEREIRA Bikezone Barcelos	8	19:38.381	21,4	2:33:37.688	13:18:09.698
210	CARLOS FILIPE AZEVEDO PEREIRA Bikezone Barcelos	9	21:01.533	20	2:54:39.221	13:39:11.231
211	HGO DOMINGUEZ PEREZ FUNDACION ÓSCAR PEREIRO	1	19:59.368	21	19:59.368	11:04:31.378
211	HGO DOMINGUEZ PEREZ FUNDACION ÓSCAR PEREIRO	2	19:22.755	21,7	39:22.123	11:23:54.133
211	HGO DOMINGUEZ PEREZ FUNDACION ÓSCAR PEREIRO	3	19:01.459	22,1	58:23.582	11:42:55.592
211	HGO DOMINGUEZ PEREZ FUNDACION ÓSCAR PEREIRO	4	19:27.047	21,6	1:17:50.629	12:02:22.639
211	HGO DOMINGUEZ PEREZ FUNDACION ÓSCAR PEREIRO	5	19:04.756	22	1:36:55.385	12:21:27.395
211	HGO DOMINGUEZ PEREZ FUNDACION ÓSCAR PEREIRO	6	19:14.408	21,8	1:56:09.793	12:40:41.803
211	HGO DOMINGUEZ PEREZ FUNDACION ÓSCAR PEREIRO	7	19:27.342	21,6	2:15:37.135	13:00:09.145
211	HGO DOMINGUEZ PEREZ FUNDACION ÓSCAR PEREIRO	8	20:23.764	20,6	2:36:00.899	13:20:32.909
212	JOSÉ PAULO DA SILVA FERNANDES DDR-Apúlia	1	17:13.258	24,4	17:13.258	11:01:45.268
212	JOSÉ PAULO DA SILVA FERNANDES DDR-Apúlia	2	17:27.366	24,1	34:40.624	11:19:12.634
212	JOSÉ PAULO DA SILVA FERNANDES DDR-Apúlia	3	17:31.024	24	52:11.648	11:36:43.658
212	JOSÉ PAULO DA SILVA FERNANDES DDR-Apúlia	4	17:39.331	23,8	1:09:50.979	11:54:22.989
212	JOSÉ PAULO DA SILVA FERNANDES DDR-Apúlia	5	18:09.305	23,1	1:28:00.284	12:12:32.294
212	JOSÉ PAULO DA SILVA FERNANDES DDR-Apúlia	6	19:04.360	22	1:47:04.644	12:31:36.654
212	JOSÉ PAULO DA SILVA FERNANDES DDR-Apúlia	7	19:16.716	21,8	2:06:21.360	12:50:53.370
212	JOSÉ PAULO DA SILVA FERNANDES DDR-Apúlia	8	19:35.656	21,4	2:25:57.016	13:10:29.026
212	JOSÉ PAULO DA SILVA FERNANDES DDR-Apúlia	9	19:25.236	21,6	2:45:22.252	13:29:54.262
214	JORGE SALGADO BMC/ SRAM/ Póvoa de Varzim	1	15:35.981	26,9	15:35.981	11:00:07.991
214	JORGE SALGADO BMC/ SRAM/ Póvoa de Varzim	2	15:50.640	26,5	31:26.621	11:15:58.631
214	JORGE SALGADO BMC/ SRAM/ Póvoa de Varzim	3	16:25.879	25,6	47:52.500	11:32:24.510
214	JORGE SALGADO BMC/ SRAM/ Póvoa de Varzim	4	16:25.988	25,6	1:04:18.488	11:48:50.498
214	JORGE SALGADO BMC/ SRAM/ Póvoa de Varzim	5	17:28.137	24	1:21:46.625	12:06:18.635
214	JORGE SALGADO BMC/ SRAM/ Póvoa de Varzim	6	16:27.272	25,5	1:38:13.897	12:22:45.907
214	JORGE SALGADO BMC/ SRAM/ Póvoa de Varzim	7	17:06.728	24,5	1:55:20.625	12:39:52.635
214	JORGE SALGADO BMC/ SRAM/ Póvoa de Varzim	8	17:49.238	23,6	2:13:09.863	12:57:41.873
214	JORGE SALGADO BMC/ SRAM/ Póvoa de Varzim	9	18:10.176	23,1	2:31:20.039	13:15:52.049
214	JORGE SALGADO BMC/ SRAM/ Póvoa de Varzim	10	17:33.131	23,9	2:48:53.170	13:33:25.180
215	OSCAR DANIEL SILVA RODRIGUES TOMATUBIKERS	1	20:54.542	20,1	20:54.542	11:05:26.552
215	OSCAR DANIEL SILVA RODRIGUES TOMATUBIKERS	2	20:57.910	20	41:52.452	11:26:24.462
215	OSCAR DANIEL SILVA RODRIGUES TOMATUBIKERS	3	22:26.727	18,7	1:04:19.179	11:48:51.189
215	OSCAR DANIEL SILVA RODRIGUES TOMATUBIKERS	4	22:15.572	18,9	1:26:34.751	12:11:06.761
215	OSCAR DANIEL SILVA RODRIGUES TOMATUBIKERS	5	23:26.625	17,9	1:50:01.376	12:34:33.386
215	OSCAR DANIEL SILVA RODRIGUES TOMATUBIKERS	6	24:16.000	17,3	2:14:17.376	12:58:49.386
215	OSCAR DANIEL SILVA RODRIGUES TOMATUBIKERS	7	26:17.233	16	2:40:34.609	13:25:06.619
216	PEDRO FORTUNA DOS SANTOS SOUSA BOTELHO Os Jesuítas	1	22:53.751	18,3	22:53.751	11:07:25.761
216	PEDRO FORTUNA DOS SANTOS SOUSA BOTELHO Os Jesuítas	2	22:58.646	18,3	45:52.397	11:30:24.407
216	PEDRO FORTUNA DOS SANTOS SOUSA BOTELHO Os Jesuítas	3	24:07.495	17,4	1:09:59.892	11:54:31.902
216	PEDRO FORTUNA DOS SANTOS SOUSA BOTELHO Os Jesuítas	4	23:23.269	18	1:33:23.161	12:17:55.171
216	PEDRO FORTUNA DOS SANTOS SOUSA BOTELHO Os Jesuítas	5	23:43.673	17,7	1:57:06.834	12:41:38.844
216	PEDRO FORTUNA DOS SANTOS SOUSA BOTELHO Os Jesuítas	6	24:59.591	16,8	2:22:06.425	13:06:38.435
216	PEDRO FORTUNA DOS SANTOS SOUSA BOTELHO Os Jesuítas	7	26:08.104	16,1	2:48:14.529	13:32:46.539
218	JOSÉ CARLOS ROQUE DA COSTA Individual	1	22:44.531	18,5	22:44.531	11:07:16.541
218	JOSÉ CARLOS ROQUE DA COSTA Individual	2	20:53.291	20,1	43:37.822	11:28:09.832
218	JOSÉ CARLOS ROQUE DA COSTA Individual	3	21:01.024	20	1:04:38.846	11:49:10.856
218	JOSÉ CARLOS ROQUE DA COSTA Individual	4	21:51.695	19,2	1:26:30.541	12:11:02.551
218	JOSÉ CARLOS ROQUE DA COSTA Individual	5	22:00.573	19,1	1:48:31.114	12:33:03.124
218	JOSÉ CARLOS ROQUE DA COSTA Individual	6	23:17.498	18	2:11:48.612	12:56:20.622
218	JOSÉ CARLOS ROQUE DA COSTA Individual	7	24:01.586	17,5	2:35:50.198	13:20:22.208
220	FRANCISCO MORAIS Bikemanía Sport	1	20:35.743	20,4	20:35.743	11:05:07.753
220	FRANCISCO MORAIS Bikemanía Sport	2	19:35.170	21,4	40:10.913	11:24:42.923
220	FRANCISCO MORAIS Bikemanía Sport	3	20:47.386	20,2	1:00:58.299	11:45:30.309
220	FRANCISCO MORAIS Bikemanía Sport	4	20:56.262	20,1	1:21:54.561	12:06:26.571
220	FRANCISCO MORAIS Bikemanía Sport	5	20:41.135	20,3	1:42:35.696	12:27:07.706
220	FRANCISCO MORAIS Bikemanía Sport	6	21:55.432	19,2	2:04:31.128	12:49:03.138
220	FRANCISCO MORAIS Bikemanía Sport	7	23:34.215	17,8	2:28:05.343	13:12:37.353
220	FRANCISCO MORAIS Bikemanía Sport	8	22:11.281	18,9	2:50:16.624	13:34:48.634
221	FILIPE SOUSA Bikemanía Sport	1	19:36.044	21,4	19:36.044	11:04:08.054
221	FILIPE SOUSA Bikemanía Sport	2	18:28.840	22,7	38:04.884	11:22:36.894
221	FILIPE SOUSA Bikemanía Sport	3	18:49.836	22,3	56:54.720	11:41:26.730
221	FILIPE SOUSA Bikemanía Sport	4	19:18.920	21,7	1:16:13.640	12:00:45.650
221	FILIPE SOUSA Bikemanía Sport	5	20:24.385	20,6	1:36:38.025	12:21:10.035
221	FILIPE SOUSA Bikemanía Sport	6	21:34.008	19,5	1:58:12.033	12:42:44.043
221	FILIPE SOUSA Bikemanía Sport	7	22:11.858	18,9	2:20:23.891	13:04:55.901
221	FILIPE SOUSA Bikemanía Sport	8	25:06.277	16,7	2:45:30.168	13:30:02.178
222	PEDRO FERNANDES Bikemanía Sport	1	19:29.861	21,5	19:29.861	11:04:01.871
222	PEDRO FERNANDES Bikemanía Sport	2	18:43.437	22,4	38:13.298	11:22:45.308



222	PEDRO FERNANDES Bikemania Sport	3	19:36.848	21,4	57:50.146	11:42:22.156
222	PEDRO FERNANDES Bikemania Sport	4	20:12.039	20,8	1:18:02.185	12:02:34.195
222	PEDRO FERNANDES Bikemania Sport	5	20:18.419	20,7	1:38:20.604	12:22:52.614
222	PEDRO FERNANDES Bikemania Sport	6	20:17.032	20,7	1:58:37.636	12:43:09.646
222	PEDRO FERNANDES Bikemania Sport	7	21:39.901	19,4	2:20:17.537	13:04:49.547
222	PEDRO FERNANDES Bikemania Sport	8	24:58.182	16,8	2:45:15.719	13:29:47.729
223	RUI FILIPE SILVA MACEDO ciclo ucha team firstbike focus	1	37:21.944	11,2	37:21.944	11:21:53.954
223	RUI FILIPE SILVA MACEDO ciclo ucha team firstbike focus	2	18:33.031	22,6	55:54.975	11:40:26.985
223	RUI FILIPE SILVA MACEDO ciclo ucha team firstbike focus	3	19:00.438	22,1	1:14:55.413	11:59:27.423
223	RUI FILIPE SILVA MACEDO ciclo ucha team firstbike focus	4	19:01.351	22,1	1:33:56.764	12:18:28.774
223	RUI FILIPE SILVA MACEDO ciclo ucha team firstbike focus	5	19:38.698	21,4	1:53:35.462	12:38:07.472
223	RUI FILIPE SILVA MACEDO ciclo ucha team firstbike focus	6	19:33.620	21,5	2:13:09.082	12:57:41.092
223	RUI FILIPE SILVA MACEDO ciclo ucha team firstbike focus	7	23:52.143	17,6	2:37:01.225	13:21:33.235
225	ANTONIO LEAO NAST/MOTOCAR/SERVIGÁS	1	18:14.095	23	18:14.095	11:02:46.105
225	ANTONIO LEAO NAST/MOTOCAR/SERVIGÁS	2	18:32.052	22,7	36:46.147	11:21:18.157
225	ANTONIO LEAO NAST/MOTOCAR/SERVIGÁS	3	18:55.841	22,2	55:41.988	11:40:13.998
225	ANTONIO LEAO NAST/MOTOCAR/SERVIGÁS	4	18:15.183	23	1:13:57.171	11:58:29.181
225	ANTONIO LEAO NAST/MOTOCAR/SERVIGÁS	5	18:20.180	22,9	1:32:17.351	12:16:49.361
225	ANTONIO LEAO NAST/MOTOCAR/SERVIGÁS	6	18:20.545	22,9	1:50:37.896	12:35:09.906
225	ANTONIO LEAO NAST/MOTOCAR/SERVIGÁS	7	17:53.040	23,5	2:08:30.936	12:53:02.946
225	ANTONIO LEAO NAST/MOTOCAR/SERVIGÁS	8	18:20.890	22,9	2:26:51.826	13:11:23.836
225	ANTONIO LEAO NAST/MOTOCAR/SERVIGÁS	9	18:29.751	22,7	2:45:21.577	13:29:53.587
226	ÁLVARO XAVIER PEREIRA GONÇALVES Bikemania Sport	1	24:45.777	17	24:45.777	11:09:17.787
226	ÁLVARO XAVIER PEREIRA GONÇALVES Bikemania Sport	2	18:43.673	22,4	43:29.450	11:28:01.460
226	ÁLVARO XAVIER PEREIRA GONÇALVES Bikemania Sport	3	19:03.934	22	1:02:33.384	11:47:05.394
226	ÁLVARO XAVIER PEREIRA GONÇALVES Bikemania Sport	4	19:20.364	21,7	1:21:53.748	12:06:25.758
226	ÁLVARO XAVIER PEREIRA GONÇALVES Bikemania Sport	5	19:13.884	21,8	1:41:07.632	12:25:39.642
226	ÁLVARO XAVIER PEREIRA GONÇALVES Bikemania Sport	6	18:56.796	22,2	2:00:04.428	12:44:36.438
226	ÁLVARO XAVIER PEREIRA GONÇALVES Bikemania Sport	7	20:10.223	20,8	2:20:14.651	13:04:46.661
226	ÁLVARO XAVIER PEREIRA GONÇALVES Bikemania Sport	8	23:12.003	18,1	2:43:26.654	13:27:58.664
227	JOSÉ CARLOS MAGALHÃES ASC / FOCUS TEAM	1	17:10.702	24,4	17:10.702	11:01:42.712
227	JOSÉ CARLOS MAGALHÃES ASC / FOCUS TEAM	2	17:26.601	24,1	34:37.303	11:19:09.313
227	JOSÉ CARLOS MAGALHÃES ASC / FOCUS TEAM	3	25:16.206	16,6	59:53.509	11:44:25.519
227	JOSÉ CARLOS MAGALHÃES ASC / FOCUS TEAM	4	18:00.706	23,3	1:17:54.215	12:02:26.225
227	JOSÉ CARLOS MAGALHÃES ASC / FOCUS TEAM	5	18:32.602	22,6	1:36:26.817	12:20:58.827
227	JOSÉ CARLOS MAGALHÃES ASC / FOCUS TEAM	6	19:02.038	22,1	1:55:28.855	12:40:00.865
227	JOSÉ CARLOS MAGALHÃES ASC / FOCUS TEAM	7	18:32.813	22,6	2:14:01.668	12:58:33.678
227	JOSÉ CARLOS MAGALHÃES ASC / FOCUS TEAM	8	19:21.062	21,7	2:33:22.730	13:17:54.740
227	JOSÉ CARLOS MAGALHÃES ASC / FOCUS TEAM	9	20:26.088	20,6	2:53:48.818	13:38:20.828
228	VITOR DOMINGOS SILVA PINTO ASC / FOCUS TEAM	1	18:36.773	22,6	18:36.773	11:03:08.783
228	VITOR DOMINGOS SILVA PINTO ASC / FOCUS TEAM	2	18:34.195	22,6	37:10.968	11:21:42.978
228	VITOR DOMINGOS SILVA PINTO ASC / FOCUS TEAM	3	19:30.215	21,5	56:41.183	11:41:13.193
228	VITOR DOMINGOS SILVA PINTO ASC / FOCUS TEAM	4	19:05.389	22	1:15:46.572	12:00:18.582
228	VITOR DOMINGOS SILVA PINTO ASC / FOCUS TEAM	5	19:08.273	21,9	1:34:54.845	12:19:26.855
228	VITOR DOMINGOS SILVA PINTO ASC / FOCUS TEAM	6	20:35.029	20,4	1:55:29.874	12:40:01.884
228	VITOR DOMINGOS SILVA PINTO ASC / FOCUS TEAM	7	19:59.620	21	2:15:29.494	13:00:01.504
228	VITOR DOMINGOS SILVA PINTO ASC / FOCUS TEAM	8	20:48.169	20,2	2:36:17.663	13:20:49.673
228	VITOR DOMINGOS SILVA PINTO ASC / FOCUS TEAM	9	20:52.941	20,1	2:57:10.604	13:41:42.614
229	JOSÉ ANTÔNIO SILVA	1	24:26.078	17,2	24:26.078	11:08:58.088
229	JOSÉ ANTÔNIO SILVA	2	25:13.828	16,6	49:39.906	11:34:11.916
229	JOSÉ ANTÔNIO SILVA	3	29:35.578	14,2	1:19:15.484	12:03:47.494
229	JOSÉ ANTÔNIO SILVA	4	28:29.195	14,7	1:47:44.679	12:32:16.689
229	JOSÉ ANTÔNIO SILVA	5	30:42.841	13,7	2:18:27.520	13:02:59.530
229	JOSÉ ANTÔNIO SILVA	6	32:28.600	12,9	2:50:56.120	13:35:28.130
230	PEDRO MARQUES BTT Seia	1	16:46.878	25	16:46.878	11:01:18.888
230	PEDRO MARQUES BTT Seia	2	16:41.062	25,2	33:27.940	11:17:59.950
230	PEDRO MARQUES BTT Seia	3	17:02.473	24,6	50:30.413	11:35:02.423
230	PEDRO MARQUES BTT Seia	4	16:57.644	24,8	1:07:28.057	11:52:00.067
230	PEDRO MARQUES BTT Seia	5	17:25.532	24,1	1:24:53.589	12:09:25.599
230	PEDRO MARQUES BTT Seia	6	17:40.744	23,8	1:42:34.333	12:27:06.343
230	PEDRO MARQUES BTT Seia	7	18:21.010	22,9	2:00:55.343	12:45:27.353
230	PEDRO MARQUES BTT Seia	8	18:53.078	22,2	2:19:48.421	13:04:20.431
230	PEDRO MARQUES BTT Seia	9	19:09.307	21,9	2:38:57.728	13:23:29.738
230	PEDRO MARQUES BTT Seia	10	20:25.462	20,6	2:59:23.190	13:43:55.200
231	CLAUDIO LOUREIRO	1	17:42.497	23,7	17:42.497	11:02:14.507
231	CLAUDIO LOUREIRO	2	30:58.457	13,6	48:40.954	11:33:12.964
231	CLAUDIO LOUREIRO	3	18:48.352	22,3	1:07:29.306	11:52:01.316
231	CLAUDIO LOUREIRO	4	18:09.400	23,1	1:25:38.706	12:10:10.716
231	CLAUDIO LOUREIRO	5	18:54.495	22,2	1:44:33.201	12:29:05.211
231	CLAUDIO LOUREIRO	6	19:20.806	21,7	2:03:54.007	12:48:26.017
231	CLAUDIO LOUREIRO	7	20:16.755	20,7	2:24:10.762	13:08:42.772
231	CLAUDIO LOUREIRO	8	21:20.895	19,7	2:45:31.657	13:30:03.667
232	GIL NUNO PEREIRA Team bikebrothers 2	1	19:34.714	21,5	19:34.714	11:04:06.724
232	GIL NUNO PEREIRA Team bikebrothers 2	2	19:46.272	21,2	39:20.986	11:23:52.996
232	GIL NUNO PEREIRA Team bikebrothers 2	3	19:58.365	21	59:19.351	11:43:51.361
232	GIL NUNO PEREIRA Team bikebrothers 2	4	20:32.045	20,5	1:19:51.396	12:04:23.406
232	GIL NUNO PEREIRA Team bikebrothers 2	5	20:21.494	20,6	1:40:12.890	12:24:44.900
232	GIL NUNO PEREIRA Team bikebrothers 2	6	25:23.113	16,5	2:05:36.003	12:50:08.013
232	GIL NUNO PEREIRA Team bikebrothers 2	7	26:09.649	16,1	2:31:45.652	13:16:17.662
234	EDUARDO FONTES RODABIKE A.C.R.GONDOMAR	1	16:47.606	25	16:47.606	11:01:19.616
234	EDUARDO FONTES RODABIKE A.C.R.GONDOMAR	2	17:00.046	24,7	33:47.652	11:18:19.662
234	EDUARDO FONTES RODABIKE A.C.R.GONDOMAR	3	17:04.297	24,6	50:51.949	11:35:23.959
234	EDUARDO FONTES RODABIKE A.C.R.GONDOMAR	4	16:59.093	24,7	1:07:51.042	11:52:23.052
234	EDUARDO FONTES RODABIKE A.C.R.GONDOMAR	5	17:33.974	23,9	1:25:25.016	12:09:57.026
234	EDUARDO FONTES RODABIKE A.C.R.GONDOMAR	6	18:29.898	22,7	1:43:54.914	12:28:26.924
234	EDUARDO FONTES RODABIKE A.C.R.GONDOMAR	7	18:26.730	22,8	2:02:21.644	12:46:53.654
234	EDUARDO FONTES RODABIKE A.C.R.GONDOMAR	8	18:49.144	22,3	2:21:10.788	13:05:42.798
234	EDUARDO FONTES RODABIKE A.C.R.GONDOMAR	9	20:05.161	20,9	2:41:15.949	13:25:47.959
235	JORGE XAVIER	1	21:01.631	20	21:01.631	11:05:33.641
235	JORGE XAVIER	2	21:21.081	19,7	42:22.712	11:26:54.722
235	JORGE XAVIER	3	21:52.771	19,2	1:04:15.483	11:48:47.493
235	JORGE XAVIER	4	22:08.369	19	1:26:23.852	12:10:55.862
235	JORGE XAVIER	5	23:00.770	18,3	1:49:24.622	12:33:56.632
235	JORGE XAVIER	6	24:59.383	16,8	2:14:24.005	12:58:56.015
236	BRUNO SILVA Amigos das Pusadas 1	1	25:13.551	16,6	25:13.551	11:09:45.561
236	BRUNO SILVA Amigos das Pusadas 1	2	28:11.698	14,9	53:25.249	11:37:57.259
236	BRUNO SILVA Amigos das Pusadas 1	3	28:14.036	14,9	1:21:39.285	12:06:11.295
2004	2004- A MARCOS SILVA	2	18:01.079	23,3	37:32.162	11:22:04.172
2004	2004- A MARCOS SILVA	3	18:23.590	22,8	55:55.752	11:40:27.762
2004	2004- A MARCOS SILVA	6	19:16.695	21,8	1:52:27.484	12:36:59.494
2004	2004- A MARCOS SILVA	7	19:41.653	21,3	2:12:09.137	12:56:41.147
2004	2004- B BRUNO BENEDITO	1	19:31.083	21,5	19:31.083	11:04:03.093
2004	2004- B BRUNO BENEDITO	4	18:39.557	22,5	1:14:35.309	11:59:07.319
2004	2004- B BRUNO BENEDITO	5	18:35.480	22,6	1:33:10.789	12:17:42.799
2004	2004- B BRUNO BENEDITO	8	19:39.019	21,4	2:31:48.156	13:16:20.166
2004	2004- B BRUNO BENEDITO	9	20:15.977	20,7	2:52:04.133	13:36:36.143
2005	2005- A RUI ANJOS	1	20:06.690	20,9	20:06.690	11:04:38.700
2005	2005- A RUI ANJOS	4	17:28.619	24	1:12:53.569	11:57:25.579
2005	2005- A RUI ANJOS	5	18:09.336	23,1	1:31:02.905	12:15:34.915
2005	2005- A RUI ANJOS	8	18:02.359	23,3	2:24:20.759	13:08:52.769
2005	2005- B PEDRO DIAS	2	18:06.993	23,2	38:13.683	11:22:45.693



2005	2005- B	PEDRO DIAS	3	17:11.267	24,4	55:24.950	11:39:56.960
2005	2005- B	PEDRO DIAS	6	17:43.731	23,7	1:48:46.636	12:33:18.646
2005	2005- B	PEDRO DIAS	7	17:31.764	24	2:06:18.400	12:50:50.410
2005	2005- B	PEDRO DIAS	9	18:42.394	22,5	2:43:03.153	13:27:35.163
2006	2006- A	JOÃO SILVA	1	17:45.217	23,7	17:45.217	11:02:17.227
2006	2006- A	JOÃO SILVA	2	22:08.956	19	39:54.173	11:24:26.183
2006	2006- A	JOÃO SILVA	3	17:43.426	23,7	57:37.599	11:42:09.609
2006	2006- A	JOÃO SILVA	4	18:07.029	23,2	1:15:44.628	12:00:16.638
2006	2006- B	CARLOS OLIVEIRA	5	18:20.088	22,9	1:34:04.716	12:18:36.726
2006	2006- B	CARLOS OLIVEIRA	6	18:18.267	22,9	1:52:22.983	12:36:54.993
2006	2006- B	CARLOS OLIVEIRA	7	18:57.050	22,2	2:11:20.033	12:55:52.043
2006	2006- B	CARLOS OLIVEIRA	8	19:05.849	22	2:30:25.882	13:14:57.892
2006	2006- B	CARLOS OLIVEIRA	9	19:19.340	21,7	2:49:45.222	13:34:17.232
2007	2007- A	FILIFE ALVES	1	19:43.876	21,3	19:43.876	11:04:15.886
2007	2007- A	FILIFE ALVES	4	20:44.736	20,2	1:22:32.488	12:07:04.498
2007	2007- A	FILIFE ALVES	6	19:46.683	21,2	2:02:22.936	12:46:54.946
2007	2007- B	RIKARDO FERREIRA	2	21:09.811	19,8	40:53.687	11:25:25.697
2007	2007- B	RIKARDO FERREIRA	3	20:54.065	20,1	1:01:47.752	11:46:19.762
2007	2007- B	RIKARDO FERREIRA	5	20:03.765	20,9	1:42:36.253	12:27:08.263
2007	2007- B	RIKARDO FERREIRA	7	21:08.789	19,9	2:23:31.725	13:08:03.735
2007	2007- B	RIKARDO FERREIRA	8	19:59.039	21	2:43:30.764	13:28:02.774
2008	2008- A	PAULO SILVA	2	16:29.543	25,5	33:19.452	11:17:51.462
2008	2008- A	PAULO SILVA	3	17:08.692	24,5	50:28.144	11:35:00.154
2008	2008- A	PAULO SILVA	6	16:33.046	25,4	1:40:46.183	12:25:18.193
2008	2008- B	JOAO LOUREIRO	1	16:49.909	25	16:49.909	11:01:21.919
2008	2008- B	JOAO LOUREIRO	4	17:11.436	24,4	1:07:39.580	11:52:11.590
2008	2008- B	JOAO LOUREIRO	5	16:33.557	25,4	1:24:13.137	12:08:45.147
2008	2008- B	JOAO LOUREIRO	7	23:40.904	17,7	2:04:27.087	12:48:59.097
2008	2008- B	JOAO LOUREIRO	8	16:57.399	24,8	2:21:24.486	13:05:56.496
2008	2008- B	JOAO LOUREIRO	9	17:16.918	24,3	2:38:41.404	13:23:13.414
2008	2008- B	JOAO LOUREIRO	10	17:12.836	24,4	2:55:54.240	13:40:26.250
2009	2009- A	FILIFE SOUSA	1	18:45.976	22,4	18:45.976	11:03:17.986
2009	2009- A	FILIFE SOUSA	3	24:12.911	17,3	1:00:47.363	11:45:19.373
2009	2009- A	FILIFE SOUSA	5	24:14.649	17,3	1:43:28.855	12:28:00.865
2009	2009- A	FILIFE SOUSA	6	17:46.349	23,6	2:01:15.204	12:45:47.214
2009	2009- B	ANGELA MARIA MENDES	2	17:48.476	23,6	36:34.452	11:21:06.462
2009	2009- B	ANGELA MARIA MENDES	4	18:26.843	22,8	1:19:14.206	12:03:46.216
2009	2009- B	ANGELA MARIA MENDES	7	18:06.866	23,2	2:19:22.070	13:03:54.080
2009	2009- B	ANGELA MARIA MENDES	8	24:31.254	17,1	2:43:53.324	13:28:25.334
2010	2010- A	IVÁN CIVEIRA FERNANDEZ	1	21:16.167	19,7	21:16.167	11:05:48.177
2010	2010- A	IVÁN CIVEIRA FERNANDEZ	4	21:45.564	19,3	1:25:15.409	12:09:47.419
2010	2010- A	IVÁN CIVEIRA FERNANDEZ	6	21:50.113	19,2	2:08:13.707	12:52:45.717
2010	2010- B	NELSON COSTA	2	21:31.828	19,5	42:47.995	11:27:20.005
2010	2010- B	NELSON COSTA	3	20:41.850	20,3	1:03:29.845	11:48:01.855
2010	2010- B	NELSON COSTA	5	21:08.185	19,9	1:46:23.594	12:30:55.604
2010	2010- B	NELSON COSTA	7	22:34.824	18,6	2:30:48.531	13:15:20.541
2010	2010- B	NELSON COSTA	8	21:55.096	19,2	2:52:43.627	13:37:15.637
2011	2011- A	MARCO SANTOS	2	17:24.517	24,1	36:20.614	11:20:52.624
2011	2011- A	MARCO SANTOS	3	17:46.476	23,6	54:07.090	11:38:39.100
2011	2011- A	MARCO SANTOS	6	17:43.912	23,7	1:48:40.813	12:33:12.823
2011	2011- A	MARCO SANTOS	7	17:54.923	23,4	2:06:35.736	12:51:07.746
2011	2011- A	MARCO SANTOS	9	18:15.384	23	2:43:19.003	13:27:51.013
2011	2011- B	VITOR FERNANDES	1	18:56.097	22,2	18:56.097	11:03:28.107
2011	2011- B	VITOR FERNANDES	4	18:27.241	22,8	1:12:34.331	11:57:06.341
2011	2011- B	VITOR FERNANDES	5	18:22.570	22,9	1:30:56.901	12:15:28.911
2011	2011- B	VITOR FERNANDES	8	18:27.883	22,7	2:25:03.619	13:09:35.629
2012	2012- A	RAFAEL MARTINS	5	16:52.392	24,9	1:24:12.058	12:08:44.068
2012	2012- A	RAFAEL MARTINS	6	16:37.349	25,3	1:40:49.407	12:25:21.417
2012	2012- A	RAFAEL MARTINS	7	17:38.319	23,8	1:58:27.726	12:42:59.736
2012	2012- A	RAFAEL MARTINS	8	17:33.038	23,9	2:16:00.764	13:00:32.774
2012	2012- A	RAFAEL MARTINS	9	17:26.165	24,1	2:33:26.929	13:17:58.939
2012	2012- A	RAFAEL MARTINS	10	18:12.987	23,1	2:51:39.916	13:36:11.926
2012	2012- B	RÚBEN AMORIM	1	17:51.783	23,5	17:51.783	11:02:23.793
2012	2012- B	RÚBEN AMORIM	2	16:15.584	25,8	34:07.367	11:18:39.377
2012	2012- B	RÚBEN AMORIM	3	16:25.770	25,6	50:33.137	11:35:05.147
2012	2012- B	RÚBEN AMORIM	4	16:46.529	25	1:07:19.666	11:51:51.676
2014	2014- A	SÉRGIO MAGALHÃES	1	18:59.980	22,1	18:59.980	11:03:31.990
2014	2014- A	SÉRGIO MAGALHÃES	4	18:31.972	22,7	1:13:37.209	11:58:09.219
2014	2014- A	SÉRGIO MAGALHÃES	6	18:58.169	22,1	1:50:37.798	12:35:09.808
2014	2014- A	SÉRGIO MAGALHÃES	8	19:32.983	21,5	2:28:00.951	13:12:32.961
2014	2014- A	SÉRGIO MAGALHÃES	9	18:38.959	22,5	2:46:39.910	13:31:11.920
2014	2014- B	MIGUEL SENRA	2	17:56.072	23,4	36:56.052	11:21:28.062
2014	2014- B	MIGUEL SENRA	3	18:09.185	23,1	55:05.237	11:39:37.247
2014	2014- B	MIGUEL SENRA	5	18:02.420	23,3	1:31:39.629	12:16:11.639
2014	2014- B	MIGUEL SENRA	7	17:50.170	23,5	2:08:27.968	12:52:59.978
2016	2016- A	HÉLDER BRAGA	2	16:33.338	25,4	34:07.099	11:18:39.109
2016	2016- A	HÉLDER BRAGA	3	16:25.384	25,6	50:32.483	11:35:04.493
2016	2016- A	HÉLDER BRAGA	6	17:34.266	23,9	1:41:47.045	12:26:19.055
2016	2016- A	HÉLDER BRAGA	7	17:01.069	24,7	1:58:48.114	12:43:20.124
2016	2016- A	HÉLDER BRAGA	9	17:27.961	24	2:33:27.695	13:17:59.705
2016	2016- A	HÉLDER BRAGA	10	18:34.817	22,6	2:52:02.512	13:36:34.522
2016	2016- B	AURÉLIO REIS	1	17:33.761	23,9	17:33.761	11:02:05.771
2016	2016- B	AURÉLIO REIS	4	16:48.267	25	1:07:20.750	11:51:52.760
2016	2016- B	AURÉLIO REIS	5	16:52.029	24,9	1:24:12.779	12:08:44.789
2016	2016- B	AURÉLIO REIS	8	17:11.620	24,4	2:15:59.734	13:00:31.744
2018	2018- A	PEDRO LOPES	1	25:49.925	16,3	25:49.925	11:10:21.935
2018	2018- A	PEDRO LOPES	3	27:00.967	15,5	1:20:53.300	12:05:25.310
2018	2018- A	PEDRO LOPES	5	27:07.063	15,5	2:15:42.924	13:00:14.934
2018	2018- B	RUI LOPES	2	28:02.408	15	53:52.333	11:38:24.343
2018	2018- B	RUI LOPES	4	27:42.561	15,2	1:48:35.861	12:33:07.871
2019	2019- A	JOSÉ DUARTE	1	22:14.021	18,9	22:14.021	11:06:46.031
2019	2019- A	JOSÉ DUARTE	2	21:46.516	19,3	44:00.537	11:28:32.547
2019	2019- A	JOSÉ DUARTE	3	22:45.200	18,5	1:06:45.737	11:51:17.747
2019	2019- B	JOSE OLIVEIRA	4	22:11.673	18,9	1:28:57.410	12:13:29.420
2019	2019- B	JOSE OLIVEIRA	5	20:55.130	20,1	1:49:52.540	12:34:24.550
2019	2019- B	JOSE OLIVEIRA	6	21:18.952	19,7	2:11:11.492	12:55:43.502
2019	2019- B	JOSE OLIVEIRA	7	21:38.492	19,4	2:32:49.984	13:17:21.994
2019	2019- B	JOSE OLIVEIRA	8	21:37.295	19,4	2:54:27.279	13:38:59.289
2020	2020- A	PEDRO PEREIRA	1	21:24.894	19,6	21:24.894	11:05:56.904
2020	2020- A	PEDRO PEREIRA	3	20:26.737	20,5	1:03:09.695	11:47:41.705
2020	2020- A	PEDRO PEREIRA	5	20:53.701	20,1	1:45:36.252	12:30:08.262
2020	2020- A	PEDRO PEREIRA	7	22:04.589	19	2:29:23.780	13:13:55.790
2020	2020- A	PEDRO PEREIRA	8	21:53.214	19,2	2:51:16.994	13:35:49.004
2020	2020- B	JORGE RODRIGUES	2	21:18.064	19,7	42:42.958	11:27:14.968
2020	2020- B	JORGE RODRIGUES	4	21:32.856	19,5	1:24:42.551	12:09:14.561
2020	2020- B	JORGE RODRIGUES	6	21:42.939	19,3	2:07:19.191	12:51:51.201
2021	2021- A	CARLOS RODRIGUES	1	23:13.535	18,1	23:13.535	11:07:45.545
2021	2021- A	CARLOS RODRIGUES	3	22:37.461	18,6	1:06:46.089	11:51:18.099
2021	2021- A	CARLOS RODRIGUES	5	22:26.641	18,7	1:50:21.949	12:34:53.959
2021	2021- A	CARLOS RODRIGUES	7	23:23.102	18	2:35:04.089	13:19:36.099
2021	2021- A	CARLOS RODRIGUES	8	21:00.581	20	2:56:04.670	13:40:36.680



2021	2021- B	CLAUDIO COUTO	2	20:55.093	20,1	44:08.628	11:28:40.638
2021	2021- B	CLAUDIO COUTO	4	21:09.219	19,9	1:27:55.308	12:12:27.318
2021	2021- B	CLAUDIO COUTO	6	21:19.038	19,7	2:11:40.987	12:56:12.997
2023	2023- A	DIOGO FIGUEIREDO	2	16:28.760	25,5	33:18.984	11:17:50.994
2023	2023- A	DIOGO FIGUEIREDO	3	17:06.162	24,6	50:25.146	11:34:57.156
2023	2023- A	DIOGO FIGUEIREDO	6	16:30.680	25,4	1:40:44.169	12:25:16.179
2023	2023- A	DIOGO FIGUEIREDO	7	16:47.527	25	1:57:31.696	12:42:03.706
2023	2023- A	DIOGO FIGUEIREDO	9	17:27.269	24,1	2:33:27.256	13:17:59.266
2023	2023- A	DIOGO FIGUEIREDO	10	20:43.235	20,3	2:54:10.491	13:38:42.501
2023	2023- B	FABIO GOMES	1	16:50.224	24,9	16:50.224	11:01:22.234
2023	2023- B	FABIO GOMES	4	16:56.031	24,8	1:07:21.177	11:51:53.187
2023	2023- B	FABIO GOMES	5	16:52.312	24,9	1:24:13.489	12:08:45.499
2023	2023- B	FABIO GOMES	8	18:28.291	22,7	2:15:59.987	13:00:31.997
2024	2024- A	ARTUR LIMA	2	17:05.123	24,6	34:40.839	11:19:12.849
2024	2024- A	ARTUR LIMA	3	17:05.853	24,6	51:46.692	11:36:18.702
2024	2024- A	ARTUR LIMA	6	17:24.351	24,1	1:44:17.380	12:28:49.390
2024	2024- A	ARTUR LIMA	7	18:00.437	23,3	2:02:17.817	12:46:49.827
2024	2024- A	ARTUR LIMA	9	18:39.757	22,5	2:38:41.363	13:23:13.373
2024	2024- A	ARTUR LIMA	10	17:51.437	23,5	2:56:32.800	13:41:04.810
2024	2024- B	HELDER SANTOS	1	17:35.716	23,9	17:35.716	11:02:07.726
2024	2024- B	HELDER SANTOS	4	17:22.282	24,2	1:09:08.974	11:53:40.984
2024	2024- B	HELDER SANTOS	5	17:44.055	23,7	1:26:53.029	12:11:25.039
2024	2024- B	HELDER SANTOS	8	17:43.789	23,7	2:20:01.606	13:04:33.616
2025	2025- A	HELDER MIRANDA	1	21:49.559	19,2	21:49.559	11:06:21.569
2025	2025- A	HELDER MIRANDA	4	24:22.634	17,2	1:28:56.580	12:13:28.590
2025	2025- A	HELDER MIRANDA	6	24:30.122	17,1	2:13:24.622	12:57:56.632
2025	2025- B	JOSE CARVALHO	2	20:32.171	20,5	42:21.730	11:26:53.740
2025	2025- B	JOSE CARVALHO	3	22:12.216	18,9	1:04:33.946	11:49:05.956
2025	2025- B	JOSE CARVALHO	5	19:57.920	21	1:48:54.500	12:33:26.510
2025	2025- B	JOSE CARVALHO	7	21:13.074	19,8	2:34:37.696	13:19:09.706
2025	2025- B	JOSE CARVALHO	8	22:35.392	18,6	2:57:13.088	13:41:45.098
2026	2026- A	PEDRO DUARTE	1	20:04.385	20,9	20:04.385	11:04:36.395
2026	2026- A	PEDRO DUARTE	4	20:16.160	20,7	1:19:03.289	12:03:35.299
2026	2026- A	PEDRO DUARTE	6	19:36.436	21,4	1:58:27.458	12:42:59.468
2026	2026- B	MANUEL SOBRAL	2	19:30.235	21,5	39:34.620	11:24:06.630
2026	2026- B	MANUEL SOBRAL	3	19:12.509	21,9	58:47.129	11:43:19.139
2026	2026- B	MANUEL SOBRAL	5	19:47.733	21,2	1:38:51.022	12:23:23.032
2026	2026- B	MANUEL SOBRAL	7	21:35.921	19,4	2:20:03.379	13:04:35.389
2026	2026- B	MANUEL SOBRAL	8	20:00.023	21	2:40:03.402	13:24:35.412
2027	2027- A	RICARDO SANTOS	4	17:15.142	24,3	1:10:19.694	11:54:51.704
2027	2027- A	RICARDO SANTOS	5	17:25.200	24,1	1:27:44.894	12:12:16.904
2027	2027- A	RICARDO SANTOS	6	17:35.614	23,9	1:45:20.508	12:29:52.518
2027	2027- A	RICARDO SANTOS	7	17:42.103	23,7	2:03:02.611	12:47:34.621
2027	2027- A	RICARDO SANTOS	8	18:29.807	22,7	2:21:32.418	13:06:04.428
2027	2027- A	RICARDO SANTOS	9	18:34.483	22,6	2:40:06.901	13:24:38.911
2027	2027- A	RICARDO SANTOS	10	19:45.422	21,3	2:59:52.323	13:44:24.333
2027	2027- B	PEDRO VIANA	1	18:26.259	22,8	18:26.259	11:02:58.269
2027	2027- B	PEDRO VIANA	2	17:04.407	24,6	35:30.666	11:20:02.676
2027	2027- B	PEDRO VIANA	3	17:33.886	23,9	53:04.552	11:37:36.562
2028	2028- A	CLÁUDIA COSTA	1	22:21.012	18,8	22:21.012	11:06:53.022
2028	2028- A	CLÁUDIA COSTA	3	24:46.570	17	1:08:56.679	11:53:28.689
2028	2028- A	CLÁUDIA COSTA	5	25:31.604	16,5	1:56:33.357	12:41:05.367
2028	2028- A	CLÁUDIA COSTA	7	27:00.101	15,6	2:47:03.738	13:31:35.748
2028	2028- B	ANDREIA MARQUES	2	21:49.097	19,2	44:10.109	11:28:42.119
2028	2028- B	ANDREIA MARQUES	4	22:05.074	19	1:31:01.753	12:15:33.763
2028	2028- B	ANDREIA MARQUES	6	23:30.280	17,9	2:20:03.637	13:04:35.647
2029	2029- A	SÉRGIO MARTINS	1	20:10.884	20,8	20:10.884	11:04:42.894
2029	2029- A	SÉRGIO MARTINS	4	18:33.235	22,6	1:16:04.470	12:00:36.480
2029	2029- A	SÉRGIO MARTINS	6	19:11.196	21,9	1:54:22.569	12:38:54.579
2029	2029- A	SÉRGIO MARTINS	8	19:28.269	21,6	2:33:10.375	13:17:42.385
2029	2029- A	SÉRGIO MARTINS	9	19:40.959	21,3	2:52:51.334	13:37:23.344
2029	2029- B	RUI SILVA	2	18:32.062	22,7	38:42.946	11:23:14.956
2029	2029- B	RUI SILVA	3	18:48.289	22,3	57:31.235	11:42:03.245
2029	2029- B	RUI SILVA	5	19:06.903	22	1:35:11.373	12:19:43.383
2029	2029- B	RUI SILVA	7	19:19.537	21,7	2:13:42.106	12:58:14.116
2030	2030- A	DAMIAN COSTA	1	17:57.397	23,4	17:57.397	11:02:29.407
2030	2030- A	DAMIAN COSTA	2	17:06.515	24,5	35:03.912	11:19:35.922
2030	2030- A	DAMIAN COSTA	5	16:41.711	25,2	1:26:23.978	12:10:55.988
2030	2030- A	DAMIAN COSTA	7	17:39.782	23,8	2:01:15.580	12:45:47.590
2030	2030- A	DAMIAN COSTA	9	17:29.469	24	2:36:21.411	13:20:53.421
2030	2030- A	DAMIAN COSTA	10	18:32.496	22,7	2:54:53.907	13:39:25.917
2030	2030- B	DAVID RODRIGUEZ	3	17:47.936	23,6	52:51.848	11:37:23.858
2030	2030- B	DAVID RODRIGUEZ	4	16:50.419	24,9	1:09:42.267	11:54:14.277
2030	2030- B	DAVID RODRIGUEZ	6	17:11.820	24,4	1:43:35.798	12:28:07.808
2030	2030- B	DAVID RODRIGUEZ	8	17:36.362	23,9	2:18:51.942	13:03:23.952
2031	2031- A	MANUEL ESTEVES	1	20:54.197	20,1	20:54.197	11:05:26.207
2031	2031- A	MANUEL ESTEVES	4	24:50.237	16,9	1:27:02.408	12:11:34.418
2031	2031- A	MANUEL ESTEVES	5	20:07.814	20,9	1:47:10.222	12:31:42.232
2031	2031- B	DALMO GOMES	2	20:00.400	21	40:54.597	11:25:26.607
2031	2031- B	DALMO GOMES	3	21:17.574	19,7	1:02:12.171	11:46:44.181
2031	2031- B	DALMO GOMES	6	26:31.674	15,8	2:13:41.896	12:58:13.906
2031	2031- B	DALMO GOMES	7	22:17.668	18,8	2:35:59.564	13:20:31.574
2031	2031- B	DALMO GOMES	8	20:38.915	20,3	2:56:38.479	13:41:10.489
2032	2032- A	TIAGO AMORIM	2	16:31.747	25,4	34:26.197	11:18:58.207
2032	2032- A	TIAGO AMORIM	3	16:51.946	24,9	51:18.143	11:35:50.153
2032	2032- A	TIAGO AMORIM	6	16:56.406	24,8	1:41:55.926	12:26:27.936
2032	2032- A	TIAGO AMORIM	7	16:54.208	24,8	1:58:50.134	12:43:22.144
2032	2032- B	FÁBIO TOMÁS	1	17:54.450	23,5	17:54.450	11:02:26.460
2032	2032- B	FÁBIO TOMÁS	4	17:03.090	24,6	1:08:21.233	11:52:53.243
2032	2032- B	FÁBIO TOMÁS	5	16:38.287	25,2	1:24:59.520	12:09:31.530
2032	2032- B	FÁBIO TOMÁS	8	17:07.764	24,5	2:15:57.898	13:00:29.908
2032	2032- B	FÁBIO TOMÁS	9	17:29.630	24	2:33:27.528	13:17:59.538
2032	2032- B	FÁBIO TOMÁS	10	17:48.459	23,6	2:51:15.987	13:35:47.997
2034	2034- A	FRANCISCO NETO	2	19:47.632	21,2	39:18.479	11:23:50.489
2034	2034- A	FRANCISCO NETO	3	18:17.143	23	57:35.622	11:42:07.632
2034	2034- A	FRANCISCO NETO	6	19:52.528	21,1	1:55:27.646	12:39:59.656
2034	2034- A	FRANCISCO NETO	7	18:58.543	22,1	2:14:26.189	12:58:58.199
2034	2034- B	JOÃO COSTA	1	19:30.847	21,5	19:30.847	11:04:02.857
2034	2034- B	JOÃO COSTA	4	19:01.582	22,1	1:16:37.204	12:01:09.214
2034	2034- B	JOÃO COSTA	5	18:57.914	22,1	1:35:35.118	12:20:07.128
2034	2034- B	JOÃO COSTA	8	20:13.626	20,8	2:34:39.815	13:19:11.825
2034	2034- B	JOÃO COSTA	9	20:46.903	20,2	2:55:26.718	13:39:58.728
2035	2035- A	RICARDO QUEIRÓS	1	18:21.823	22,9	18:21.823	11:02:53.833
2035	2035- A	RICARDO QUEIRÓS	4	17:22.209	24,2	1:09:50.098	11:54:22.108
2035	2035- A	RICARDO QUEIRÓS	5	17:12.996	24,4	1:27:03.094	12:11:35.104
2035	2035- A	RICARDO QUEIRÓS	8	17:41.547	23,7	2:19:58.858	13:04:30.868
2035	2035- A	RICARDO QUEIRÓS	9	17:19.656	24,2	2:37:18.514	13:21:50.524
2035	2035- A	RICARDO QUEIRÓS	10	17:48.510	23,6	2:55:07.024	13:39:39.034
2035	2035- B	EDGAR FERREIRA	2	17:04.451	24,6	35:26.274	11:19:58.284
2035	2035- B	EDGAR FERREIRA	3	17:01.615	24,7	52:27.889	11:36:59.899
2035	2035- B	EDGAR FERREIRA	6	17:13.839	24,4	1:44:16.933	12:28:48.943



2035	2035- B	EDGAR FERREIRA	7	18:00.378	23,3	2:02:17.311	12:46:49.321
2036	2036- A	MARISA SANTOS	1	20:22.810	20,6	20:22.810	11:04:54.820
2036	2036- A	MARISA SANTOS	2	19:02.599	22,1	39:25.409	11:23:57.419
2036	2036- A	MARISA SANTOS	3	19:35.203	21,4	59:00.612	11:43:32.622
2036	2036- A	MARISA SANTOS	4	21:04.126	19,9	1:20:04.738	12:04:36.748
2036	2036- B	DIANA FERREIRA	5	21:45.904	19,3	1:41:50.642	12:26:22.652
2036	2036- B	DIANA FERREIRA	6	19:50.761	21,2	2:01:41.403	12:46:13.413
2036	2036- B	DIANA FERREIRA	7	20:25.715	20,6	2:22:07.118	13:06:39.128
2036	2036- B	DIANA FERREIRA	8	20:46.053	20,2	2:42:53.171	13:27:25.181
2037	2037- A	ERNESTO SILVA	2	18:40.912	22,5	38:28.485	11:23:00.495
2037	2037- A	ERNESTO SILVA	4	19:00.036	22,1	1:15:47.656	12:00:19.666
2037	2037- A	ERNESTO SILVA	6	19:11.159	21,9	1:53:51.141	12:38:23.151
2037	2037- A	ERNESTO SILVA	8	19:00.964	22,1	2:32:08.897	13:16:40.907
2037	2037- A	ERNESTO SILVA	9	20:21.152	20,6	2:52:30.049	13:37:02.059
2037	2037- B	RUI VALINHO	1	19:47.573	21,2	19:47.573	11:04:19.583
2037	2037- B	RUI VALINHO	3	18:19.135	22,9	56:47.620	11:41:19.630
2037	2037- B	RUI VALINHO	5	18:52.326	22,3	1:34:39.982	12:19:11.992
2037	2037- B	RUI VALINHO	7	19:16.792	21,8	2:13:07.933	12:57:39.943
2038	2038- A	NUNOMARTINS	1	18:33.840	22,6	18:33.840	11:03:05.850
2038	2038- A	NUNOMARTINS	3	17:33.045	23,9	53:56.441	11:38:28.451
2038	2038- A	NUNOMARTINS	5	17:53.614	23,5	1:30:40.704	12:15:12.714
2038	2038- A	NUNOMARTINS	7	18:17.632	23	2:07:44.405	12:52:16.415
2038	2038- B	LUIS DUARTE	2	17:49.556	23,6	36:23.396	11:20:55.406
2038	2038- B	LUIS DUARTE	4	18:50.649	22,3	1:12:47.090	11:57:19.100
2038	2038- B	LUIS DUARTE	6	18:46.069	22,4	1:49:26.773	12:33:58.783
2038	2038- B	LUIS DUARTE	8	19:40.591	21,3	2:27:24.996	13:11:57.006
2038	2038- B	LUIS DUARTE	9	19:32.627	21,5	2:46:57.623	13:31:29.633
2039	2039- A	JOSE MACEDO	2	17:32.902	23,9	36:20.159	11:20:52.169
2039	2039- A	JOSE MACEDO	4	18:08.456	23,2	1:11:32.928	11:56:04.938
2039	2039- A	JOSE MACEDO	6	18:33.768	22,6	1:47:46.909	12:32:18.919
2039	2039- A	JOSE MACEDO	8	18:48.366	22,3	2:24:42.267	13:09:14.277
2039	2039- B	DANIEL MAIA	1	18:47.257	22,4	18:47.257	11:03:19.267
2039	2039- B	DANIEL MAIA	3	17:04.313	24,6	53:24.472	11:37:56.482
2039	2039- B	DANIEL MAIA	5	17:40.213	23,8	1:29:13.141	12:13:45.151
2039	2039- B	DANIEL MAIA	7	18:06.992	23,2	2:05:53.901	12:50:25.911
2039	2039- B	DANIEL MAIA	9	18:06.638	23,2	2:42:48.905	13:27:20.915
2040	2040- A	LUIS COSTA	2	20:02.875	20,9	40:07.803	11:24:39.813
2040	2040- A	LUIS COSTA	4	20:38.235	20,4	1:20:01.527	12:04:33.537
2040	2040- A	LUIS COSTA	6	21:28.116	19,6	2:00:45.549	12:45:17.559
2040	2040- A	LUIS COSTA	8	21:10.206	19,8	2:40:14.182	13:24:46.192
2040	2040- B	FILIPE RODRIGUES	1	20:04.928	20,9	20:04.928	11:04:36.938
2040	2040- B	FILIPE RODRIGUES	3	19:15.489	21,8	59:23.292	11:43:55.302
2040	2040- B	FILIPE RODRIGUES	5	19:15.906	21,8	1:39:17.433	12:23:49.443
2040	2040- B	FILIPE RODRIGUES	7	18:18.427	22,9	2:19:03.976	13:03:35.986
2041	2041- A	DANIELA ARAÚJO	2	25:40.251	16,4	48:25.626	11:32:57.636
2041	2041- A	DANIELA ARAÚJO	3	22:10.893	18,9	1:10:36.519	11:55:08.529
2041	2041- A	DANIELA ARAÚJO	5	26:37.957	15,8	2:01:24.139	12:45:56.149
2041	2041- A	DANIELA ARAÚJO	6	27:02.672	15,5	2:28:26.811	13:12:58.821
2041	2041- A	DANIELA ARAÚJO	7	27:29.411	15,3	2:55:56.222	13:40:28.232
2041	2041- B	SÓNIA BARRETO	1	22:45.375	18,5	22:45.375	11:07:17.385
2041	2041- B	SÓNIA BARRETO	4	24:09.663	17,4	1:34:46.182	12:19:18.192
2042	2042- A	MARLENE SEARA	1	21:47.644	19,3	21:47.644	11:06:19.654
2042	2042- A	MARLENE SEARA	3	21:21.698	19,7	1:03:14.444	11:47:46.454
2042	2042- A	MARLENE SEARA	5	21:30.110	19,5	1:45:29.067	12:30:01.077
2042	2042- A	MARLENE SEARA	7	22:08.278	19	2:29:23.610	13:13:55.620
2042	2042- A	MARLENE SEARA	8	22:09.959	18,9	2:51:33.569	13:36:05.579
2042	2042- B	ANA SILVA	2	20:05.102	20,9	41:52.746	11:26:24.756
2042	2042- B	ANA SILVA	4	20:44.513	20,2	1:23:58.957	12:08:30.967
2042	2042- B	ANA SILVA	6	21:46.265	19,3	2:07:15.332	12:51:47.342
2043	2043- A	FLORA CARVALHO	2	27:42.355	15,2	56:47.597	11:41:19.607
2043	2043- A	FLORA CARVALHO	4	28:25.739	14,8	1:53:14.416	12:37:46.426
2043	2043- B	CELESTE RAMOS	1	29:05.242	14,4	29:05.242	11:13:37.252
2043	2043- B	CELESTE RAMOS	3	28:01.080	15	1:24:48.677	12:09:20.687
2043	2043- B	CELESTE RAMOS	5	29:23.362	14,3	2:22:37.778	13:07:09.788
2043	2043- B	CELESTE RAMOS	6	30:03.314	14	2:52:41.092	13:37:13.102
2044	2044- A	FRANCISCO MACHADO	5	21:19.104	19,7	1:46:16.033	12:30:48.043
2044	2044- A	FRANCISCO MACHADO	6	20:02.150	21	2:06:18.183	12:50:50.193
2044	2044- A	FRANCISCO MACHADO	7	19:59.291	21	2:26:17.474	13:10:49.484
2044	2044- A	FRANCISCO MACHADO	8	20:56.366	20,1	2:47:13.840	13:31:45.850
2044	2044- B	SERGIO ROCHA	1	21:56.020	19,1	21:56.020	11:06:28.030
2044	2044- B	SERGIO ROCHA	2	20:35.938	20,4	42:31.958	11:27:03.968
2044	2044- B	SERGIO ROCHA	3	20:59.460	20	1:03:31.418	11:48:03.428
2044	2044- B	SERGIO ROCHA	4	21:25.511	19,6	1:24:56.929	12:09:28.939
2045	2045- A	RUI TAVEIRA	1	20:53.807	20,1	20:53.807	11:05:25.817
2045	2045- A	RUI TAVEIRA	4	20:41.736	20,3	1:22:03.428	12:06:35.438
2045	2045- A	RUI TAVEIRA	6	20:23.877	20,6	2:03:32.857	12:48:04.867
2045	2045- B	ADELINO AGUIAR	2	20:44.690	20,2	41:38.497	11:26:10.507
2045	2045- B	ADELINO AGUIAR	3	19:43.195	21,3	1:01:21.692	11:45:53.702
2045	2045- B	ADELINO AGUIAR	5	21:05.552	19,9	1:43:08.980	12:27:40.990
2045	2045- B	ADELINO AGUIAR	7	21:38.540	19,4	2:25:11.397	13:09:43.407
2045	2045- B	ADELINO AGUIAR	8	22:54.161	18,3	2:48:05.558	13:32:37.568
2046	2046- A	LILIANA LOPES	4	21:06.944	19,9	1:24:44.437	12:09:16.447
2046	2046- A	LILIANA LOPES	5	19:38.741	21,4	1:44:23.178	12:28:55.188
2046	2046- A	LILIANA LOPES	6	20:07.738	20,9	2:04:30.916	12:49:02.926
2046	2046- A	LILIANA LOPES	7	20:56.332	20,1	2:25:27.248	13:09:59.258
2046	2046- A	LILIANA LOPES	8	21:28.207	19,6	2:46:55.455	13:31:27.465
2046	2046- B	JOANA TERLEIRA	1	21:16.419	19,7	21:16.419	11:05:48.429
2046	2046- B	JOANA TERLEIRA	2	21:03.909	19,9	42:20.328	11:26:52.338
2046	2046- B	JOANA TERLEIRA	3	21:17.165	19,7	1:03:37.493	11:48:09.503
2047	2047- A	JOÃO CACHADA	3	17:31.440	24	52:07.761	11:36:39.771
2047	2047- A	JOÃO CACHADA	4	16:39.668	25,2	1:08:47.429	11:53:19.439
2047	2047- A	JOÃO CACHADA	5	17:09.830	24,5	1:25:57.259	12:10:29.269
2047	2047- A	JOÃO CACHADA	6	17:21.245	24,2	1:43:18.504	12:27:50.514
2047	2047- A	JOÃO CACHADA	7	17:26.733	24,1	2:00:45.237	12:45:17.247
2047	2047- A	JOÃO CACHADA	8	17:47.613	23,6	2:18:32.850	13:03:04.860
2047	2047- A	JOÃO CACHADA	9	17:45.264	23,7	2:36:18.114	13:20:50.124
2047	2047- A	JOÃO CACHADA	10	17:57.657	23,4	2:54:15.771	13:38:47.781
2047	2047- B	HUGO COSTA	1	17:35.278	23,9	17:35.278	11:02:07.288
2047	2047- B	HUGO COSTA	2	17:01.043	24,7	34:36.321	11:19:08.331
3001	3001- A	NUNO ARIEIRA	1	18:12.777	23,1	18:12.777	11:02:44.787
3001	3001- A	NUNO ARIEIRA	6	17:15.188	24,3	1:43:14.519	12:27:46.529
3001	3001- A	NUNO ARIEIRA	7	18:13.920	23	2:01:28.439	12:46:00.449
3001	3001- B	TIAGO VIEIRA	2	17:17.649	24,3	35:30.426	11:20:02.436
3001	3001- B	TIAGO VIEIRA	3	16:43.602	25,1	52:14.028	11:36:46.038
3001	3001- B	TIAGO VIEIRA	8	17:56.041	23,4	2:19:24.480	13:03:56.490
3001	3001- B	TIAGO VIEIRA	9	16:52.844	24,9	2:36:17.324	13:20:49.334
3001	3001- B	TIAGO VIEIRA	10	17:09.780	24,5	2:53:27.104	13:37:59.114
3001	3001- C	RUBEN VELOSO	4	16:18.203	25,8	1:08:32.231	11:53:04.241
3001	3001- C	RUBEN VELOSO	5	17:27.100	24,1	1:25:59.331	12:10:31.341
3002	3002- A	NUNO OLIVEIRA	1	18:58.446	22,1	18:58.446	11:03:30.456
3002	3002- A	NUNO OLIVEIRA	3	35:15.359	11,9	1:11:24.420	11:55:56.430



3002	3002- A	NUNO OLIVEIRA	6	17:41.288	23,7	2:03:59.269	12:48:31.279
3002	3002- B	DANIEL SANTOS	5	17:33.655	23,9	1:46:17.981	12:30:49.991
3002	3002- B	DANIEL SANTOS	8	17:49.373	23,6	2:39:16.276	13:23:48.286
3002	3002- C	CARLOS SOUSA	2	17:10.615	24,5	36:09.061	11:20:41.071
3002	3002- C	CARLOS SOUSA	4	17:19.906	24,2	1:28:44.326	12:13:16.336
3002	3002- C	CARLOS SOUSA	7	17:27.634	24,1	2:21:26.903	13:05:58.913
3003	3003- A	CARLOS SALEIRO	2	17:14.137	24,4	35:57.171	11:20:29.181
3003	3003- A	CARLOS SALEIRO	5	17:46.551	23,6	1:28:40.191	12:13:12.201
3003	3003- A	CARLOS SALEIRO	8	17:24.888	24,1	2:21:24.738	13:05:56.748
3003	3003- B	MÁRIO FERREIRA	1	18:43.034	22,4	18:43.034	11:03:15.044
3003	3003- B	MÁRIO FERREIRA	4	17:29.699	24	1:10:53.640	11:55:25.650
3003	3003- B	MÁRIO FERREIRA	7	17:39.406	23,8	2:03:59.850	12:48:31.860
3003	3003- C	JOSÉ CASAIS	3	17:26.770	24,1	53:23.941	11:37:55.951
3003	3003- C	JOSÉ CASAIS	6	17:40.253	23,8	1:46:20.444	12:30:52.454
3003	3003- C	JOSÉ CASAIS	9	17:38.992	23,8	2:39:03.730	13:23:35.740
3003	3003- C	JOSÉ CASAIS	10	18:46.091	22,4	2:57:49.821	13:42:21.831
3004	3004- A	OSCAR DE CASTRO	2	18:00.932	23,3	37:21.121	11:21:53.131
3004	3004- A	OSCAR DE CASTRO	5	17:53.709	23,5	1:31:17.863	12:15:49.873
3004	3004- A	OSCAR DE CASTRO	8	18:36.955	22,6	2:26:51.875	13:11:23.885
3004	3004- B	ANTÓNIO QUINTEIRO	3	17:44.291	23,7	55:05.412	11:39:37.422
3004	3004- B	ANTÓNIO QUINTEIRO	6	17:58.222	23,4	1:49:16.085	12:33:48.095
3004	3004- B	ANTÓNIO QUINTEIRO	9	18:05.471	23,2	2:44:57.346	13:29:29.356
3004	3004- C	ANTÓNIO ALVES	1	19:20.189	21,7	19:20.189	11:03:52.199
3004	3004- C	ANTÓNIO ALVES	4	18:18.742	22,9	1:13:24.154	11:57:56.164
3004	3004- C	ANTÓNIO ALVES	7	18:58.835	22,1	2:08:14.920	12:52:46.930
3005	3005- A	CARLOS SOUSA	1	39:51.725	10,5	39:51.725	11:24:23.735
3005	3005- A	CARLOS SOUSA	3	39:55.568	10,5	1:39:03.880	12:23:35.890
3005	3005- A	CARLOS SOUSA	6	20:08.779	20,8	2:39:39.561	13:24:11.571
3005	3005- A	CARLOS SOUSA	7	19:28.048	21,6	2:59:07.609	13:43:39.619
3005	3005- B	DINIS PEREIRA	2	19:16.587	21,8	59:08.312	11:43:40.322
3005	3005- B	DINIS PEREIRA	4	19:07.522	22	1:58:11.402	12:42:43.412
3005	3005- C	JOSÉ QUINTEIRO	5	21:19.380	19,7	2:19:30.782	13:04:02.792
3006	3006- A	HELDER ASSUNÇÃO	1	18:29.953	22,7	18:29.953	11:03:01.963
3006	3006- A	HELDER ASSUNÇÃO	6	18:36.587	22,6	1:54:21.841	12:38:53.851
3006	3006- A	HELDER ASSUNÇÃO	7	18:51.349	22,3	2:13:13.190	12:57:45.200
3006	3006- A	HELDER ASSUNÇÃO	8	18:08.999	23,1	2:31:22.189	13:15:54.199
3006	3006- A	HELDER ASSUNÇÃO	9	18:45.973	22,4	2:50:08.162	13:34:40.172
3006	3006- B	MARIO CRUZ	4	21:05.723	19,9	1:17:23.372	12:01:55.382
3006	3006- B	MARIO CRUZ	5	18:21.882	22,9	1:35:45.254	12:20:17.264
3006	3006- C	PEDRO RIBEIRO	2	17:38.574	23,8	36:08.527	11:20:40.537
3006	3006- C	PEDRO RIBEIRO	3	20:09.122	20,8	56:17.649	11:40:49.659
3007	3007- A	EDUARDO BRAGA	3	23:05.249	18,2	1:12:09.267	11:56:41.277
3007	3007- A	EDUARDO BRAGA	6	22:56.873	18,3	2:22:38.455	13:07:10.465
3007	3007- B	HUGO GOMES	2	23:55.341	17,6	49:04.018	11:33:36.028
3007	3007- B	HUGO GOMES	5	24:48.471	16,9	1:59:41.582	12:44:13.592
3007	3007- C	RUI GONÇALVES	1	25:08.677	16,7	25:08.677	11:09:40.687
3007	3007- C	RUI GONÇALVES	4	22:43.844	18,5	1:34:53.111	12:19:25.121
3008	3008- A	FILIPE COSTA	2	18:30.670	22,7	38:28.222	11:23:00.232
3008	3008- A	FILIPE COSTA	5	18:59.909	22,1	1:35:35.439	12:20:07.449
3008	3008- A	FILIPE COSTA	8	19:06.551	22	2:33:06.476	13:17:38.486
3008	3008- A	FILIPE COSTA	9	20:45.905	20,2	2:53:52.381	13:38:24.391
3008	3008- B	ANGELO SOARES	3	19:20.784	21,7	57:49.006	11:42:21.016
3008	3008- B	ANGELO SOARES	6	19:53.743	21,1	1:55:29.182	12:40:01.192
3008	3008- C	ALVARO COSTA	1	19:57.552	21	19:57.552	11:04:29.562
3008	3008- C	ALVARO COSTA	4	18:46.524	22,4	1:16:35.530	12:01:07.540
3008	3008- C	ALVARO COSTA	7	18:30.743	22,7	2:13:59.925	12:58:31.935
3009	3009- A	SÉRGIO FERNANDES	2	17:26.755	24,1	35:56.430	11:20:28.440
3009	3009- A	SÉRGIO FERNANDES	3	17:30.383	24	53:26.813	11:37:58.823
3009	3009- A	SÉRGIO FERNANDES	7	17:45.255	23,7	2:05:25.090	12:49:57.100
3009	3009- A	SÉRGIO FERNANDES	9	18:54.887	22,2	2:41:52.592	13:26:24.602
3009	3009- A	SÉRGIO FERNANDES	10	17:54.099	23,5	2:59:46.691	13:44:18.701
3009	3009- B	FRANCISCO MACIEIRA	4	17:57.881	23,4	1:11:24.694	11:55:56.704
3009	3009- B	FRANCISCO MACIEIRA	5	17:25.592	24,1	1:28:50.286	12:13:22.296
3009	3009- B	FRANCISCO MACIEIRA	8	17:32.615	23,9	2:22:57.705	13:07:29.715
3009	3009- C	NUNO SILVA	1	18:29.675	22,7	18:29.675	11:03:01.685
3009	3009- C	NUNO SILVA	6	18:49.549	22,3	1:47:39.835	12:32:11.845
3010	3010- A	FRANCISCO VILA ESTEVEZ	2	16:36.414	25,3	34:10.516	11:18:42.526
3010	3010- A	FRANCISCO VILA ESTEVEZ	7	17:17.126	24,3	2:00:32.252	12:45:04.262
3010	3010- A	FRANCISCO VILA ESTEVEZ	8	18:01.494	23,3	2:18:33.746	13:03:05.756
3010	3010- B	ABRAHAM TENA COSTAS	1	17:34.102	23,9	17:34.102	11:02:06.112
3010	3010- B	ABRAHAM TENA COSTAS	4	17:47.348	23,6	1:09:43.583	11:54:15.593
3010	3010- B	ABRAHAM TENA COSTAS	5	16:39.753	25,2	1:26:23.336	12:10:55.346
3010	3010- B	ABRAHAM TENA COSTAS	6	16:51.790	24,9	1:43:15.126	12:27:47.136
3010	3010- C	LUIS DEL RIO CACHEIRO	3	17:45.719	23,6	51:56.235	11:36:28.245
3010	3010- C	LUIS DEL RIO CACHEIRO	9	17:58.400	23,4	2:36:32.146	13:21:04.156
3010	3010- C	LUIS DEL RIO CACHEIRO	10	18:01.243	23,3	2:54:33.389	13:39:05.399
3011	3011- A	CARLOS FERNANDES	2	17:19.610	24,2	36:01.280	11:20:33.290
3011	3011- A	CARLOS FERNANDES	3	18:04.881	23,2	54:06.161	11:38:38.171
3011	3011- A	CARLOS FERNANDES	8	18:53.343	22,2	2:27:34.062	13:12:06.072
3011	3011- A	CARLOS FERNANDES	9	19:18.480	21,8	2:46:52.542	13:31:24.552
3011	3011- B	MANUEL SANTOS	1	18:41.670	22,5	18:41.670	11:03:13.680
3011	3011- B	MANUEL SANTOS	4	19:19.865	21,7	1:13:26.026	11:57:58.036
3011	3011- B	MANUEL SANTOS	5	18:06.283	23,2	1:31:32.309	12:16:04.319
3011	3011- C	FERNANDO FERNANDES	6	18:48.958	22,3	1:50:21.267	12:34:53.277
3011	3011- C	FERNANDO FERNANDES	7	18:19.452	22,9	2:08:40.719	12:53:12.729
3012	3012- A	PAULO MACHADO	3	17:56.847	23,4	53:16.589	11:37:48.599
3012	3012- A	PAULO MACHADO	6	17:41.325	23,7	1:45:26.913	12:29:58.923
3012	3012- A	PAULO MACHADO	9	17:30.603	24	2:37:22.316	13:21:54.326
3012	3012- A	PAULO MACHADO	10	17:06.861	24,5	2:54:29.177	13:39:01.187
3012	3012- B	AMILCAR FERREIRA	1	17:59.971	23,3	17:59.971	11:02:31.981
3012	3012- B	AMILCAR FERREIRA	4	16:44.216	25,1	1:10:00.805	11:54:32.815
3012	3012- B	AMILCAR FERREIRA	7	16:46.956	25	2:02:13.869	12:46:45.879
3012	3012- C	ESMERALDO LOPES	2	17:19.771	24,2	35:19.742	11:19:51.752
3012	3012- C	ESMERALDO LOPES	5	17:44.783	23,7	1:27:45.588	12:12:17.598
3012	3012- C	ESMERALDO LOPES	8	17:37.844	23,8	2:19:51.713	13:04:23.723
3013	3013- A	NUNO BEST	2	18:15.244	23	37:27.796	11:21:59.806
3013	3013- A	NUNO BEST	5	18:11.567	23,1	1:31:01.517	12:15:33.527
3013	3013- A	NUNO BEST	8	18:38.535	22,5	2:25:08.850	13:09:40.860
3013	3013- B	JORGE GONÇALVES	3	17:32.069	24	54:59.865	11:39:31.875
3013	3013- B	JORGE GONÇALVES	6	17:33.174	23,9	1:48:34.691	12:33:06.701
3013	3013- B	JORGE GONÇALVES	9	18:09.413	23,1	2:43:18.263	13:27:50.273
3013	3013- C	MARCO SILVA	1	19:12.552	21,9	19:12.552	11:03:44.562
3013	3013- C	MARCO SILVA	4	17:50.085	23,5	1:12:49.950	11:57:21.960
3013	3013- C	MARCO SILVA	7	17:55.624	23,4	2:06:30.315	12:51:02.325
3014	3014- A	HERNANI GOUVEIA	3	18:40.823	22,5	53:27.219	11:37:59.229
3014	3014- A	HERNANI GOUVEIA	6	18:15.074	23	1:45:34.708	12:30:06.718
3014	3014- A	HERNANI GOUVEIA	8	17:37.726	23,8	2:19:51.345	13:04:23.355
3014	3014- B	JOSE FERNANDES	1	17:59.871	23,3	17:59.871	11:02:31.881
3014	3014- B	JOSE FERNANDES	4	16:27.558	25,5	1:09:54.777	11:54:26.787
3014	3014- B	JOSE FERNANDES	7	16:38.911	25,2	2:02:13.619	12:46:45.629
3014	3014- B	JOSE FERNANDES	9	17:31.862	24	2:37:23.207	13:21:55.217



3014	3014- B	JOSE FERNANDES	10	17:21.664	24,2	2:54:44.871	13:39:16.881
3014	3014- C	ANTONIO FERREIRA	2	16:46.525	25	34:46.396	11:19:18.406
3014	3014- C	ANTONIO FERREIRA	5	17:24.857	24,1	1:27:19.634	12:11:51.644
3015	3015- A	HELDER GONÇALVES	4	19:00.263	22,1	1:17:51.871	12:02:23.881
3015	3015- A	HELDER GONÇALVES	7	18:59.205	22,1	2:16:14.124	13:00:46.134
3015	3015- B	FABIO POÇAS	2	18:48.394	22,3	39:15.621	11:23:47.631
3015	3015- B	FABIO POÇAS	3	19:35.987	21,4	58:51.608	11:43:23.618
3015	3015- B	FABIO POÇAS	6	19:11.065	21,9	1:57:14.919	12:41:46.929
3015	3015- C	TIAGO FERNANDES	1	20:27.227	20,5	20:27.227	11:04:59.237
3015	3015- C	TIAGO FERNANDES	5	20:11.983	20,8	1:38:03.854	12:22:35.864
3015	3015- C	TIAGO FERNANDES	8	21:17.670	19,7	2:37:31.794	13:22:03.804
3015	3015- C	TIAGO FERNANDES	9	19:29.619	21,5	2:57:01.413	13:41:33.423
3016	3016- A	RICARDO COSTA	7	19:29.499	21,5	2:05:33.491	12:50:05.501
3016	3016- A	RICARDO COSTA	8	17:25.814	24,1	2:22:59.305	13:07:31.315
3016	3016- B	FRANCISCO NEVES	1	18:47.993	22,3	18:47.993	11:03:20.003
3016	3016- B	FRANCISCO NEVES	2	16:35.939	25,3	35:23.932	11:19:55.942
3016	3016- B	FRANCISCO NEVES	3	17:03.674	24,6	52:27.606	11:36:59.616
3016	3016- C	STEVEN FERNANDES	4	17:09.112	24,5	1:09:36.718	11:54:08.728
3016	3016- C	STEVEN FERNANDES	5	17:47.464	23,6	1:27:24.182	12:11:56.192
3016	3016- C	STEVEN FERNANDES	6	18:39.810	22,5	1:46:03.992	12:30:36.002
3016	3016- C	STEVEN FERNANDES	9	17:59.390	23,3	2:40:58.695	13:25:30.705
3017	3017- A	JOSÉ DANTAS	4	19:19.274	21,7	1:15:57.498	12:00:29.508
3017	3017- A	JOSÉ DANTAS	5	18:41.063	22,5	1:34:38.561	12:19:10.571
3017	3017- A	JOSÉ DANTAS	8	19:48.677	21,2	2:32:32.015	13:17:04.025
3017	3017- A	JOSÉ DANTAS	9	19:21.771	21,7	2:51:53.786	13:36:25.796
3017	3017- B	PEDRO BALINHA	2	18:12.490	23,1	37:59.031	11:22:31.041
3017	3017- B	PEDRO BALINHA	3	18:39.193	22,5	56:38.224	11:41:10.234
3017	3017- B	PEDRO BALINHA	7	19:10.408	21,9	2:12:43.338	12:57:15.348
3017	3017- C	JOSÉ TORRE	1	19:46.541	21,2	19:46.541	11:04:18.551
3017	3017- C	JOSÉ TORRE	6	18:54.369	22,2	1:53:32.930	12:38:04.940
3018	3018- A	DAVID GONZALEZ	1	20:45.921	20,2	20:45.921	11:05:17.931
3018	3018- A	DAVID GONZALEZ	5	19:21.797	21,7	1:33:04.532	12:17:36.542
3018	3018- A	DAVID GONZALEZ	8	19:16.744	21,8	2:28:54.220	13:13:26.230
3018	3018- A	DAVID GONZALEZ	9	18:57.686	22,2	2:47:51.906	13:32:23.916
3018	3018- B	FERNANDO VARELA AGREGAN	4	17:39.752	23,8	1:13:42.735	11:58:14.745
3018	3018- B	FERNANDO VARELA AGREGAN	7	18:04.463	23,2	2:09:37.476	12:54:09.486
3018	3018- C	JOSE VILLANUEVA SABUCEDO	2	18:01.023	23,3	38:46.944	11:23:18.954
3018	3018- C	JOSE VILLANUEVA SABUCEDO	3	17:16.039	24,3	56:02.983	11:40:34.993
3018	3018- C	JOSE VILLANUEVA SABUCEDO	6	18:28.481	22,7	1:51:33.013	12:36:05.023
3019	3019- A	MONICA COSTA	1	25:23.070	16,5	25:23.070	11:09:55.080
3019	3019- A	MONICA COSTA	4	23:40.980	17,7	1:44:44.026	12:29:16.036
3019	3019- B	MARIA MOREIRA	3	27:29.212	15,3	1:21:03.046	12:05:35.056
3019	3019- C	RAQUEL CARDOSO	2	28:10.764	14,9	53:33.834	11:38:05.844
3019	3019- C	RAQUEL CARDOSO	5	28:25.920	14,8	2:13:09.946	12:57:41.956
3019	3019- C	RAQUEL CARDOSO	6	27:54.038	15,1	2:41:03.984	13:25:35.994
3020	3020- A	CRISTINA OLIVEIRA	1	25:43.740	16,3	25:43.740	11:10:15.750
3020	3020- A	CRISTINA OLIVEIRA	4	24:31.029	17,1	1:36:28.153	12:21:00.163
3020	3020- A	CRISTINA OLIVEIRA	6	22:41.666	18,5	2:21:38.354	13:06:10.364
3020	3020- B	ALICE SOUSA	2	23:01.407	18,2	48:45.147	11:33:17.157
3020	3020- B	ALICE SOUSA	5	22:28.535	18,7	1:58:56.688	12:43:28.698
3020	3020- C	ELISETTE FERREIRA	3	23:11.977	18,1	1:11:57.124	11:56:29.134
3020	3020- C	ELISETTE FERREIRA	7	23:15.443	18,1	2:44:53.797	13:29:25.807
3021	3021- A	CARLOS NEIVA	3	21:21.101	19,7	1:00:37.242	11:45:09.252
3021	3021- A	CARLOS NEIVA	7	21:02.527	20	2:19:25.682	13:03:57.692
3021	3021- B	JOSE ROCHA	1	20:54.302	20,1	20:54.302	11:05:26.312
3021	3021- B	JOSE ROCHA	4	19:54.129	21,1	1:20:31.371	12:05:03.381
3021	3021- B	JOSE ROCHA	5	18:45.143	22,4	1:39:16.514	12:23:48.524
3021	3021- B	JOSE ROCHA	8	19:38.055	21,4	2:39:03.737	13:23:35.747
3021	3021- B	JOSE ROCHA	9	18:46.861	22,4	2:57:50.598	13:42:22.608
3021	3021- C	DULCINIO CARDONA	2	18:21.839	22,9	39:16.141	11:23:48.151
3021	3021- C	DULCINIO CARDONA	6	19:06.641	22	1:58:23.155	12:42:55.165
3022	3022- A	JOÃO FERNANDES	3	18:18.475	22,9	55:47.521	11:40:19.531
3022	3022- A	JOÃO FERNANDES	6	18:16.941	23	1:50:41.615	12:35:13.625
3022	3022- B	SIDÓNIO SILVA	1	19:40.109	21,4	19:40.109	11:04:12.119
3022	3022- B	SIDÓNIO SILVA	4	18:15.634	23	1:14:03.155	11:58:35.165
3022	3022- B	SIDÓNIO SILVA	7	19:02.501	22,1	2:09:44.116	12:54:16.126
3022	3022- C	HÉLDER SILVA	2	17:48.937	23,6	37:29.046	11:22:01.056
3022	3022- C	HÉLDER SILVA	5	18:21.519	22,9	1:32:24.674	12:16:56.684
3022	3022- C	HÉLDER SILVA	8	18:45.469	22,4	2:28:29.585	13:13:01.595
3022	3022- C	HÉLDER SILVA	9	19:23.078	21,7	2:47:52.663	13:32:24.673