



Classificações Geral						
Pos	No.	Nome	Clube	Classe	Total Tempo	Diff
1	273	Paulo Manuel Pereira De Sousa	Tartarugas	Masc. 40	2:58:11.736	
2	165	Telmo Veloso	Porto Runners	Masc. Senior	3:05:46.108	7:34.372
3	5	Diogo Silva Fernandes	OFFtel runners	Masc. Senior	3:05:46.192	7:34.456
4	73	Tiago Aragão	Centro de Trei	Masc. Senior	3:06:47.471	8:35.735
5	72	Artur Manuel Ribeiro Cunha Matos	Viana Trail	Masc. 40	3:06:57.712	8:45.976
6	264	Telmo Sampalo Ferreira	Individual	Masc. Senior	3:14:23.835	16:12.099
7	351	PAULO JORGE DA ROCHA FERREIRA	Viana Trail	Masc. 40	3:14:48.329	16:36.593
8	33	Pedro José Leite Regueiras	Individual	Masc. Senior	3:15:13.352	17:01.616
9	55	Américo Pinto	CCDTC.M.Gon	Masc. 50	3:15:15.168	17:03.432
10	76	Joel Filipe Alves Pereira	Nucleo Sportin	Masc. Senior	3:15:39.795	17:28.059
11	349	Ramon Alvarez Rodriguez	Running Sport	Masc. Senior	3:18:05.887	19:54.151
12	269	Filipe José Dos Santos Lima	Tartarugas	Masc. 40	3:20:13.615	22:01.879
13	232	Narciso Marques	Alvelos	Masc. 50	3:20:50.121	22:38.385
14	177	Igor Salvador dos Santos Lopes da Silva	Individual	Masc. Senior	3:21:18.954	23:07.218
15	271	Victor Manuel Pereira De Sousa	Tartarugas	Masc. 40	3:22:17.125	24:05.389
16	168	Filipe Pereira	Individual	Masc. Senior	3:22:40.521	24:28.785
17	6	José Capela	TAIPAS TRAIL T	Masc. 50	3:23:58.151	25:46.415
18	261	ESTER ALVES	DESNIVEL POSI	Fem. Senior	3:24:39.020	26:27.284
19	320	Davide Sousa	Ferreirolux	Masc. 40	3:25:45.731	27:33.995
20	49	Renato Martins	Batotas	Masc. Senior	3:26:42.153	28:30.417
21	259	PEDRO GONÇALVES	DESNIVEL POSI	Masc. 40	3:26:46.191	28:34.455
22	272	Antonio José De Araújo leite	Tartarugas	Masc. 40	3:28:08.542	29:56.806
23	11	luis antonio da rocha magalhaes	Batotas	Masc. 40	3:28:28.371	30:16.635
24	197	Miguel Freitas	Viana Trail	Masc. Senior	3:30:22.297	32:10.561
25	47	Daniel Novais Silva	Taipas Trail Te	Masc. Senior	3:32:46.635	34:34.899
26	293	Carlos Alberto Martins Lima	Individual	Masc. Senior	3:32:46.693	34:34.957
27	350	João Paulo soares nogueira	Viana Trail	Masc. 40	3:35:22.856	37:11.120
28	69	Vitor Mesquita Ribeiro	Individual	Masc. Senior	3:36:51.842	38:40.106
29	164	Susana Simões	Porto Runners	Fem. 40	3:36:58.721	38:46.985
30	234	DAVID PEREZ REGO	C.A.R. Redond	Masc. Senior	3:37:52.200	39:40.464
31	30	JOSÉ ANTÓNIO LEITÃO	Batotas	Masc. 40	3:38:45.400	40:33.664
32	90	Fernando Ferreira	Kangaroo Runr	Masc. 40	3:38:56.640	40:44.904



33	213	Tiago Costa	Núcleo de Mor	Masc. Senior	3:38:56.731	40:44.995
34	281	jorge amorim	Batotas	Masc. Senior	3:41:12.828	43:01.092
35	285	Alberto Durán Amores	Rías Baixas Tra	Masc. Senior	3:42:11.139	43:59.403
36	301	Luis Melo	Individual	Masc. 40	3:42:45.158	44:33.422
37	89	Paulo Rafael Oliveira Rodrigues	Individual	Masc. Senior	3:42:46.501	44:34.765
38	331	Sérgio Suzano	Individual	Masc. Senior	3:43:04.706	44:52.970
39	51	Pedro Pratas	Porto Runners	Masc. 40	3:43:20.695	45:08.959
40	80	Fernando Pinheiro Mendes	Individual	Masc. 40	3:43:37.717	45:25.981
41	142	Francisco da Costa Sabino	Individual	Masc. 50	3:43:53.246	45:41.510
42	143	Jorge Filipe Vilas Boas sabino	Individual	Masc. Senior	3:43:53.296	45:41.560
43	270	Luis Antonio Fernandes Dantas	Tartarugas	Masc. Senior	3:44:44.718	46:32.982
44	363	Nuno Gavinho	Desnível Positi	Masc. Senior	3:44:57.502	46:45.766
45	304	Margarida Pinto	Individual	Fem. 40	3:44:57.764	46:46.028
46	407	manuela machado	Individual	Fem. 40	3:44:57.796	46:46.060
47	61	Rogério Dinis Fernandes Vicente	Starolas	Masc. Senior	3:44:57.892	46:46.156
48	251	Filipe Jorge Monteiro Almeida	Individual	Masc. Senior	3:44:58.478	46:46.742
49	235	David Rollano Vilaboa	club atletismo	Masc. Senior	3:45:54.213	47:42.477
50	130	Vítor André Silva Cardoso	Individual	Masc. Senior	3:46:00.816	47:49.080
51	191	Joao carlos costa	Individual	Masc. 40	3:46:21.479	48:09.743
52	25	José Manuel Santos Faria	Viana Trail	Masc. Senior	3:47:18.323	49:06.587
53	408	josé machado	Individual	Masc. 50	3:47:37.800	49:26.064
54	9	Leandro Freitas	Viana Trail	Masc. 40	3:47:53.892	49:42.156
55	237	José Sousa	Associação de	Masc. 40	3:48:24.478	50:12.742
56	57	Alexandre Neves	C.C.D. dos Tra	Masc. Senior	3:49:29.100	51:17.364
57	313	Paulo jose bessa da silva	Individual	Masc. 40	3:52:56.331	54:44.595
58	184	juan pablo figueroa fernandez	Asociación de	Masc. Senior	3:53:10.161	54:58.425
59	268	José Augusto Dos Santos Lima	Tartarugas	Masc. 40	3:57:09.753	58:58.017
60	275	João Pedro Marinho da Costa	Individual	Masc. Senior	3:57:09.942	58:58.206
61	236	José Carlos Fernandes Ponte	Viana Trail	Masc. 50	3:59:35.893	1:01:24.157
62	254	DIOGO ALMEIDA	DESNIVEL POSI	Masc. Senior	4:00:52.778	1:02:41.042
63	186	José Lima	Viana Trail	Masc. Senior	4:00:56.766	1:02:45.030
64	28	André Ferreira Costa Carvalho	Individual	Masc. Senior	4:01:46.138	1:03:34.402
65	20	Nuno Cintra	Viana Trail	Masc. 40	4:03:16.027	1:05:04.291
66	221	Domingos Paulo Rocha	Viana Trail	Masc. 40	4:03:20.018	1:05:08.282



67 257 SANDRA AZEVEDO  
 68 256 JORGE REGO  
 69 231 pedro caldas  
 70 85 Ricardo Ferreira  
 71 387 jose pedro da costa amorim cerqueira  
 72 209 Guilherme Martins  
 73 84 Joana Tomás  
 74 117 Luciano Araujo  
 75 279 Elisabete Vieira  
 76 183 José Domingos Fernandes Dos Santos  
 77 277 Francisco João da Silva Alves  
 78 116 Roberto Carlos Silva Teixeira  
 79 88 Hélder Pinto  
 80 45 Jose Carlos Lemos  
 81 58 António Carvalho  
 82 100 Marco Paulo Da Silva Dias  
 83 223 Catarina Nóvoa  
 84 255 DIONISIO PIRES  
 85 128 Filipe Souto  
 86 137 João Paulo Rocha  
 87 181 Alexandro Ribeiro  
 88 35 Luís Guise  
 89 230 stephane simoes  
 90 278 Marisa Vieira  
 91 280 Pedro Nunes  
 92 182 Arlindo Rodrigues  
 93 263 Rui pedro reis duarte  
 94 78 José Carlos Bessa  
 95 347 AIRES ROCHA  
 96 99 Pedro Rocha  
 97 198 Cristina Gomes  
 98 201 Nuno Raposo  
 99 16 Fernando Carneiro  
 100 178 Carlos A. R. Neiva

DESNIVEL POSI Fem. Senior 4:03:45.255 1:05:33.519  
 DESNIVEL POSI Masc. Senior 4:03:45.338 1:05:33.602  
 Individual Masc. Senior 4:04:05.469 1:05:53.733  
 Individual Masc. Senior 4:04:30.542 1:06:18.806  
 Individual Masc. Senior 4:04:48.388 1:06:36.652  
 Movimento de Masc. 40 4:04:53.496 1:06:41.760  
 Individual Fem. Senior 4:04:55.721 1:06:43.985  
 Abentureiros d Masc. Senior 4:06:32.749 1:08:21.013  
 Vainavolta Fem. Senior 4:06:49.117 1:08:37.381  
 Viana Trail Masc. 40 4:07:01.917 1:08:50.181  
 Individual Masc. Senior 4:07:01.927 1:08:50.191  
 Abentureiros d Masc. Senior 4:08:11.402 1:09:59.666  
 AD Amarante Masc. Senior 4:08:27.578 1:10:15.842  
 Individual Masc. Senior 4:09:00.461 1:10:48.725  
 C.C.D. dos Tra Masc. Senior 4:09:27.695 1:11:15.959  
 Individual Masc. 40 4:10:31.355 1:12:19.619  
 Individual Fem. Senior 4:10:31.375 1:12:19.639  
 DESNIVEL POSI Masc. Senior 4:13:27.677 1:15:15.941  
 Cães d'Avenida Masc. 40 4:14:30.567 1:16:18.831  
 Cães d'Avenida Masc. 40 4:14:30.567 1:16:18.831  
 Viana Trail Masc. Senior 4:16:17.444 1:18:05.708  
 Taipas Trail Te Masc. 40 4:16:33.834 1:18:22.098  
 Individual Masc. Senior 4:16:35.034 1:18:23.298  
 Vainavolta Fem. Senior 4:16:51.824 1:18:40.088  
 Vainavolta Masc. Senior 4:16:51.843 1:18:40.107  
 Viana Trail Masc. 40 4:17:25.186 1:19:13.450  
 Welldomus Masc. Senior 4:18:25.988 1:20:14.252  
 BTT Matosinh Masc. Senior 4:18:26.355 1:20:14.619  
 Viana Trail Masc. Senior 4:20:48.888 1:22:37.152  
 Viana Trail Masc. Senior 4:20:48.959 1:22:37.223  
 Núcleo de Mor Fem. Senior 4:22:27.208 1:24:15.472  
 Núcleo de Mor Masc. Senior 4:22:27.795 1:24:16.059  
 Individual Masc. Senior 4:25:33.500 1:27:21.764  
 Viana Trail Masc. 50 4:26:48.575 1:28:36.839



101 53 José Machado  
 102 238 rogerio margalho  
 103 330 Fernando Jorge Santos  
 104 121 António Augusto de Magalhães Basto  
 105 122 Rosa Maria Carvalho da Cunha  
 106 37 Pedro Conde  
 107 102 José Sousa  
 108 286 Maria Fernanda Pires Vilanova verde  
 109 378 jose moura de sousa  
 110 376 ricardo sousa  
 111 13 Filipe Rocha  
 112 194 António José Ferreira de Castro  
 113 161 Miguel Carvalho  
 114 67 Margarida Magalhaes  
 115 262 NATALIA AMOEDO  
 116 105 José Fernandes Ferreira  
 117 17 ALBERTO BARBOSA  
 118 118 António Freitas  
 119 220 joao lelis  
 120 160 José Miguel Casal Cardoso Neves  
 121 32 Isabel Martins  
 122 218 Fernando Remelgado  
 123 260 RICARDO TAXA  
 124 10 Joaquim Coelho  
 125 329 Ana Sofia Gomes  
 126 250 Celso e Silva de Araújo  
 127 7 Artur Costa  
 128 140 Miguel José Lopes de Oliveira Cruz  
 129 188 Sérgio Silva  
 130 54 Paulo Jorge Loureiro  
 131 381 Edgar Cunha  
 132 162 Jorge Ferreira  
 133 328 Fernando Salvador da Costa Geraldes  
 134 360 Michael Leal e Sousa

Individual Masc. Senior 4:27:03.125 1:28:51.389  
 batotas Masc. 50 4:28:36.666 1:30:24.930  
 Núcleo de Mor Fem. 40 4:28:41.378 1:30:29.642  
 Grupo Indivídu Masc. Senior 4:28:48.525 1:30:36.789  
 Grupo Indivídu Fem. Senior 4:28:48.893 1:30:37.157  
 DESNIVEL POSI Masc. 40 4:29:06.385 1:30:54.649  
 Kangaroo Runr Masc. Senior 4:29:06.817 1:30:55.081  
 Friend fitness Fem. Senior 4:29:18.490 1:31:06.754  
 os barriguitas Masc. 50 4:29:35.122 1:31:23.386  
 os barriguitas Masc. Senior 4:29:35.181 1:31:23.445  
 Individual Masc. Senior 4:30:07.622 1:31:55.886  
 Núcleo de Mor Masc. Senior 4:30:09.062 1:31:57.326  
 Viana Trail Masc. Senior 4:31:01.006 1:32:49.270  
 Individual Fem. 40 4:31:06.354 1:32:54.618  
 DESNIVEL POSI Fem. Senior 4:31:06.363 1:32:54.627  
 Porto Runners Masc. 40 4:31:11.220 1:32:59.484  
 Individual Masc. Senior 4:31:18.471 1:33:06.735  
 Run To Be Alive Masc. 40 4:31:31.933 1:33:20.197  
 Cães d'Avenida Masc. Senior 4:31:47.561 1:33:35.825  
 Individual Masc. 40 4:33:50.583 1:35:38.847  
 Individual Fem. 40 4:34:04.458 1:35:52.722  
 CCD-Siemens Masc. Senior 4:34:04.505 1:35:52.769  
 DESNIVEL POSI Masc. Senior 4:34:59.069 1:36:47.333  
 Run to be Alive Masc. Senior 4:36:17.692 1:38:05.956  
 Núcleo de Mor Fem. Senior 4:37:41.525 1:39:29.789  
 Individual Masc. 40 4:38:10.125 1:39:58.389  
 Desnível Positi Masc. Senior 4:38:54.124 1:40:42.388  
 Individual Masc. Senior 4:39:38.242 1:41:26.506  
 Individual Masc. Senior 4:40:08.712 1:41:56.976  
 Individual Masc. 40 4:40:51.696 1:42:39.960  
 Núcleo de Mor Masc. Senior 4:41:04.520 1:42:52.784  
 MIB Sport Masc. 40 4:43:45.275 1:45:33.539  
 Grupo Friend F Masc. 40 4:44:15.520 1:46:03.784  
 Lima Trail Masc. Senior 4:44:17.991 1:46:06.255





135	163	Manuel Candido
136	166	Eduardo Paulo Pinto Teixeira
137	34	Paula Cristina Ferreira da Silva
138	81	Filipa Barata
139	36	João Martins
140	94	Ricardo Daniel Gomes Dos Reis
141	95	Bruno Manuel Dias da Rocha
142	1	Fábio Bezerra
143	239	JOSE LINO FERREIRA MOURA
144	77	Sonia Parente
145	138	João Barbosa
146	216	Adelino Silva
147	215	Nuno Filipe Faria Ferreira
148	115	João Veigas
149	109	Paulo Jorge Rodrigues
150	226	Manuel Silva
151	219	Luis Costa
152	217	Luis Correia
153	56	Avelino Pereira
154	71	Frederico Esteves
155	40	Sónia Mota
156	266	Ana Luis reis
157	108	João Costa
158	224	Bruno Roberto Leal e Sousa
159	133	Rui Sousa Ribeiro
160	202	Ricardo Afonso
161	169	José Carlos Cunha
162	249	Ricardo Oliveira
163	344	Miguel Amado
164	119	Ana Paula Pinto
165	65	Agostinho Fontes
166	18	Neuza Catarina Morgado da Fonte Caridade
167	214	Sónia Dias
168	358	Iva Campelo da Silva

MIB Sport	Masc. 40	4:44:21.032	1:46:09.296
Individual	Masc. 40	4:45:44.625	1:47:32.889
Individual	Fem. 40	4:45:45.406	1:47:33.670
Running Class I	Fem. Senior	4:45:45.459	1:47:33.723
Clac - Entronca	Masc. 40	4:45:45.468	1:47:33.732
Individual	Masc. Senior	4:45:45.688	1:47:33.952
Individual	Masc. Senior	4:45:45.983	1:47:34.247
Cães d'Avenida	Masc. Senior	4:48:34.858	1:50:23.122
LAGOELABIKE	Masc. 50	4:49:45.360	1:51:33.624
Viana Trail	Fem. Senior	4:49:47.095	1:51:35.359
Cães da Avenida	Masc. 40	4:52:13.493	1:54:01.757
CCD-Siemens	Masc. 40	4:53:38.913	1:55:27.177
CCD-Siemens	Masc. Senior	4:53:38.935	1:55:27.199
Individual	Masc. Senior	4:55:55.711	1:57:43.975
Individual	Masc. 40	4:58:52.616	2:00:40.880
Místicos	Masc. Senior	4:58:55.089	2:00:43.353
Deskomunais 1	Masc. Senior	5:03:07.169	2:04:55.433
Deskomunais 1	Masc. Senior	5:03:07.569	2:04:55.833
CCDTC.M.Gonç	Masc. 50	5:05:37.983	2:07:26.247
Maratonices	Masc. 40	5:08:00.673	2:09:48.937
Cool Running	Fem. 40	5:08:00.966	2:09:49.230
Welldomus	Fem. Senior	5:09:08.786	2:10:57.050
Individual	Masc. Senior	5:09:08.960	2:10:57.224
Limatrail	Masc. Senior	5:09:31.375	2:11:19.639
Maratonices	Masc. Senior	5:10:24.183	2:12:12.447
MBTT	Masc. Senior	5:10:37.341	2:12:25.605
Mont Blanc Tr	Masc. Senior	5:10:37.378	2:12:25.642
Whiskyttistas	Masc. Senior	5:11:49.180	2:13:37.444
Individual	Masc. 40	5:12:42.717	2:14:30.981
Run To Be Alive	Fem. 40	5:12:43.954	2:14:32.218
Run to be Alive	Masc. 50	5:12:44.084	2:14:32.348
RUN TO BE ALI	Fem. Senior	5:12:44.139	2:14:32.403
Viana Trail	Masc. Senior	5:14:43.564	2:16:31.828
Viana Trail	Fem. Senior	5:14:43.599	2:16:31.863



169 289 Maria Jose Teixeira Marques Francisco  
 170 311 Ricardo R. Pereira  
 171 225 Abílio Sérgio Dias Correia  
 172 296 Hélder Cunha  
 173 152 david pereira  
 174 290 Lucinda bela Carvalho Martins  
 175 308 Patricia Dias Borlido  
 176 294 Alberto jose bezerra costa quintiaes  
 177 12 Orlando Jose da Silva Parente  
 178 42 Isac Furtado  
 179 326 Filipe Daniel Neves Pereira  
 180 92 Márcio Gomes  
 181 110 Victor Manuel Morgado Ventura  
 182 203 Luís Miguel Brito Faria  
 183 98 Vera Lúcia Augusto  
 184 325 João Leal Fernandes  
 185 302 Tiago Fernandes  
 186 274 Anabela Fernandes Palhares  
 187 253 JOAQUIM SAMPAIO  
 188 179 Jorge Manuel da Silva Faria Novo

Individual	Fem. 40	5:15:48.543	2:17:36.807
BOX PROJECT	Masc. 40	5:15:48.715	2:17:36.979
GUF	Masc. Senior	5:19:39.521	2:21:27.785
Individual	Masc. Senior	5:22:42.457	2:24:30.721
Trilhos & comp	Masc. Senior	5:22:42.535	2:24:30.799
Friend fitness	Fem. 40	5:24:06.087	2:25:54.351
Viana Trail	Fem. Senior	5:24:06.127	2:25:54.391
Run To Be Alive	Masc. Senior	5:32:17.936	2:34:06.200
run to be alive	Masc. 40	5:32:18.271	2:34:06.535
Individual	Masc. Senior	5:32:18.365	2:34:06.629
Team açai	Masc. Senior	5:37:23.751	2:39:12.015
Kangaroo Runr	Masc. Senior	5:41:36.750	2:43:25.014
Kangaroo Runr	Masc. 40	5:41:36.855	2:43:25.119
Individual	Masc. Senior	5:44:15.546	2:46:03.810
Run To Be Alive	Fem. Senior	5:54:03.073	2:55:51.337
Individual	Masc. Senior	5:54:03.130	2:55:51.394
Cabedelo Runr	Masc. Senior	5:55:41.938	2:57:30.202
Tartarugas	Masc. Senior	5:55:42.062	2:57:30.326
DESNIVEL POSI	Masc. 50	5:55:43.602	2:57:31.866
Individual	Masc. 40	6:15:10.910	3:16:59.174