




































































Prova aberta - Overall Results

Pos	Start #	Athlete	Gender	Division	Country		T1		T2		Time
1	62	Rafael Fernandes	M	M25-29	 - POR	00:18:26	00:00:48	00:42:09	00:00:50	00:08:47	01:10:58
2	118	Ricardo cunha	M	M40-44	 - POR	00:19:05	00:00:56	00:41:19	00:00:55	00:09:29	01:11:42
3	162	jorge Malheiro	M	M45-49	 - POR	00:19:04	00:00:51	00:41:29	00:01:02	00:09:59	01:12:22
4	25	Luís Faria	M	M35-39	 - POR	00:19:19	00:00:56	00:42:37	00:00:40	00:09:35	01:13:05
5	114	Emanuel Silva	M	M30-34	 - POR	00:21:04	00:01:02	00:41:54	00:00:51	00:09:09	01:13:58
6	131	Ricardo Costa	M	M35-39	 - POR	00:18:55	00:01:06	00:43:58	00:00:57	00:09:06	01:14:01
7	195	João Carneiro	M	M25-29	 - POR	00:21:00	00:01:40	00:40:58	00:01:04	00:09:49	01:14:29
8	95	Rui Gonçalves	M	M40-44	 - POR	00:18:14	00:00:54	00:47:03	00:00:41	00:08:46	01:15:35
9	124	Sérgio Pereira	M	M45-49	 - POR	00:19:32	00:00:57	00:44:43	00:01:05	00:09:43	01:15:59
10	178	Belmiro Moreira	M	M45-49	 - POR	00:19:23	00:01:19	00:44:54	00:01:04	00:09:26	01:16:04
11	116	Paulo Pereira	M	M45-49	 - POR	00:18:13	00:00:56	00:47:05	00:00:50	00:09:12	01:16:13
12	150	Ivo Duarte Faria Ferreira	M	M20-24	 - POR	00:21:02	00:01:07	00:41:29	00:01:13	00:11:48	01:16:37
13	55	Carlos Rebelo	M	M40-44	 - POR	00:19:47	00:01:04	00:45:40	00:00:58	00:09:32	01:17:00
14	190	VITOR MS LOPES	M	M40-44	 - POR	00:22:11	00:01:24	00:41:51	00:00:45	00:10:59	01:17:07
15	170	Vítor Coelho	M	M50-54	 - POR	00:18:58	00:00:56	00:47:49	00:00:55	00:08:36	01:17:13
16	68	Pedro Abreu	M	M25-29	 - POR	00:21:40	00:01:27	00:43:37	00:01:10	00:09:26	01:17:18
17	94	Filipe Fontes	M	M45-49	 - POR	00:18:24	00:01:05	00:47:08	00:01:02	00:09:41	01:17:19
18	111	Marco Faria	M	M30-34	 - POR	00:20:57	00:01:22	00:44:22	00:01:01	00:09:49	01:17:29
19	15	rui pinho	M	M45-49	 - POR	00:20:34	00:01:06	00:44:59	00:01:06	00:09:50	01:17:33
20	3	PEDRO VOGA	M	M45-49	 - POR	00:19:50	00:01:19	00:45:57	00:01:27	00:10:11	01:18:42
21	23	Francisco Silva Morais	M	M45-49	 - POR	00:19:10	00:01:40	00:46:53	00:01:21	00:09:40	01:18:42
22	184	jorge cardoso	M	M35-39	 - POR	00:21:53	00:01:21	00:44:26	00:01:01	00:10:49	01:19:28
23	137	Mariana Machado	F	F30-34	 - POR	00:19:27	00:00:58	00:48:55	00:01:03	00:09:39	01:19:59
24	87	Ivo Ferreira	M	M35-39	 - POR	00:22:22	00:00:53	00:45:38	00:01:02	00:10:18	01:20:10
25	145	Cristiano Sousa	M	M35-39	 - POR	00:19:53	00:01:07	00:48:32	00:01:21	00:09:31	01:20:20
26	30	José antonio Silva Oliveira	M	M50-54	 - POR	00:20:51	00:01:08	00:47:22	00:01:09	00:09:57	01:20:24
27	79	Nuno Miguel Carvalho	M	M50-54	 - POR	00:21:11	00:01:40	00:46:53	00:00:42	00:10:05	01:20:29















Prova aberta - Overall Results

Pos	Start #	Athlete	Gender	Division	Country		T1		T2		Time
28	65	Tiago Barros	M	M35-39	 - POR	00:21:34	00:01:05	00:46:04	00:01:11	00:10:39	01:20:30
29	28	Rui Martins	M	M50-54	 - POR	00:20:26	00:01:19	00:47:44	00:01:21	00:10:35	01:21:23
30	86	Augusto Manuel Azevedo Antunes	M	M60-64	 - POR	00:19:40	00:01:01	00:50:16	00:01:05	00:10:05	01:22:05
31	142	Bernardo Teixeira	M	M25-29	 - POR	00:21:05	00:00:58	00:49:50	00:00:47	00:09:28	01:22:06
32	31	João Pedro Freitas ribeiro	M	M25-29	 - POR	00:20:29	00:01:02	00:48:23	00:01:19	00:11:44	01:22:55
33	138	André Costa	M	M40-44	 - POR	00:20:56	00:01:05	00:50:26	00:00:50	00:10:05	01:23:21
34	100	ARMANDO RAMOS	M	M45-49	 - POR	00:21:48	00:01:17	00:47:56	00:01:34	00:11:08	01:23:41
35	18	Milton Cabral	M	M45-49	 - POR	00:21:48	00:01:09	00:48:35	00:00:58	00:11:33	01:24:00
36	71	Pedro Campos	M	M30-34	 - POR	00:21:42	00:01:10	00:49:10	00:00:56	00:11:06	01:24:02
37	154	Daniel Silva	M	M50-54	 - POR	00:20:22	00:02:27	00:50:09	00:01:27	00:09:49	01:24:13
38	37	Marco Rocha	M	M50-54	 - POR	00:19:02	00:02:10	00:52:33	00:00:51	00:09:48	01:24:22
39	168	Rui Costa Jesus	M	M40-44	 - POR	00:22:52	00:01:14	00:46:56	00:01:31	00:11:55	01:24:26
40	51	João Silva	M	M25-29	 - POR	00:22:03	00:01:29	00:45:50	00:03:29	00:11:49	01:24:37
41	53	José Félix	M	M45-49	 - POR	00:20:14	00:02:10	00:51:08	00:01:49	00:09:58	01:25:16
42	172	hugo manuel barbosa alves	M	M50-54	 - POR	00:22:03	00:01:24	00:49:30	00:01:20	00:11:11	01:25:25
43	143	Raimundo Joel de Oliveira Pinto	M	M30-34	 - POR	00:21:40	00:01:04	00:50:43	00:00:50	00:11:14	01:25:30
44	88	Tiago Borges	M	M25-29	 - POR	00:20:56	00:01:22	00:50:44	00:01:26	00:11:08	01:25:34
45	85	Rui Filipe Gonçalves Viana	M	Jun-M	 - POR	00:21:38	00:01:18	00:50:32	00:01:04	00:11:08	01:25:38
46	69	Carlos Jorge da Costa Carvalho	M	M40-44	 - POR	00:22:15	00:01:05	00:51:29	00:00:43	00:10:28	01:25:58
47	58	João Fernandes	M	M30-34	 - POR	00:21:57	00:01:15	00:51:32	00:01:11	00:10:11	01:26:03
48	152	Daniel Grenha Fonseca	M	M45-49	 - POR	00:21:15	00:02:02	00:51:29	00:01:39	00:09:56	01:26:20
49	77	Eduardo Caramalho	M	M50-54	 - POR	00:24:54	00:01:05	00:47:24	00:00:51	00:12:32	01:26:44
50	17	Jorge Gonçalves	M	M45-49	 - POR	00:25:10	00:01:23	00:45:23	00:01:17	00:13:39	01:26:51
51	90	Helder Araujo	M	M40-44	 - POR	00:22:16	00:01:31	00:51:32	00:01:05	00:10:38	01:27:00
52	75	Bruno Silva	M	M40-44	 - POR	00:22:02	00:02:36	00:50:37	00:01:40	00:10:08	01:27:01
53	155	Bruno Nogueira	M	M20-24	 - POR	00:22:42	00:02:24	00:49:33	00:01:37	00:10:49	01:27:03
54	139	JORGE MIGUEL	M	M30-34	 - POR	00:23:06	00:01:41	00:50:01	00:01:28	00:10:50	01:27:03































Prova aberta - Overall Results

Pos	Start #	Athlete	Gender	Division	Country		T1		T2		Time
55	103	SÉRGIO ARAÚJO	M	M45-49	 - POR	00:21:45	00:01:23	00:52:20	00:01:17	00:10:29	01:27:10
56	112	Marco Silva	M	M45-49	 - POR	00:22:50	00:01:58	00:49:48	00:01:32	00:12:30	01:28:34
57	110	Carlos Alberto Rodrigues Alves	M	M35-39	 - POR	00:23:56	00:01:31	00:49:54	00:01:04	00:12:26	01:28:48
58	82	Emanuel Vieira	M	M40-44	 - POR	00:22:18	00:01:50	00:52:30	00:01:57	00:10:24	01:28:57
59	2	Raquel Cunha	F	F40-44	 - POR	00:25:17	00:01:03	00:49:25	00:00:59	00:12:17	01:28:59
60	38	Nelson Pires	M	M40-44	 - POR	00:21:07	00:01:29	00:55:05	00:01:09	00:10:37	01:29:26
61	166	João Campos de Carvalho	M	Jun-M	 - POR	00:22:12	00:01:36	00:52:22	00:01:18	00:12:09	01:29:36
62	72	Paulo Elias	M	M35-39	 - POR	00:21:10	00:01:28	00:55:17	00:01:14	00:10:30	01:29:38
63	93	Rodrigo Silva	M	M45-49	 - POR	00:21:18	00:02:05	00:54:48	00:01:40	00:10:03	01:29:53
64	19	Rui Pereira	M	M40-44	 - POR	00:23:57	00:00:56	00:52:20	00:00:50	00:11:53	01:29:54
65	156	António Valinhas	M	M55-59	 - POR	00:23:30	00:01:29	00:51:07	00:01:39	00:12:18	01:30:01
66	136	MIGUEL SOUSA	M	M50-54	 - POR	00:22:33	00:01:06	00:54:25	00:00:45	00:11:17	01:30:05
67	164	Jaime Silva	M	M45-49	 - POR	00:22:24	00:01:20	00:53:58	00:01:41	00:11:11	01:30:32
68	47	Valter Soares	M	M30-34	 - POR	00:23:28	00:01:20	00:52:52	00:00:58	00:12:00	01:30:36
69	16	Daniel de Oliveira Cunha	M	Jun-M	 - POR	00:24:39	00:00:52	00:52:28	00:00:59	00:11:40	01:30:36
70	183	João Nuno Fonseca	M	M35-39	 - POR	00:23:43	00:01:32	00:51:32	00:01:29	00:12:22	01:30:37
71	144	Celso Filho	M	M25-29	 - POR	00:25:23	00:01:49	00:49:37	00:01:09	00:12:42	01:30:38
72	119	Davide Miranda	M	M35-39	 - POR	00:24:10	00:01:36	00:51:57	00:01:34	00:11:39	01:30:54
73	70	André Mota	M	M35-39	 - POR	00:21:49	00:01:30	00:54:29	00:01:43	00:11:39	01:31:08
74	66	Marcelo Oliveira	M	M25-29	 - POR	00:23:06	00:01:42	00:53:59	00:01:24	00:11:19	01:31:29
75	36	Sérgio Carvalho	M	M45-49	 - POR	00:22:17	00:02:01	00:56:25	00:01:02	00:09:59	01:31:43
76	151	Manuel Amadeu Oliveira Soares	M	M50-54	 - POR	00:23:10	00:01:18	00:54:09	00:01:22	00:11:51	01:31:48
77	46	Carlos Magalhães	M	M40-44	 - POR	00:25:06	00:01:22	00:51:35	00:01:11	00:12:46	01:31:58
78	181	Eduardo Nascimento	M	M50-54	 - POR	00:27:10	00:01:36	00:42:42	00:05:21	00:15:15	01:32:02
79	35	Miguel Martins	M	M30-34	 - POR	00:23:42	00:01:47	00:52:28	00:01:31	00:12:41	01:32:07
80	97	Luís Carlos Ribeiro da Fonseca	M	M35-39	 - POR	00:25:53	00:01:07	00:53:08	00:00:54	00:11:13	01:32:12
81	165	Jorge Campos de Carvalho	M	Jun-M	 - POR	00:22:29	00:01:32	00:54:18	00:01:10	00:12:46	01:32:13































Prova aberta - Overall Results

Pos	Start #	Athlete	Gender	Division	Country		T1		T2		Time
82	34	Jose Pacheco	M	M55-59	 - POR	00:22:41	00:01:42	00:54:52	00:01:21	00:11:50	01:32:24
83	153	César Costa	M	M50-54	 - POR	00:25:26	00:01:20	00:51:52	00:01:11	00:12:46	01:32:32
84	102	Francisco Carvalho	M	M50-54	 - POR	00:24:28	00:01:14	00:53:59	00:01:01	00:11:58	01:32:38
85	177	Luís Azevedo	M	M45-49	 - POR	00:21:11	00:00:48	00:59:30	00:00:44	00:10:39	01:32:50
86	32	Rui Pedro Castro Coelho	M	M35-39	 - POR	00:23:03	00:00:59	00:56:35	00:00:43	00:11:42	01:33:00
87	91	Pedro Teixeira	M	M40-44	 - POR	00:24:22	00:02:06	00:54:21	00:01:38	00:10:58	01:33:23
88	169	Nuno Duarte dos Santos Sa	M	M35-39	 - POR	00:25:49	00:02:16	00:51:11	00:01:44	00:12:29	01:33:27
89	80	Marcos Henriques Oliveira	M	M35-39	 - POR	00:25:59	00:00:53	00:54:28	00:00:49	00:11:22	01:33:29
90	63	Paulo Pinheiro	M	M35-39	 - POR	00:24:44	00:01:28	00:52:14	00:01:22	00:14:04	01:33:49
91	180	Orlando Novais	M	M45-49	 - POR	00:23:11	00:01:19	00:55:28	00:01:25	00:12:34	01:33:56
92	78	José Filipe Moreira da Silva Figueiredo	M	M35-39	 - POR	00:22:50	00:02:09	00:55:28	00:01:53	00:11:41	01:34:00
93	99	Gonçalo Traila	M	M20-24	 - POR	00:25:00	00:01:22	00:53:39	00:01:21	00:12:45	01:34:05
94	22	Ilídio Renato Costa Oliveira	M	M35-39	 - POR	00:24:44	00:01:05	00:58:38	00:00:58	00:08:47	01:34:10
95	84	Alexandre Pereira	M	M60-64	 - POR	00:25:53	00:02:06	00:53:07	00:02:06	00:11:14	01:34:24
96	98	Manuel Bastos	M	M25-29	 - POR	00:25:43	00:02:18	00:53:54	00:01:36	00:10:59	01:34:27
97	185	Manuel segundo santiago Rodrigues	M	M70-74	 - POR	00:20:26	00:01:30	01:01:13	00:01:24	00:10:01	01:34:32
98	76	José	M	M40-44	 - POR	00:22:57	00:01:13	00:58:42	00:00:43	00:11:13	01:34:46
99	11	Vasco Faria	M	M40-44	 - POR	00:25:18	00:01:31	00:54:38	00:01:21	00:12:18	01:35:04
100	59	Abilio Topa	M	M55-59	 - POR	00:26:17	00:01:28	00:51:50	00:01:14	00:14:23	01:35:11
101	113	Marcelo Pires Moreira	M	M45-49	 - POR	00:24:13	00:01:43	00:56:01	00:01:55	00:11:33	01:35:24
102	61	Mário Costa	M	M45-49	 - POR	00:22:42	00:02:49	00:56:13	00:01:53	00:12:07	01:35:44
103	26	Hugo Oliveira	M	M35-39	 - POR	00:25:37	00:01:42	00:56:42	00:01:09	00:10:49	01:35:57
104	27	Mateus Rodrigues de Matos	M	M20-24	 - POR	00:25:44	00:01:52	00:54:15	00:02:06	00:12:26	01:36:22
105	50	António Gil Alves Ferreira	M	M40-44	 - POR	00:24:52	00:01:40	00:56:23	00:02:03	00:11:51	01:36:46
106	40	Ismael Alves	M	M50-54	 - POR	00:24:53	00:02:02	00:55:10	00:02:49	00:12:04	01:36:55
107	174	Nuno Rodrigues	M	M55-59	 - POR	00:24:34	00:01:19	00:58:03	00:01:17	00:12:15	01:37:25
108	92	Nelson Jesus	M	M40-44	 - POR	00:24:21	00:02:12	00:56:55	00:01:32	00:12:34	01:37:32

Prova aberta - Overall Results

Pos	Start #	Athlete	Gender	Division	Country		T1		T2		Time
109	56	Anabela Machado	F	F45-49	 - POR	00:25:24	00:01:50	00:55:37	00:01:59	00:12:47	01:37:34
110	83	Luís André Silva elias	M	M40-44	 - POR	00:24:53	00:01:14	00:59:02	00:01:03	00:11:32	01:37:41
111	192	Armando gomes da Costa	M	M40-44	 - POR	00:21:25	00:00:56	01:04:10	00:00:43	00:10:54	01:38:05
112	21	André Soares	M	M40-44	 - POR	00:24:46	00:01:08	00:59:24	00:01:00	00:12:37	01:38:53
113	29	Avelino Alexandre carvalho da Cruz	M	M50-54	 - POR	00:25:44	00:02:02	00:56:14	00:02:12	00:12:46	01:38:56
114	191	Henrique Gonçalves	M	M40-44	 - POR	00:23:11	00:01:45	01:01:39	00:01:42	00:10:42	01:38:58
115	122	Marco Oliveira	M	M50-54	 - POR	00:25:39	00:02:28	00:56:33	00:02:04	00:12:47	01:39:29
116	108	Ricardo Jorge Sousa Reis	M	M40-44	 - POR	00:28:43	00:02:27	00:54:26	00:01:37	00:12:41	01:39:52
117	159	José Mendonça	M	M65-69	 - POR	00:24:51	00:03:10	00:56:46	00:02:50	00:12:26	01:40:01
118	81	José Augusto Costa	M	M55-59	 - POR	00:22:49	00:02:12	01:00:14	00:01:28	00:13:29	01:40:11
119	41	Laurentino da Silva Moreira	M	M50-54	 - POR	00:25:34	00:01:47	00:58:10	00:01:33	00:13:10	01:40:12
120	42	Vítor Gonçalves	M	M35-39	 - POR	00:25:28	00:01:15	01:02:14	00:01:11	00:10:48	01:40:54
121	147	Vitor Manuel Gomes Araújo	M	M50-54	 - POR	00:24:14	00:01:47	01:01:22	00:01:33	00:12:35	01:41:30
122	160	jose lima	M	M30-34	 - POR	00:26:44	00:01:47	00:57:45	00:01:45	00:13:54	01:41:54
123	104	Vítor castro	M	M50-54	 - POR	00:24:57	00:01:38	01:00:54	00:01:32	00:13:21	01:42:20
124	64	José Gomes	M	M30-34	 - POR	00:29:00	00:01:29	00:59:30	00:01:27	00:10:58	01:42:22
125	96	Marcos Pedroso	M	M35-39	 - POR	00:25:46	00:01:35	00:59:19	00:02:02	00:13:45	01:42:25
126	107	Casimiro Tavares	M	M60-64	 - POR	00:29:38	00:00:59	00:57:08	00:00:55	00:14:12	01:42:50
127	189	Filipe Neves	M	M45-49	 - POR	00:23:45	00:01:56	01:02:54	00:01:38	00:13:08	01:43:18
128	163	Marta Peixoto	F	F35-39	 - POR	00:26:58	00:01:31	00:59:51	00:01:09	00:13:58	01:43:25
129	134	Joana Filipa de Barros Ferreira	F	F35-39	 - POR	00:29:03	00:01:24	00:57:38	00:01:53	00:14:12	01:44:08
130	133	Zeferino Araújo Alves Alves	M	M50-54	 - POR	00:29:03	00:01:29	00:57:35	00:01:52	00:14:13	01:44:11
131	186	Cláudia Gonçalves Marques	F	F45-49	 - POR	00:26:15	00:01:32	01:01:52	00:01:47	00:13:36	01:44:59
132	130	Hélder Rodrigues	M	M35-39	 - POR	00:25:48	00:03:04	01:01:56	00:02:16	00:12:13	01:45:15
133	125	Inácio dias Mendes	M	M55-59	 - POR	00:29:28	00:02:07	00:56:12	00:01:34	00:15:58	01:45:16
134	49	Tiago Couto	M	M35-39	 - POR	00:26:42	00:01:39	01:01:03	00:01:08	00:14:53	01:45:21
135	67	Luís Terêncio	M	M45-49	 - POR	00:26:33	00:01:56	01:03:36	00:01:56	00:11:47	01:45:46

Prova aberta - Overall Results

Pos	Start #	Athlete	Gender	Division	Country		T1		T2		Time
136	115	Frederico Ribeiro	M	M35-39	 - POR	00:25:07	00:01:51	01:04:53	00:01:06	00:13:39	01:46:35
137	60	Ricardo Pinto	M	M30-34	 - POR	00:26:35	00:01:56	01:04:01	00:01:30	00:12:39	01:46:40
138	140	João Gaspar	M	M25-29	 - POR	00:26:23	00:01:03	01:05:09	00:01:13	00:13:23	01:47:08
139	148	Marlene Oliveira Barbosa	F	F45-49	 - POR	00:26:30	00:02:25	01:02:57	00:01:55	00:13:36	01:47:21
140	141	Flora Freitas Carvalho	F	F55-59	 - POR	00:26:40	00:02:12	01:04:25	00:01:45	00:12:46	01:47:46
141	179	andre martins	M	M45-49	 - POR	00:22:32	00:01:11	01:12:07	00:01:16	00:11:03	01:48:07
142	54	Vítor M Cardoso	M	M55-59	 - POR	00:26:55	00:01:30	01:06:11	00:01:06	00:12:34	01:48:15
143	158	Rui Alberto Sousa Viana	M	M45-49	 - POR	00:26:49	00:01:57	01:06:07	00:01:45	00:13:19	01:49:56
144	109	Hugo Américo Ferreira e Silva	M	M35-39	 - POR	00:28:41	00:02:32	01:04:04	00:01:56	00:15:04	01:52:14
145	39	Miguel castro	M	M50-54	 - POR	00:25:34	00:00:57	01:13:23	00:01:27	00:12:22	01:53:41
146	194	Sílvia Rafael	F	F45-49	 - POR	00:27:19	00:01:28	01:09:35	00:01:27	00:14:01	01:53:48
147	193	Filipe Pereira	M	M45-49	 - POR	00:27:17	00:01:38	01:09:28	00:01:26	00:14:01	01:53:48
148	167	Paulo Dias	M	M30-34	 - POR	00:29:52	00:01:49	01:05:56	00:01:47	00:15:56	01:55:17
149	135	paulo freitas	M	M50-54	 - POR	00:24:19	00:01:44	01:14:31	00:01:22	00:13:44	01:55:38
150	52	Pedro Gomes	M	M35-39	 - POR	00:26:51	00:01:29	01:10:10	00:01:14	00:17:26	01:57:07
151	187	SERAFIM FREITAS	M	M65-69	 - POR	00:31:38	00:01:38	01:08:09	00:01:54	00:17:52	02:01:10
152	161	José Vieira Filipe	M	M50-54	 - POR	00:33:14	00:01:59	01:07:22	00:02:41	00:16:09	02:01:22
153	129	Jorge Moreira	M	M45-49	 - POR	00:26:16	00:01:35	01:18:24	00:00:57	00:14:12	02:01:22
154	175	Francisco Almeida Martins	M	M45-49	 - POR	00:28:31	00:03:05	01:11:29	00:02:43	00:15:45	02:01:30
155	48	Luis Sousa	M	M30-34	 - POR	00:34:21	00:01:30	00:57:16		12:02:04	02:01:57
156	117	Abilio Melo	M	M50-54	 - POR	00:31:43	00:02:52	01:09:28	00:03:17	00:16:20	02:03:37
157	173	Carlos Costa	M	M50-54	 - POR	00:31:43	00:02:57	00:38:39	00:01:11	00:49:11	02:03:38
158	149	Ana Helena Cardoso Carneiro	F	F50-54	 - POR	00:27:09	00:02:02	01:18:40	00:01:56	00:14:31	02:04:16
159	171	Sónia Maria Ferreira Magalhães	F	F45-49	 - POR	00:33:54	00:02:20	01:15:49	00:01:55	00:18:19	02:12:15
160	146	Maria Manuela Costa Rebelo	F	F55-59	 - POR	00:27:14	00:04:51	01:29:37	00:01:12	00:15:32	02:18:25
DNF	89	Luis Silva	M	M45-49	 - POR	00:25:59	00:01:56	00:50:37	00:53:38		
DNF	188	Nuno Mendes	M	M45-49	 - POR	00:26:27	00:01:43	01:06:42	00:02:07		