



## TRAIL DE ALVELOS AM - 15K - CLASSIFICAÇÃO SENIOR FEMININO

Posição	Dorsal	Atleta	T. Oficial	Dif. 1º	T. Real	Ritmo	Equipa
1	1133	CARLA MANUELA FERNANDES PEREIRA	1:42:36.204		1:42:36.204	0:06:50.413	ENCOSTAS CORNO DE BICO
2	1136	MARIA LINA ROCHA DA SILVA FERREIRA GONÇA	1:47:36.891	0:05:00.687	1:47:34.878	0:07:10.325	INVICTUS OPORTO TEAM
3	1121	CONSTANÇA ROSA MARTINS OLIVEIRA DE BRITO	1:54:57.202	0:12:20.998	1:54:51.514	0:07:39.434	BARCELOS SAUDÁVEL
4	1243	FATIMA FILIPA DA CRUZ GOMES CATARINO	1:59:30.625	0:16:54.421	1:59:28.312	0:07:57.887	ONESOUL CROSSFIT
5	1207	MARIA BONANÇA SOUSA MARTINS	2:02:41.373	0:20:05.169	2:02:40.923	0:08:10.728	DESNIVEL POSITIVO
6	1427	VERA LÚCIA PEREIRA PINTO	2:03:00.786	0:20:24.582	2:02:56.076	0:08:11.738	A.D.AMARANTE TRAIL RUNNING
7	1152	JUDITE LAURINDA SILVA FERREIRA	2:06:17.449	0:23:41.245	2:06:04.466	0:08:24.297	BTM
8	1278	MARIANA MIRANDA DA COSTA MARTINS	2:06:17.553	0:23:41.349	2:05:51.089	0:08:23.405	
9	1197	TAMARA PINTO FERNANDES	2:06:30.970	0:23:54.766	2:06:23.302	0:08:25.553	TAMARA
10	1276	FÁTIMA CRISTINA FIGUEIREDO OLIVEIRA	2:11:53.007	0:29:16.803	2:11:50.738	0:08:47.382	ONESOUL CROSSFIT
11	1331	ANDREIA JOANA MARQUES FERNANDES	2:12:26.004	0:29:49.800	2:12:13.435	0:08:48.895	VIDA ATIVA RUNNERS
12	1417	PATRÍCIA DANIELA DA CUNHA AMORIM	2:14:24.347	0:31:48.143	2:14:18.662	0:08:57.244	DESNIVEL POSITIVO
13	1436	SILVIA MARGARIDA TEIXEIRA DA SILVA	2:14:54.089	0:32:17.885	2:14:31.575	0:08:58.105	
14	1094	CARLA ALEXANDRA LEITE FREITAS	2:16:51.063	0:34:14.859	2:16:44.434	0:09:06.962	
15	1317	CÁTIA ISABEL RODRIGUES SILVA	2:17:12.834	0:34:36.630	2:17:10.265	0:09:08.684	ONESOUL CROSSFIT
16	1017	ELISABETE MARIA SOUTULHO COELHO ALVES	2:17:59.460	0:35:23.256	2:17:39.747	0:09:10.649	
17	1310	GISELDA DE JESUS VIEIRA MARTINS	2:18:20.497	0:35:44.293	2:18:09.443	0:09:12.629	
18	1054	CELINA MARIA FERREIRA DA SILVA	2:18:53.117	0:36:16.913	2:18:30.498	0:09:14.033	
19	1247	MARIA CLARA DAS NEVES PEREIRA	2:20:09.643	0:37:33.439	2:20:04.108	0:09:20.273	FRIENDSRUS
20	1430	CATARINA FAGUNDES AMORIM	2:20:40.582	0:38:04.378	2:20:36.723	0:09:22.448	
21	1381	LILIANA SOFIA MOREIRA DE SOUSA	2:21:47.511	0:39:11.307	2:21:20.870	0:09:25.391	
22	1439	CRISTINA CARVALHO	2:22:42.573	0:40:06.369	2:22:23.605	0:09:29.573	
23	1218	SILVIA MANUELA ANTUNES MARTINS	2:23:57.888	0:41:21.684	2:23:49.892	0:09:35.326	
24	1470	ANA FILIPA GOMES MARQUES	2:26:10.310	0:43:34.106	2:25:50.805	0:09:43.387	
25	1046	JOANA FILIPA CORREIA BARROS	2:26:17.729	0:43:41.525	2:26:06.141	0:09:44.409	
26	1458	CATARINA COSTA	2:27:16.012	0:44:39.808	2:26:54.478	0:09:47.631	FAMA RUNNERS
27	1124	ANA ISABEL MARTINS OLIVEIRA	2:27:42.779	0:45:06.575	2:27:19.360	0:09:49.290	
28	1040	SUSANA MARIA SILVA COSTA	2:27:52.246	0:45:16.042	2:27:29.374	0:09:49.958	
29	1244	PATRÍCIA ALEXANDRA FARIA CARDOSO	2:29:19.071	0:46:42.867	2:29:10.264	0:09:56.684	
30	1464	VERA CARDOSO	2:29:34.700	0:46:58.496	2:29:13.129	0:09:56.875	FAMA RUNNERS
31	1363	SANDRA MARIA MIRANDA MOURA	2:30:34.599	0:47:58.395	2:30:13.573	0:10:00.904	
32	1058	RITA RESENDE	2:30:50.252	0:48:14.048	2:30:34.192	0:10:02.279	GIRLS4RUN
33	1256	JESSICA PATRÍCIA ROCHA CARVALHO	2:30:51.591	0:48:15.387	2:30:33.562	0:10:02.237	
34	1037	CARLA FILIPA DA SILVA ALVES	2:32:28.727	0:49:52.523	2:32:05.591	0:10:08.372	
35	1129	SARA MARIA DIAS PEIXOTO BARBOSA	2:32:31.110	0:49:54.906	2:32:28.470	0:10:09.898	INVICTUS OPORTO TEAM
36	1217	CARLA AMARAL	2:33:33.107	0:50:56.903	2:33:08.714	0:10:12.580	THUNDERRUNNERS
37	1018	MARLENE SOUTULHO COELHO ALVES	2:34:45.270	0:52:09.066	2:34:25.493	0:10:17.699	
38	1134	CELIA MARIA AFONSO SOUSA	2:35:19.930	0:52:43.726	2:35:16.531	0:10:21.102	INVICTUS OPORTO TEAM
39	1104	SÓNIA MADUREIRA	2:37:45.376	0:55:09.172	2:37:30.781	0:10:30.052	TROCOPASSO RUNNERS
40	1306	SANDRA CRISTINA MARTINS TEIXEIRA	2:37:57.742	0:55:21.538	2:37:51.506	0:10:31.433	
41	1249	MARIA SILVINA COELHO ESTEVES	2:38:12.783	0:55:36.579	2:37:53.359	0:10:31.557	TRAIL ME
42	1461	DANIELA MARQUES	2:38:21.826	0:55:45.622	2:38:00.035	0:10:32.002	FAMA RUNNERS
43	1179	SANDRA SOFIA CASAS PEREIRA	2:39:24.225	0:56:48.021	2:39:15.075	0:10:37.005	VIDA ATIVA RUNNERS
44	1170	LAURA PATRICIA BARBOSA FERREIRA	2:40:45.183	0:58:08.979	2:40:21.352	0:10:41.423	FRIENDS TEAM
45	1062	ADÉLIA MARIA OLIVEIRA FERREIRA BERNARDIN	2:42:02.803	0:59:26.599	2:41:54.316	0:10:47.621	FFIT GAIA TRAIL
46	1043	VERA ALEXANDRA OLIVEIRA SILVA	2:42:31.135	0:59:54.931	2:42:20.582	0:10:49.372	FFIT GAIA TRAIL
47	1351	MARIA DE FATIMA ANDRE MOREIRA	2:43:45.954	1:01:09.750	2:43:43.482	0:10:54.898	NINJA TEAM
48	1126	MARIA CIDADIA RODRIGUES CASTRO	2:46:24.737	1:03:48.533	2:45:58.506	0:11:03.900	OS TURBOMULA D.O.C.
49	1193	CAROLINA MANUELA FERREIRA SILVA	2:47:14.257	1:04:38.053	2:46:52.060	0:11:07.470	
50	1462	NATÁLIA SANTOS	2:50:52.368	1:08:16.164	2:50:30.429	0:11:22.028	FAMA RUNNERS



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Posição	Dorsal	Atleta	T. Oficial	Dif. 1º	T. Real	Ritmo	Equipa
51	1459	MARIA GALVÃO	2:50:52.440	1:08:16.236	2:50:30.195	0:11:22.013	FAMA RUNNERS
52	1153	EUNICE MARIA VALE MOREIRA	2:50:53.827	1:08:17.623	2:50:40.172	0:11:22.678	BTM
53	1371	ANDREA REIS	2:51:09.823	1:08:33.619	2:50:54.078	0:11:23.605	XEQUE-MATE
54	1336	MARGARIDA CAPITÃO ROSA	2:53:34.656	1:10:58.452	2:53:22.091	0:11:33.472	
55	1315	JULIANA CRISTINA EIRAS NOVO PINHEIRAL	2:53:34.720	1:10:58.516	2:53:22.380	0:11:33.492	
56	1076	SILVIA MARIA CORREIA CASTELO	2:55:09.331	1:12:33.127	2:54:49.993	0:11:39.332	FARDETAS
57	1147	ISABEL MARIA LOPES CARVALHO FITAS	2:56:05.648	1:13:29.444	2:55:56.981	0:11:43.798	
58	1187	EUNICE MARISA DA CUNHA GOMES	2:57:09.068	1:14:32.864	2:56:51.191	0:11:47.412	
59	1414	MÁRCIA SUSANA MOREIRA SANTOS	2:57:36.949	1:15:00.745	2:57:34.444	0:11:50.296	NINJA TEAM
60	1099	CÁTIA TEIXEIRA	2:57:42.015	1:15:05.811	2:57:13.874	0:11:48.924	LETICA RUNNERS
61	1077	ROSA MARIA ARAÚJO	2:57:46.538	1:15:10.334	2:57:27.186	0:11:49.812	FARDETAS
62	1445	CATARINA MARINHO	2:58:18.659	1:15:42.455	2:57:52.616	0:11:51.507	BISMARCK
63	1169	SANDRA LOPES	3:00:49.850	1:18:13.646	3:00:25.663	0:12:01.710	FRIENDS TEAM
64	1052	LUCIANA AGUIAR	3:02:12.974	1:19:36.770	3:01:49.600	0:12:07.306	
65	1038	MARIA DE FÁTIMA FERREIRA NOVAIS	3:02:47.566	1:20:11.362	3:02:27.245	0:12:09.816	
66	1212	LÍDIA COSTA	3:03:21.245	1:20:45.041	3:03:21.245	0:12:13.416	
67	1011	SARA ISABEL TEIXEIRA PEREIRA	3:03:28.097	1:20:51.893	3:03:19.296	0:12:13.286	FFIT GAIA TRAIL
68	1225	ANDREIA SUSANA VASSALO BARROS	3:03:34.417	1:20:58.213	3:03:21.185	0:12:13.412	
69	1319	SARA ALEXANDRA DE AZEVEDO DOURADO	3:05:47.167	1:23:10.963	3:05:26.140	0:12:21.742	
70	1292	ROSA MARIA PEREIRA CARDOSO DA SILVA	3:06:57.579	1:24:21.375	3:06:47.453	0:12:27.163	TEAM R&R
71	1359	CLÁUDIA AZEVEDO LEITÃO	3:09:06.038	1:26:29.834	3:08:45.209	0:12:35.013	
72	1341	LILIANA MOREIRA	3:16:31.959	1:33:55.755	3:16:29.078	0:13:05.938	XEQUE-MATE
73	1401	BARBARA MAIA	3:16:46.234	1:34:10.030	3:16:23.926	0:13:05.595	
74	1344	KRISTINA BARROS	3:16:46.890	1:34:10.686	3:16:31.216	0:13:06.081	XEQUE-MATE
75	1425	CRISTIANA FILIPA BESSA	3:16:52.731	1:34:16.527	3:16:52.731	0:13:07.515	
76	1053	ÂNGELA MARIA FERREIRA MORAIS	3:17:15.225	1:34:39.021	3:17:14.027	0:13:08.935	JUST ME
77	1191	VIRGÍNIA DUARTE	3:23:22.618	1:40:46.414	3:22:57.469	0:13:31.831	FRIENDS TEAM
78	1056	ANA ISABEL GOMES CAPELAS	3:24:20.591	1:41:44.387	3:24:00.674	0:13:36.044	
79	1219	SANDRA MANUELA DA SILVA ZEFERINO	3:24:31.449	1:41:55.245	3:24:11.263	0:13:36.750	
80	1145	MARIA GIL NOVAIS SEROMENHO	3:25:04.277	1:42:28.073	3:24:37.673	0:13:38.511	
81	1101	RITA DA CONCEIÇÃO RODRIGUES CORREIA	3:27:46.455	1:45:10.251	3:27:45.208	0:13:51.013	
82	1261	MIRIAM PETRA MATOS JORG	3:28:17.174	1:45:40.970	3:28:14.381	0:13:52.958	ONESOUL CROSSFIT
83	1092	MARTA ANDREIA SOUSA MARTINS	3:28:37.724	1:46:01.520	3:28:12.405	0:13:52.827	FURACOES DE ESPOSENDE
84	1096	SUSANA MARIA SOUSA MARTINS LEITE FARIA	3:28:38.567	1:46:02.363	3:28:13.111	0:13:52.874	FURACOES DE ESPOSENDE
85	1095	MARIA DA CONCEIÇÃO DOS SANTOS FÃO	3:28:50.798	1:46:14.594	3:28:50.798	0:13:55.386	